

The Monthly Observations for March 2020

Welcome to Psychic & Energy Work's *Observations* for this month. They profile this spiritual chapter and connect to this year's forecast. They aim to help you process and learn about energetic life. Implicit in this is your spiritual and intuitive journey and practice. Info about the collective rhythms that play through the world can be helpful. It helps selves connect and work **with** life so as to enhance what happens next.

Scroll down for the *Observations about This Month*;

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THE NUMBERS FOR "MARCH"

Every month brings its own dynamics which interact with the year's chart. Outlined below are my *Observations* about this "March" given its main numbers.

This Month's Profile

	<u>each year</u>	<u>in 2020</u>
Birth Number - what we're here to be/become & exemplify again	3	2023/7
M.O. - how we're likely to arrive at that point	25/7	104/5
Reality Number - the spiritual result(s) of doing such things	28/1	2127/3

"March 2020"s numerological tally....

Combined with the year's profile, this month offers the following count. Examining a chart from this angle can help explain what's going on. It doesn't, in itself, point to "good" or "bad" (life tends to deliver a mix). Yet what we can find initially jarring often leads self to better states. A count like this can help people progress and make greater sense of things. When a number presents three or more times, its energetic and spiritual themes (and lessons!) increase.

The tally for this month is:

Number	0	1	2	3	4	5	6	7	8	9
Frequency	5	3	10	3	2	2	-	5	1	3

Let's explore this....

"March" could help you realise more...

... it may also help you express and chill. "3" and "7" both stir awareness; "3" can find intuition kicking in. It's often a time, having grown ("1") and mingled ("2"), for making more sense of stuff. It can be a phase when dreams are more frequent, deep, disturbing (those sorts of things). "3" also flags the chance to communicate more/better with self, Source, others. Every year, "March" delivers "3" as its **generic** birth number. **This** year, we see "2023/7" as this month's **specific** BN. Through relating and observing what's "out there" ("2"); using space well and processing lack ("0"); and staying open to new insights ("3"), we will become smarter somehow ("7"). "7" is a time when self often "gets" things that are practically powerful.

"2023" is full of active numbers – the only exception to this is "0". "7" is also a passive number (they like us observing, sitting still). "7" denotes universal wisdom – the type we receive when we let go of mind. It can, therefore, also heighten the **need** to do this from time to time. Using space, as I say often, is key to creating/living in peace. "7" symbolises spiritual pastimes like meditation, yoga – anything which helps self get more spiritually in touch. Choosing to release **all** busyness, etc always benefits bodies and lives. It also creates space to receive - i.e. welcome in all that wants to come tomorrow. "7", as such, **is** universal wisdom; the act of getting present; freeing up past. Don't be surprised if life guides you about such stances this month.

Notice how both of this month's birth numbers contain the "3" vibration? This number flags "expression" on all counts – a self-elected act or insights which just pop in. "3", in this sense, can interrupt schedules; heighten the sense life's showing us things. Strongly linked to intuition, this "March" could boost energetic understanding. Intuition is something that "just" comes; "just" pops in (we don't make it up). These next few weeks could help you glean from these angles in ways that help. A person can see, hear, feel, smell and/or taste intuitively. This can occur on a subtle level or come through more obviously. We're all unique and, by using breath out, we help life guide all self well. "3" also helps us to remember that life's in and out on absolutely every level.

"2023" suggests that individuals are about to wise-up in some way. That can be read as hinting at challenge but "3" and "7" can inform pleasantly. Source "just" delivers; messages pop in as whole new wisdoms and/or gut feel. When we use time out – break from life in healthy ways – we help ourselves make sense of things. Two "2"s aren't unique to this month's chart but they will educate us more about life. These things said, we're unlikely to witness a repeat of the extreme rhythms seen in recent months. "March '20" offers gentler numbers; more space to heal and distil things. Don't be surprised if this month helps you get better aligned; more certain/clearer.

The M.O.s will trigger growth in self's logics

... "5" equals "newness"; "7", "mind". The former number repeats twice in this month's M.O.s. "3" also does this in the birth numbers. This makes reinforcement likely on those and "5" vibes. Stretching, change, evolution usually involve shifts in perceptions. Dynamics like this are, therefore, likely – doubled-up numbers tend to bring such things. This can play out as having more stuff to process and/or deal with. Through this, life helps us sort things

and get "jobs" done really well. Repeating numbers can foster challenge but this only helps people properly sort things.

None of the above needs to be read as a prediction of extremeness. Overall, "March '20" should play out gentler even though "5" signals "change" as a dynamic. The need for it; the call for it; acts which grow "new-ness"; flexibility. "7" can dance with "5" in this sense because too much mind can trigger rigidity. Overly-held judgments and opinions can find us loathe to embrace "more". "7" denotes bias in this sense and targets stances which need to breed acceptance. It is, after all, **universal** wisdom which only emerges when ego is "gone". This doesn't mean rubbishing viewpoints; no number ever asks for that. It simply highlights the chance to surrender all mantras to check if they're current. As self does this, it often accesses better energetic and physical states. This can present as intuitive download; "real-world" learning curves; instruction. "7" is a place of practical insights and a time for getting paths current and more relevant.

Similarly, "5" likes to improve things (all numbers do actually). "5" wants selves releasing limit and moving into more of what they've always known they're here to be. Life has a way of guiding people ahead of the proof and guides they long for. This can see anyone struggling – egoic "I"s allergic to too much unknown. There's comfort in knowing where you're headed yet spiritual growth upends this need. Born of mind's wants, certainty is useful whilst also being illusory. The realm of intuition sends in "sense" **after** we choose to release stuff. This is why life asks selves to witness; surrender all head-stuff to become more wise. "3"s, "5"s and "7"s love producing these states and, through this, help selves fulfil their paths. As we engage with these stances fully, today and tomorrow often get less cluttered.

Presence is key in manifesting well and may be something you relearn this "March". Also note-worthy is the fact that we're currently experiencing Mercury retrograde. This pattern also seeks reviews of self, stances, plans, mindsets. "25" will guide selves to new nous that's useful in a practical sense ("7"). This month's specific M.O., "104/5", could also reinforce this. This vibe's likely to help selves get stronger in what they think, do, know ("1"); use time out and, maybe, process loss/lack ("0"); become more aware in ways that matter ("4"). Through these dynamics, life will help people step into meaningful innovation and change ("5"). Internal or outward, dynamics like this can be filled with fun. There have been a few vibes, this year, which link to these dynamics strongly. Life seems determined to ask us all to examine where we could live as balanced pioneers.

You know, this year has brought the unexpected in delightful and disturbing ways. Every second offers fresh chances for egoic **and** divine self to feature again. Life's always asking people to be channels/examples of all they know. Challenge can promote increased self-interest no matter how one is "spiritual". Through this, we're dared to mentor self-ness in "you", "me", the world at large. This month's chart suggests we are due to learn more about such states. "4" is the builder, model, launchpad – how that can help or detract. Even here, mind features strongly as a shaper of life. "4" cries, "Build well!" "5" says, "Expand now into all you know life can be". "7" helps people learn how to do this in their own, personal way – i.e. how to dance with life as they know it, forgetting all the models they could just play out. Every number fosters engagement; dares each of us to **be** our model, not mimic one. We all know what's real – we've known that since birth – and stepping into this helps us be inclusive. "5", as flexibility and opinion-leader, asks us to forgive all things; embrace variety; step onto new ground; channel new life wherever we can. It also denotes self's release from limit and can feel like we're freeing ourselves from confinement. Where might

you stretch out of habit? How might this "March" help you do that? Growth always stems out of our doing and feeling, especially when we're willing to embrace that.

clearings, healings & meditations over the phone

... not to mention readings and other forms of energy work. Sometimes, life presents in ways that stun us – often just as we need to stay grounded. Via WhatsApp, Skype, phone or email, I tune into what's been happening to help you understand and clear it. Sessions are recorded so that you can revisit the guidance you're given. To enquire or make a booking, [click here](#).

This month's reality numbers will foster more intuitive adulthood

Every year, "March" delivers a reality number of "28/1". This is a vibe that wants us in our adult boots more constantly. It helps us determine what happiness means; success, fulfilment, those sorts of things. Each of these words can mean different things to each of us, personally. "28" brings "10" as it passes through to "1" and this is a place where space and time help us learn. Here, you'll note, comes reinforcement on the *Observations* above. "1" is a place for discovering "me" as we can channel it day-to-day. It can trigger rebirth or call for that in others in ways that find self taking on mentoring roles. "1" says, "Know I" as an individual who has all s/he needs to make it this life. Inner strength and self-awareness are key to manifesting this in a practical sense. "1" can find people needing to look beyond norms and standards; make their own way. Such is the truth of every life – uniqueness is the norm and nothing to resist or downgrade.

This "March" sends a **specific** reality number of "2127/3". This will magnify what's said above about "7" and "3". "2127" adds down to "12" which can quite reassuring. "1", "2" and "3" all line up here – i.e. "me" and "you" expressing, sharing and creating. Team work, then, might really matter - "12" is subtle; "2127" is the true end vibe. That flags new learning around people stuff and relativities ("2"); living as self free from limits and/or crutches ("1"); **and** coming to know things which help life unfold as we sense it can ("7"). All in all, this month looks as if it's going to clarify things.

"3" is the end of "2127" – realising, expressing, creating "best" practice. "3" also denotes lessons in flow – letting that happen; not blocking life. This doesn't need to reduce self to zero; it's just the stance to letting flow in. Egoic self can get too rigid, myopic, biased, fixed. As it does this, it starts deflecting all that really wants to come. We operate best when we look and listen; limited "I" can regularly forget that. Self can need a reminder that all of life - everything - moves constantly. "3" is a zone which helps us check stances and reveals new angles again. Opening up to receive new info helps us all get – know and receive – what is best on every level (and stuff we had often sensed already).

Through mingling, reflecting and making new discoveries, this month should help lives evolve well. The reality number flags the results from being the birth number via more M.O. It also suggests how we can make things more complicated when we nurture ego too much. "3" can find selves expressing too strongly; pumping the wrong sorts of vibes out. "7"s will boost this, where it arises – e.g. expressing beyond what is fair. Through this, life might prompt moderation; reveal how judgment can destroy. The world of lobbying, social media, might reveal more along these lines. "3" helps selves become wholistic expressers, aware of all needs all of the time.

Through these dynamics, we often sense the difference between needs and wants, and what to do with them. In showing us such things, "3" can encourage louder levels of rudeness and/or self-ish-ness. We each have limits around "good" and "bad", some of which apply more wholistically. What is integrity? What is honoured? What is kind, truth, not? This month's "2"s, "10", "7"s and "5"s could help us all confirm some boundaries. Here, too, themes like tolerance, patience, flexibility could play out louder. Don't be surprised if you need to use breath and process what occurs. Life's always seeking what's good and authentic. You might feel nudged along these lines this "March".

The nice thing about "2127/3" is that we are due to realise. This, as an event, is always powerful, equipping us with whole new levels of choice. With this, can come more scope to be productive - an outcome which emerges from the vibes we emit. I'd argue we all interact and offer far better when we understand things. "3" precedes "4", the vibe of awareness; it's the light bulb flashing on so that self can learn more. "4" is the time the facts of life hit; "3" is the moment those "lights" are born. With this, emerges clearer perspectives - the type we can use to grow good things. All in all, "March 2020" looks sure to be cut-through, affirming and limit-breaking.

You might need to let stuff out of cupboards; vocalise things which come up for air. Even here, you will "simply" be releasing old patterns which are now in your way. Life never abandons; it always offers portals to more of what is right for you. We don't always witness events through this filter yet benefit heaps when we do. "3" is flow in - receiving and witnessing - so as to then offer out. The more we allow life to move as it needs to, the more Source seems to send. "3", in this sense, can flag abundance and how self is just one part in this process. To manifest "wealth" long-term, it can pay to come back to zero and witness. Practise this if it sounds useful; let the Divine send all It can. Who are you to argue with the parcel - let your mind stretch as wide as it can. All we receive is passed to others; there's no need to fend, fear or avoid. We might be a part of a physical world but that all takes shape in energetic life.

What about your chart?

We each have a specific numerological profile that stems from our date of birth, full birth name and last birthday. I've outlined the collective rhythms for this month but have not talked about your **personal** chart. Readings that merge numbers with intuitive downloads can help you transition through all sorts of things. They're all about soul - linking to and channelling it more - and what can occur when we do this.

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