

## The Monthly Observations

for June 2023



Welcome to Psychic & Energy Work's *Observations* for this month. They profile "June" from spiritual, energetic and numerological angles. They aim to help you process whatever emerges. Implicit in this is your intuition – what you pick up and how it tries to inform. Thoughts, feelings and invisible currents continually shape the physical. As such, it pays to integrate what we sense with our day-to-day existence.

These *Observations* can be worth reading with *This Year's* forecast.

Scroll down for the *Observations about This Month*;

read about [this year](#); and/or

visit [The Archives](#) to read about last month or earlier.

### Recapping last month...

"May" was full. A few astrological shifts assured us of that. Pluto, Saturn and Jupiter have all changed signs in recent months. These are big changes in gear which help to explain the greater sense of unknowns. **Many have been feeling as if they're in an alien landscape for all sorts of reasons. Less surety, security, are constants yet heighten as sensations when phases end.** We are, of course, seeing such things tangibly, for example, in the cost of living. Through such rhythms, we're being guided to realise that "success" ain't just about "mine" or "me". Communal, collective, whole world attainment is more centre-stage than it's ever been.

With the above, emerges retraining; the sense that "I" am learning to walk/function anew. Implicit in this can be, at first at least, a feeling that one can't rely upon what's been. Obvious to state yet **we're all being cornered, as cognitive beings, to embrace change – the type that looks after all of the landscape better – i.e. more equitably.** Like any learning curve which starts uninvited, this can leave self floundering at first. Even the grooviest relies upon a certain level of known yet we all accept change over time, especially when we take the time to process, clear, ground, breathe. Be gentle with you and everyone else. No one's exempt from what's happening.

Inclusive thoughts, foci and actions will only help everyone settle into (and succeed in) new world. "May"s three "12/3"s emerged to heighten clarity and meaning around the above. If you're feeling more resolved as this "June" starts? Well done! **You are always in sync, no matter the current, even if it doesn't feel like that. We tend to learn deeply as we meander and, at times, journey off-track.** Yet nothing unfolds only to be labelled as a mistake. Everything adds, even the hard bits, somewhere along the line. Three "twelves", last month, signaled more lessons in how we manifest, dance, engage.

Last month's three "7"s amplified mind as a wavelength, implicit in which can be overload. Lack of faith and trust can breed in such moments. Egoic self can know so much that it obstructs help. **"3", you see, flags intuition; self receiving spiritual guidance. Those two states aren't always the same.**

Via felt, audio, visual, smelt or tasted rhythms, we're constantly invited to become clearer again. "7" can be "I know" as a ballroom that welcomes more wholistic insights and/or can't accept them. Life is a river that's incredibly wide. Overly-mindful self restricts flow to a trickle. Where did "May" help you (re-)discover and update? This month will continue highlighting how, where, why, when and with whom to tread.

Read what Fran wrote about last month in [The Archives](#).

**Would you rather hear the *Monthly Observations*?** order your files [here](#)...

Oh and click here to read the [Observations about 2023](#). 😊

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ps... Fran's not on email all of the time. Call or sms for a prompt reply.

### "JUNE'S PROFILE

Every month brings its own dynamics which interact with the year's chart. **Checking out the numbers in this respect can help explain what's going on in your life.** Such reviews can boost resilience, self-knowledge, optimism. Outlined below are this "June's" key aspects followed by some *Observations*.

### This Month's Chart

	<u>each year</u>	<u>in 2023</u>
<b>Birth Number</b> - what we're here to learn, become & exemplify again	<b>6</b>	<b>2029/4</b>
<b>M.O.</b> - how we're likely to arrive at that point	<b>14/5</b>	<b>122/5</b>
<b>Reality Number</b> - the spiritual result(s) of doing such things	<b>20/2</b>	<b>2151/9</b>

### This "June's" numerological tally....

**Combined with the year's numerological profile, this month produces the following count.**

**Examining a chart from this angle helps us understand what's going on.** It doesn't, in itself, signal "good" or "bad". What we can find jarring comes to promote better outcomes, awareness, states.

The tally for this month is:

Number	0	1	2	3	4	5	6	7	8	9
Frequency	4	7	10	2	1	3	1	2	1	3

When a number presents three or more times, its energetic and spiritual themes (and lessons!) tend to increase. Let's look at how this month could present in your world.....

### "June"s birth numbers are "6" and "2029/4"

balance and awareness are learning curves as well as states

This month should be gentler as a classroom. That needn't mean no challenge but you might get the sense of being guided well. The birth number invites us to channel more truth – i.e. what feels right(-er) at core. Through this, we mature; become wiser; more adept as elders (influencers). **"6" asks self to "get real" in a way that presents as solid, long-term health. Be yourself out there as you are in private. That feel like a gigantic dare. Genuineness is a big "6" call to action.** Through this, the dynamics of love, peace and healing are given the room they need to exist. They, as rhythms, can manifest for self alone and/or be events we witness more of.

"6" is "harmony" which, like all states, tends to birth from inside. Listening to gut feel helps good stuff flow out and come into existence. Everything starts at the core of our being. Within this, can present the need to rest, rebalance, process things. Also "6" dynamics, only through such things do we remain whole and present. How might you help yourself engage in this fashion? **Remember breath and that you're part of a collective. Sensations of "wrong" are rarely "just me".** We're always involved in everything that's manifesting. It pays to release all you love AND all you don't when it comes to co-creating the right things. One can never be sure, at the start of release work, whether what's presenting is only his/hers/theirs. Letting "all" shift and resolve itself always nets good incremental.

You know, no one's the centre of life's landscape yet we (all?) respond often as if we are. That's "just" egoic self in action. Coming back to silence keeps "I", "me", "my" on the straight and narrow. **"6" wants perspectives that can be relied on. "4" wants awareness flourishing. The "nine" in "2029" suggests more closing off to give whole, healthy future the room to roll in.** "202" flags learning new dance moves; how our positions (choices!) impact life. Until "2100", we're being taught how to co-exist in a truly, walked, talked, cohesive sense.

You know, "me" versus "you" is a stance of the old guard. We're now in a zone which seeks win-win. Planet, nations, nature, energetic.... it's happening all at once on many levels. So? **Join in the dance! That needn't see you losing. Change can play out like the world's greatest rave!** Dare to have fun with newness as it presents. Explore, adventure, innovate! We only ever shed what doesn't fit well (assuming it ever did!). Life's not a place that wants anyone to fail. Only egoic self affirms such things. The pessimistic voice signals the chance to help inner child into even more again.

"4" also flags the journey of the builder; how quality manifesting needs a solid base. There ain't no point in using fine timber if you then rely upon dodgy nails. **Genuine involves the whole of the process, not just the layers observers see. This year, being "7", wants us all offering tangibly solid, healthy more spiritually.** Do you sense, here, how this month's birth numbers could double-up to guide you to full real? Receive and give what is authentic. There's room for every life to feel Lamborghini-grade but only when spiritual "I" acts as elder; mentors its egoic "voice". Where might this "June" help you channel and facilitate such states?

Hence... Seek to share as this month unravels. That shouldn't mean over-giving. Everything starts on the energetic level. It's this that generates good and/or bad things. **Everyone can cope with hardship and adventure. What makes or breaks is how they're embraced.** As we hear often: "be the change you seek". Honour your uniqueness whilst existing as same. A smile is enough to inspire others – even self - to journey as gut feel prompts. Thank you's, please, caring for all, all at the same time, are powerful keys to global success.

**Fran's Clearing Cards<sup>®</sup> help you connect**

Life flows best when we let go of egoic self. Mind can pull us off-track at times. Taking time to reboot makes a difference.

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**This month's M.O.s are "14/5" and "122/5"**

two "5"s hint at stretching and daring again

"Five" hints at change, pioneering. Where are you ready to stretch? It may not be you who's asked step into, embrace, next level. You might find yourself helping others do this. **"5", as possibility, flags potential – the life we're living at a stage we've yet to know. Implicit in this can hum uncertainty. Two "fives" can see folk grasping for guide rails.** This rhythm helps self discover and become fresh in some way. Inherent in this is the sense of "I don't know" what to do, how to be or where "I" will end up yet no part of life manifests just to hold you back. Blocks and gaps surface to prompt us on to greener, lighter, more inclusive landscapes.

So, where are you ready to stretch, learn, adventure? "Five" also flags self as an opinion leader. These thoughts boost what's written above about "June"s birth numbers. **We all influence and always have, despite it being a new job title. There's nothing exclusively ownable or special in it. No one's here to only lead or follow.** That's less and less what universe seeks. "June" could find you rebelling against one-way grooves. Trust in that. Follow your instincts. "5" can bring change that's uninvited – delightful or not – in ways which knock the socks off you.

"Five" can also find a person "simply" stepping into "more" zones of any kind. We're all unique; all here on a mission. Listening to your intuition will help you sense what your path requires. Others don't need to agree with or endorse you. **Respect and integrity are all we need. What we end up in stems from previous choices. You don't gotta stay in scenes that don't fit. Easy to claim yet fundamental fact.** Where can you "escape" stuckness and limit - your own or others'? This "June" could highlight questions like these. Pioneers never head out to what's known already. Inherent in this can be tentativeness. Are you going the right way? Trust your gut! I write that often. It's how we each get to our individual, physically-lived "there".

"14" suggests we will reboot into newness by learning about self-ness; how we each contribute to what ensues. "4", as the builder, concentrates on platforms – solid ones, yes, but mental frameworks and models, too. How we perceive drives every action. **Where might assumptions gain from upgrade? Yours or someone else's, it doesn't really matter. We all take turns, often, as learner and trainer.** Through solid self-knowledge ("1") and approaches that birth good ("4"), this month could help you morph into new. Inner, outer – everything can influence. Do what you can to grow what truly, spiritually suits you.

The two "2"s in this month's specific M.O. hint at people stuff continuing to show us things. When doesn't that happen?! Everything's reflection. Through, with and in spite of each other, we learn and achieve. "Two" also flags relative positions – does "this" go with "that", truly? This number wants us all moving in ways that enhance all of life's dance floor. **Egoic self always makes for centre stage, as narrator or performer. Its focus on the mike thwarts its self-regulation. Others start to feel ousted or squashed. We're now in a time that doesn't want that happening.** Equality rules! Where have you heard, thought, said that of late? Through this, win-win comes into existence. Implicit in this is happiness, loyalty, company – attainment that doesn't need self guarding, fretting, sneaking.

Authentic "win-win" dissolves all angsting. Where might you witness this this "June"? We're all influencers. Play your part in getting life good. You'll feel it in your bones as you hit the bulls-eye fully. Numbers hint at how life's about to teach us AND how we'll help others learn. **The above rhythms could place you as learner or mentor. It's usually both. We're here to give and take. Nothing flows well if it's always one-way.** Egoic "I" would argue with that big time! Certain moments require certain stances but life wants flow that's balanced. Humility births through release work. Self gains by rebooting in "I don't know". Zero'ing out as a making, do'ing, thinking channel also helps to clear blockage and stuckness. Then and only then can healing occur in a way that self never needs to revisit.

Again, we've the hint that it pays to make room for quality rest, relaxation, mind-less-ness. A last observation... Coming back to zero – i.e. making room to receive anew - helps everything shift for everything's sake. Experiment with this this month, especially if unsettling challenge presents. **Where can you go spiritually deeper? What parts of your life need quietening? Listen to your body. Its signals and states are intuitive prompts. Aim for mind and felt peace as the sign you've connected in a way that nurtures essence.** Tension, chatter, pessimism flag that ego's become too

loud. Yours, mine, others? Probably everybody's! Imbalance can be seen as an illusion. It's solid and real for the time we let it drive yet often shifts as we divinely focus. Aim up. Receive high. Release thought, buzz and tension. Help yourself adventure by making sure you quality fuel up.

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### **"June"s reality numbers are "20/2" and "2151/9"**

positioning better and making room for new

"20/2" says that it's time to check our stances. How are you interacting with life and flow in your outside worlds? Are you placing yourself in a way that really feels right - too close; too far; perfect? Life is a constant dosey-do. **In "20" zones, Source creates room for suss'ing dance floor out. Experimenting with how we're positioning could surface as a theme. Don't be surprised if you try out new moves over the course of "June '23".** "Twenty" also points to a time where space is needed, forced or chosen. At times, we can need to call for this to recharge batteries. Some days, life decides that for us.

Space helps us quality check and confirm. Egoic "I" often rebels against this. We can all get stuck in habit, achievement, busy. Along comes "zero" to guide us back to centre and highlight how we're co-creators. Such phases can be frustrating especially when self feels ready to get going. **Blocks and stuckness only surface because the universe needs something else moving first. Self regularly forgets this and starts affirming how life's being cruel.** As soon as we get the spiritual reasons for life's delays, flow opens up and what blocked moves. That can take a second or an era. "0" helps people remember "nought"s blessing as a place to pause, sense more and harness whatever the blockage is trying to show them.

So? Use breath, as always, to work through any currents which seem to be against you. "Zero" is the place everything births from. I write this every time "nothing" appears in a chart. It's so important as an awareness. Affirming nothing good is happening only keeps things stuck. "0" comes to help people embrace space as a launchpad; that moment just before rocket takes off. **Stillness is a place that wants to powerfully inform. That can only happen when we give it the chance to occur.** June's yearly "20" could find you learning how to give space back to the Divine to see more. Creation isn't

ours. Humans are actors on a stage they will not possess long. That needn't diminish the value of being. It's an ism designed to equip and empower.

Also... Position "nothing's happening" as a place that's about to spring forth rather than a zone that is dead. Through "nought" this month, "2" will help us get to the roles, states and places that genuinely benefit. Stillness is a place that's full of information. Healthy time out in amongst nature helps self let zero turn into good form. **"2151/9" reinforces change and newness; self-ness: and sharing more. By treading these paths well, we'll clear debris and make room for new.** Tomorrow is newness and wants to unfold as such. It pays, ahead of time, to keep out of it. This needn't be a place of no ambition yet here's the reminder to let Source be Source. Calling in, projecting, affirming as if life is deaf or unaware often ends up as less-than-complete manifestation.

In line with the above, the Divine already knows why you're here. Included in that are your attributes. Source doesn't need instructions. Achieving doesn't need you nagging or lobbying. Positioning like that, we act like director when we are here to receive first. **Over-mind-full self can fixate upon what it seeks, wants, knows. "5" flags a time to release grip, discover and allow flow to happen anew.** There's no point playing goalie to an ocean. It will only tire you; spend energy where it's not needed; and leave selves wondering their buses haven't come.

Life constantly reminds self to open to flow that's helpful and knowing. It's a very real, giving and reliable energy. Test these words. Doors open best when self moves beyond just knowing. "2151" says it's time to close off and focus forward all over again. Life can pull focus too much to past; what has been. Flow unfolds best when we consciously position ready to receive. That requires presence. **Let go of tomorrow. It already knows how to arrive. Instead, practise receiving whatever life is ready to give.** Make like a footballer preparing to get the ball then run. Don't focus too much upon picturing end states. What if Source wants to send more than that? Know what you want to live in, receive, witness and grow as an energy. Good feels right; fits right; flows right. Open up to receive on all levels well. The universe will always guide you to the states that fit best, especially when It's given the chance to do so.

Hence, this "June"s reality numbers speak of people crystallising, clarifying, sorting key things. Help this by logging out of all the buzz, as a discipline, regularly. Nature is life. Technology isn't. Use it to add value but don't let it drive. **The Divine gets through best as healing, info, break through when we embrace stillness. Simply look up and tell Source you're ready to receive, share, get on with it.** The universe will always hear and support. As the big picture, it's ahead of you. Give It that scope as a mind, guide and healer. Let the Divine be intelligent. Just doing this can see a person connecting into vibes which assist beyond estimation.

To sum up? Test the above. Never blindly follow. You will always sense if, how, where they are truths. Body always eases when divine vibes flow. Let go of stuckness, mantra, the world for a minute. Focus first on filling up to then engage. Help yourself create excellence by including everything and one in that. "9" flags compassion. Such stances matter. Through empathy, we share value – a state the Divine seeks from and for all. **Success manifests as a truth when we zero out - not because there's nothing but because we've reached the same score. So? Enjoy this month and**

**all it brings you. The world is in flux. Step into that.** Through this, we are all being given room to (re-)create landscapes. That's a potent gift. Not every generation has had this offered as it's being offered now. Seize the day! Release grip on what was without throwing its goodness away. Carry what added. Release need for same. We've the chance to birth life as we know it can be. Do what you can to play your part in this. Every-thing and -one are here for an amazing reason.

What about your chart?

We each have a specific numerological profile that stems from our date of birth, full birth name and last birthday. I've outlined the collective rhythms for this month but have not talked about your **personal** chart. **Readings that merge numbers with intuitive downloads can help you transition through all sorts of things.** They're all about soul - linking to and channelling it more - and what can occur when we do this.

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