

The Monthly Observations

for August 2023



Welcome to Psychic & Energy Work's *Observations* for "August 2023". They profile this month from spiritual, energetic and numerological angles, to help you process what unfolds. Implicit in this is your intuition – what you sense as you travel and how that tries to inform you. Thoughts, feelings and invisible currents are constantly shaping physical worlds.

These *Observations* can be worth reading with *This Year's* forecast.

Scroll down for the *Observations about This Month*;

read about [this year](#); and/or

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Recapping last month...

"July". Oi! Was yours full? Last month began with a bang. I hope it wasn't too jarring in your world. Four fives in the chart suggested it might be. I spoke about this in "July's" [Monthly Observations](#) and [Update](#). Check them out by clicking on the links. Fullness only comes to stretch mindsets and, through this, guide self to fulfilment. This doesn't make every day feel great but, in tough moments, such awareness can bring comfort. Every response we have, even thoughts, sets us up to receive or repel.

At times, self glides through challenge unaffected. In others, we're asked to process more. Obstacles are often the universe asking individuals to intuitively, energetically, connect better. **Last month seemed to birth more understanding about where to from here; what's next best. Don't feel bad if you're still working through this. "August '23" should help.** We've lived through high "2" tallies for a few years now. That doesn't make every phase the same. "Two" represents how we and others position and, as such, all of the learning stemming from that. Mine, theirs, yours... stances speak big time.

Numbers flag how we'll grow through experiences. "2" is the vibe of relating; learning to dance in ways that allow all of life to be. We are, of course, on a sphere surrounded. **What have you been gleaning about co-existence? Sharing space is another "2" wavelength.** What did "July" reveal to you? If you realised things on these angles, you were doing well. "7"s came in force - they're higher as a tally and rhythm all year. Last month found people swirling, sometimes drowning, in unknowns and sudden shifts. "7" inflames inner chatter – one's own or others (energy moves). It can leave self feeling wound up in ways that don't seem easily cleared.

Through all of this, life reminds people to practically, constantly, look after soul. "Go, go, go" can pull self off-course. Day-to-day dynamics can skew confidence. Where did "July" hone your awareness in this way? **Egoic self is a mind-full rhythm. It often forgets to pause and refuel.** Along comes "7" in amplification to restate the role of such things. Life only runs well, as a constant, when we make time to process what we sense and feel.

Emotions and felt vibes, even in the body, are also intuitive prompts. Challenge only births to elicit goodness as a whole, next, new wave. **How path unfolds depends upon self's ability to listen to intuitive flow. That doesn't render the physical as less.** We're in a time that wants integration of and with all levels. This month continues with busy numbers. "July" and "August" may be key phases for you. Perceptually, spiritually, energetically.... Do what you can to connect with, channel and share soul-full you.

Read what Fran wrote about last month in [The Archives](#).

Would you rather hear the *Monthly Observations*? order your files [here](#)...

Oh and click here to read the [Observations about 2023](#). 😊

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ps... Fran's not on email all of the time. Call or sms for a prompt reply.

THIS "AUGUST'S" PROFILE

Every month brings its own dynamics which interact with the year's chart. **Checking out the numbers in this respect can help explain what's going on.** Such reviews can boost resilience, self-knowledge, optimism. Outlined below are this "August's" key numbers followed by some *Observations*.

This Month's Chart

	<u>each year</u>	<u>in 2023</u>
Birth Number - what we're here to learn, become & exemplify again	8	2031/6
M.O. - how we're likely to arrive at that point	17/8	125/8
Reality Number - the spiritual result(s) of doing such things	25/7	2156/5

This "August's" numerological tally....

Combined with the year's numerological profile, this month produces the following count. Examining a chart from this angle helps us understand what's going on. It doesn't, in itself, signal "good" or "bad". What we can find jarring comes to promote better outcomes, awareness, states.

The tally for this month is:

Number	0	1	2	3	4	5	6	7	8	9
Frequency	3	7	7	3	-	4	2	4	4	1

When a number presents three or more times, its energetic and spiritual themes (and lessons!) tend to increase. Let's look at how this month could present in your world....

"August's birth numbers are "8" and "2031/6"

visions birth best when we align well

The return of "6" to a profile often suggests relief's on its way. Where "five" can feel like Source has abandoned, "six" can leave self feeling supported again. **Be warned however: this month delivers high "5" and "8" counts. A little more "fun" (i.e. stretching) seems sure, yet phases with "6" can feel more guided.** As a result, confidence can flourish – the sense that "I can" and "life will support". Even if there's more to sort out, folk's sense that they will be okay can be stronger.

"6" often unfolds as that wave that guides self well, out of any turmoil it's just lived. "Whatever's next, I'm going to make it" can be heard, felt, said more loudly. With luck, this will apply to your "August" especially if "July" was harsh. **"6" calls for rest. It's all about love, healing, receiving, giving, genuineness, care. It also denotes "balance" as a felt state. This, of course, births from within.** "Six" can want selves processing more – i.e. returning to balance palpably. It can manifest like a tea-break - wanted or not, time to relax. Neutralising focus and breaking out of habit helps to clear vibes that are stale and stuck.

Make room, this month, to receive insights that help you on your way. **"6" can often leave people rebooted; readier for future than they've been. "8" partners well with these dynamics because it's about manifesting.** "Eight" is a class in cooking life your way. It helps folk determine how, why, what they're here to live. In this sense, it steers people to live more gracefully, consciously, genuinely. Every moment's choice. One can hear this often. Within this, lies the dare to let all models release.

We're not here to tread like just our forebears. Life wants uniqueness all of the time. The world can and does accommodate difference. Limit only births when self over-does mind. "8" shows people that "salt" isn't needed unless, of course, gut feel says yes. None of us are here to be mini-me's. This "August" could lead you further into such states. "Eight" is often an active chapter. Rather like "5", it busies things up. Both of these vibes promote fullness in schedule, mind, energetic life.

Through the above, "5" and "8" trigger the need for stillness; space to finetune things. Perspectives, ambitions, mindsets, values... both vibes nudge self to stop over-pushing. **Success is something that wants to flow in, too (not just result from what human does). Life seeks balance on every level. If you've been feeling wired, it mightn't be all you.** Energy is real. We're in a collective. Life

constantly flags how to value/nurture soul. Feelings matter. Focus can skew day-to-day. Nurturing all levels helps us grow well.

"7" appears in both of "August's" birth numbers. Mind's due to feature as learning curve. "Seven" can boost inner chatter; find self, perhaps, drowning in noise. Through this, it flags the need for meditation, clearing, breath, energy work. **Go, go, go self can end up treating exercise and rest as luxuries. They're staples in fact. How are you going as the care-taker for your needs?** Tending to such things helps us keep all trains on track. Nothing is a place that births everything. Regular moments of coming back to zero help people sense how to be, offer, allow best.

It needn't take long to clear and rebalance. There are many ways to do it, not just meditation. So? **Find yourself a natural setting. Take a coffee, rug, other healthy comforts. Let nature talk by letting it feature. Nature is Source. It heals when It's let in.** You're always surrounded by divine energies. Sometimes, space can seem the only thing that helps. Silence invites self to release all gripping and reconnect with flow divinely. This tends to birth healing, insights, breakthroughs that are tangible. It pays to let go of all expectations. Breathe to help you work with reality. Don't fight against it.

This month could help you spiritually remember such things. "5", "7"s and "8"s, at birth number level, suggest we're all about to get wiser. **"8" is self's vision; the path a person's always sensed. "5" is possibility, journey. See how these two vibes can add up?** "July's" high "5" count repeats this month. Don't be surprised if you sense, embrace, positive more. We only have one life (in terms of the one we're currently in). There is never an end to newness. Where might "August" help you let spiritually great full-ness in?

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This month's M.O.s are "17/8" and "125/8"

eight can deliver spinny, busy times

The M.O. flags how life's about to help us in a solid way. What unfolds needn't create tension. Easy to write; harder to live and remember. How things play out also carries weight. Two "8"s, this July, at M.O. level, hint at enlightenment. **"Eight" helps people crystalise visions. It promotes precision**

in this sense – in views, actions, knowledge. All vibes do this yet “8” can leave people feeling more in tune. “August” could leave you more certain AND ready to step solidly.

“17” says that coming back to self will matter – i.e. the essential kind. Egoic dynamics reveal heaps. We’re invited to grow through limited “I”. Our troubles often stem from scripts we embrace. They don’t always help us integrate well. “Why is this happening?” “Source isn’t helping” “Nothing’s coming through” “Life is against me”.... These claims and more can surface when self’s mind-full. Those sorts of moments shut down on flow. We can all do this when curveballs present. The first reflex is often self-centred. This month could help you create more space for goodness to flow in as an event. “Just” letting go of whatever we’re gripping – and what’s gripping us – helps life morph well.

“7” flags lessons in how mind can function as an allower of flow, or a block. Use space – always – to help life reveal all It wants. **“Simply” opening up to universal rhythms can see limits, pessimism, leave. “17” is a passive vibration. This could soften “8”s winding-up tendencies.** “Seven” can feel like time in a classroom; it often stops self from full steam ahead. This can frustrate but, by slowing us down, we get to sense things we don’t question again. Clarity helps futures birth well. It’s not only mental; it’s energetic, felt as well. This month could leave you knowing where, how and why you’re next needed next on a solid level.

“8” also flags the next phase in our journey. Comfort can flow from statements like these. “125” speaks of change as a rhythm. Where are you ready to more completely be, live, see? **“Five” is change agent. We’re all being asked to pioneer now. In act or thought, the uncertainty out there is a huge invite. How are you ready to re-shape world?** Where can you help new in and old out in inclusive, wholistic, enabling ways? Fine-tuning is a constant in life. How might “August” help you sort, sense, clear? What’s your role in progress now meant to be? Are you sufficiently embracing that? Sometimes, change needs action; at others, “just” perceptual shifts.

Either way, don’t be surprised if your “August” helps you link deeper into what truly fits. “8” is “success” - knowing what that is. Failure and mistakes feature in that journey. Through what is not, we reach what is. **Both “five” and “eight” want people testing, discovering, honouring gut feel. Such moments teach us to trust our instincts and the Divine. They help us know that life does support; that we’re given bouts of nothing to discover.** Self is the one who devalues. Life helps us realise this over time. Where you can stretch your boundaries this month? Life flows best when we let all shift to wherever it needs to be now. That needn’t devalue any-one or -thing. All has its place. Release to confirm, receive, reconnect, regroup. Step beyond what’s known, just for a moment. Through this, we come to know, live, channel our next layer of big picture real.

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"August's reality numbers are "25/7" and "2156/5"

more fives!

"5"s also present in this month's reality numbers, which flag the end states we're due to manifest. From this angle, "5" is new landscape; fresh air and newness. This vibe can stretch but only to nudge self beyond its current lines. **Egoic "I" is a lover of tent pegs. Every time it clears, it's putting them back in again. It loves the expansion in spiritually connecting but needs boundaries to feel secure.** "5" comes to help us bulldoze limits so that we can let full, new chapters in. Faced with challenge, self doesn't always remember this.

This "August" could help you into landscapes you've always known were there but haven't yet been in. This year seeks change as does this decade, not to mention century. We're all being asked to explore; discover what best to now live, learn, be. **It pays to remember: the world is your oyster no matter your background or budget. Self locks self in when it's overly-mind-full; starts living without thinking so much.** Standards and guiding rails are useful but don't always nurture life. If your gut keeps nagging at newness that feels foreign, use breath and space to hear what it's saying. Intuition needn't be misleading. Choose, first, what guides you to receive well. Go for the highest whatever you call it. It's real, expressive and, for goodness' sake, willing to guide.

So, "5" can unfold as a breath of fresh air; that sigh which helps mind and body clear. What we know and think, and how we use that, is what obstructs divine assistance. Test these comments. **If you've ever had a thought or image just pop in, you're not alone. Source communicates as it needs to. It doesn't need to be instructed or called. Here, too, space enables insights, healing, protection, flow.** Make room for all by releasing all self. Just park it to the side to see what else can come. "25/7" signals remembering; mind's gift to all when it opens up. "2156"s "6" restates this. Use this month's rhythms to go, receive and offer higher.

"5" says "you can!" Where might that emerge more? There are no limits in manifesting. Tent pegs can present on this level, too. **Stop telling Source what it can provide or offer, or how you will receive. Thoughts like these act as instructions. Why aim for less initially?** Everything starts as a blank slate and canvas. Nothing needn't be a state to stand back from. Connecting with the highest,

universal currents help us water garden beds well. You don't need to know when certain things are coming. You "just" need to recall they're on their way. Act like the fisher who's caught the fish already. That tends to trigger flow that's better again.

Breathe to help life's conveyor belt roll forward. It's the sound track to healing and awareness. This month's high "5" count wants to help. Let it guide you in practice. **As "you can!", "5"s already stating that your path and you are complete. Gaps are only there because we mind-fully create them.** The universe does not play practical jokes. "August" could show you how to help your next bits in. Do what you can to foster that. This is such a transformational year. Chapters like this come to spiritually enable.

What about your chart?

We each have a specific numerological profile that stems from our date of birth, full birth name and last birthday. I've outlined the collective rhythms for this month but have not talked about your **personal** chart. **Readings that merge numbers with intuitive downloads can help you transition through all sorts of things.** They're all about soul - linking to and channelling it more - and what can occur when we do this.

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