

## The Monthly Observations

*for February 2024*

Welcome to Psychic & Energy Work's *Observations* for "February 2024". They profile this month through spiritual, energetic and numerological lenses to help you process what unfolds. Implicit in this is intuition. What you sense and witness tries to inform you. In the thick of things, we can forget this. Life is constantly trying to be spiritually helpful.



These *Observations* can be worth reading with *This Year's* forecast. Do that [here](#);

scroll down to discover what's in store *This Month*;

visit [The Archives](#) to review last or earlier months.

### Recapping last month...

"January" can feel like a false start. The new year's kicked off but life can feel on pause. Holidays explain this; so does the fact that the new lunar year has yet to start. **In this sense, the first month functions to help folk leave their last chapter stronger again. We did that "31 December" in one sense but it can take time to fully separate.** In this light, "January" is a phase that creates space to welcome new year in. [Watch Fran's Monthly Update for January](#) which also discussed these things.

Last month's *Observations* mentioned that "Jan '24" could be potent. Its chart was loaded with passive numbers. They encourage self to sit still. Through this, life prompts review and learning; grounds prepared for future deeds. "3"s, "4"s and "9"s hovered last month to nudge self into such things. **Four "0"s may have left you feeling this year was starting less than kind. "Zero", as "nothing", can present as not enough solidity, flow, info.** Times like these can prompt self to turn inwards, affirming and wondering where/why life's wrong. "Nought" comes to, through this, help us realise that no-one or -thing is ever out of place long-term!

"3" is "review", "realise", "process"; it's also about creating well. "4" marks the birth of awareness, surety, often via the need to surrender model. **"9" invites people to let go of old wavelengths; upgrade perceptions; heal through release. These thoughts might explain why last month brought "inaction" as it did.** Through realising, we go on to prosper. Clearing out the stuck and old makes space for new deliveries. Atoms moving, manifesting, is happening all of the time. Inaction only happens in a physical sense.

**People can struggle with "January" every twelve months because they don't get its manifesting role. By now – with luck – you're feeling more sorted or, at least, on your way.** If you're still in the thick of it, use the above to complete your "January" jobs. "3"s also "flow"; "4" denotes "build"; "9". spring-cleaning on any level. There are so many reasons to love a passive chapter because it comes to help self actualise fully.

Read what Fran wrote about last month in [The Archives](#).

Check out her [Observations for This Year](#).

[Watch her Monthly Update for January](#) which also discussed these things.

**Would you rather hear the *Monthly Observations*? order your files [here](#)...**

Oh and click here to read the *Observations about 2023*. 😊

Psychic & Energy Work offers face-to-face, video, phone or email consultations. Every format is just as effective. **To book or ask a question, contact Fran [here](#).**  
ps... Fran's not on email all of the time. Call or sms for a prompt reply.

### THIS "FEBRUARY'S" PROFILE

Each month delivers its own dynamics which interact with the year's chart. **Checking out the numbers in this respect can help explain what's going on.** Profiles like this can boost resilience, stamina, confidence, trust in life. Outlined below are this "February's" key numbers followed by some *Observations*.

Oh and ps.... It might be worth reading my [Observations about This New Year](#) before you continue. They will reinforce what's discussed below and, hopefully, add value. Click here to read them and [here](#) if you'd rather listen to them.

### This Month's Chart

	<u>each year</u>	<u>in 2024</u>
<b>Birth Number</b> - what we're here to learn about & exemplify again	<b>2</b>	<b>2026/1</b>
<b>M.O.</b> – the rhythms/lessons that will steer us to the birth number	<b>42/6</b>	<b>145/1</b>
<b>Reality Number</b> - the spiritual result(s) of doing such things	<b>44/8</b>	<b>2171/2</b>

### This "February's" numerological tally....

**Combined with the year's numerological profile, this month offers the following count. Examining a chart from this angle helps us understand what's going on.** It doesn't, in itself, signal "good" or "bad". Life often delivers a mix of those wavelengths. What we can find initially jarring comes to guide us to better end states.

The tally for this month is:

Number	0	1	2	3	4	5	6	7	8	9
Frequency	3	7	10	2	6	1	2	2	2	-

When a number presents three or more times, its energetic and spiritual themes (and lessons!) tend to increase. Let's look at how this month could present in your world.....

### "February" offers birth numbers of "2" and "2026/1"

lessons in placement and balance help us all live well

This month's generic birth number, "2", hints at discoveries around how we place ourselves, others, physicality, life. **It's easy to believe the world is ours alone to make the most out of. On one level, it is yet egoic self always makes itself the centre of its movie. At times, it forgets it's also here to fulfil universal wants and needs.** Not everything unfolds because of "you", "me", "us". Busyness and desire can lead us from these spiritual facts. We can all, it seems, find ourselves in situations where we're asked to shape the world outside and what happens in it next.

Overly in mind, "1" can resent phases like these because it's too goal-/schedule-focused. Here, it forgets its role as change agent, like it or not, positive or negative. A few "1"s this month and two other master numbers could magnify these thoughts. **"Two" flags placement; how self positions and, through this, impacts. "Self" is a word that's more than "you" or "me", of course. It's an energetic state that thinks and does in certain ways.** All numbers represent chances to learn and stretch awareness. "2" restates that everything is relative, honing in on placement as a viewing platform; a state that gets us sharper (assuming we can let ourselves "see") about our place in the big picture.

We impact flow all of the time through action and inaction - thought, feeling, response. **"2" shows self how it's contributing to the dynamics it is amongst. Within the above, lies politics, relationships; how we share and get along (or not).** "2026", this "Feb"'s specific birth number, carries two "2"s as well. "6" reveals more about balance, love and care as offerings and resting points. "Genuineness" is another "six" rhythm. Unless we are true, we don't grow what's authentic. Love, kindness... lessons in placement... this "February" should help big time. "1" is the outcome – self more known and out there with fewer blinkers and less baggage.

Via such shifts, we tune into our purpose now and actualise it better again. "0", this month, flags the importance of spiritually connecting and healthy time out. Frame of reference matters – i.e. what we focus in on and, through this, channel/emit. **We're energetic beings. How/Where we tune in sets us up for what we experience. Peace, rest and quietness keep good vibes pumping in, around and out. It can be hard, some days – given all else - to care about them enough.** Yet petrol in is contribution offered. Manifesting quality needs self grounded in good. Don't be surprised if "Feb 2024" expands consciousness in others and/or you.

"0" can also play out as a time when Source goes, "boo!", from another angle. The universe likes a genuine bond. It's a tangible yet invisible being. Energetic reality is solid. That's why so many people notice/sense it. **Everything births as etheric rhythm first. Physical life is the end state. Three or more "zero"s can want self embracing more of its spiritual side.** In a month where four master numbers feature - two "10/1"s and two with "4"s – life could guide you more to core.

The centre is where manifesting starts from. Attracting needs us locked into soul-level truth. That's not a place where only our opinion reigns. Soul is a state that's connected with all and fully aware. **When we truly "get" whatever we sense, full flow often manifests. "2" is, of course, relative being; how we learn through comparison.** That needn't be an egoic wavelength. We come to awareness through context. It is through how things are placed, relative to each other, that we glean and come to channel "common sense".

"Two" denotes lessons in perception; how we let landscapes inform (or not). It pays to travel with the eyes of a tourist rather than a settler who's been there and done it all. Familiarity breeds contempt some days. **Sight can get blurry when "I know"s too loud. Here, again, "0" will assist this month. You might kick free of uber somehow.** Choosing to reboot as and in nothing – a canvas for now ready to start painting - helps self build all it knows it can. Models of success and achievement can urge mind to spin and whirl too much some days.

Yet full flow doesn't birth only out of self's projections. We all make decisions but we're not the final driver of what goes down. Things only go ahead because it suits universal views and objectives. **Use this "Feb" to release all chatter wherever life has come to standstill. We've enough passive numbers, this month, to infer that flow has disappeared.** Self always learns through what's not wanted, expected, intended, balanced. Breath is key in manifesting. Within all of this, "1" features, too. That number seeks more adult "me" in "I", "us", "you".

"One" wants us becoming great producers and receivers. It's self without doubt about its role and life. "1" phases want to pull soul out of limit so that it can channel its best "I can". True "1", here, is in-tune and fearless. It's learned that there is nothing to doubt, loathe, fear. **Adult, spiritual "I" is objective. It knows everything happens for a good, long-term reason even if that's not evident yet.** We're here for so much more than ourselves. How are you going at this part of your learning? Source/Life positions humans to also fulfil goals on its behalf. Knowing this can leave self less subjective; more ready to get along. What plays out isn't always about "us". Reconnect, affirm and breath into this, this month, to manifest what's awe-inspiring and solid.

**Clearing Cards® help you (re-)connect**

Life flows best when we let go of all egoic self. Mind can pull us off-track at times. Taking time to reboot makes a difference.

Everything's linked and explained, assuming we allow that to happen. **Psychic & Energy**



**Work's Clearing Cards® carry two levels of message. Either or both can help you shift and intuit more.** To purchase or read more, go through to Fran's [Shop](#).

**This month's M.O.s are "42/6" and "145/1"**

balance (or not) flows from how we view the world

"4" is the base. How's yours going? It targets methods, structures, viewpoints, plans. In that sense, it's "habits" with all of their flaws and strengths. **How are you existing as a maker? Experience is also shaped from outside. How are others' approaches impacting you? Where/What needs to reboot?** "4" promotes the chance/need to audit; verify everything's as it should be. Today ain't yesterday or tomorrow. "Four" helps self stay in grounded currency.

So, assumptions and platforms could be checked this month. How we stand and view determines what occurs. "6" is "love", "peace", "perfection" as the sense that all is in order (or not). **Harmony is a felt dynamic. We all know, via gut feel, when life is right. This is the state of genuine balance. Everything is linked. Processing helps world order.** So much emphasis is placed on a few realms – mental, physical, tangible – yet it's only when we nurture energetic "me" as well that we come to fullness. What/How self feels is where the truth lies; it's where we answer questions like, "Is life okay?". Gut feel is truth above and beyond all. This century is teaching us all how to hear what it's trying to say.

"6" is also "rest", "relax", "have a break". Time out helps us stay clear, fair, in tune. This is where the best decisions spring from; the most effective healing, too. **Egoic mind can devalue the role of silence as a health and healing tool. It often forgets all about it because it's so focused on action and goals. Those things aren't wrong. Even spiritual intentions can pull self off-centre.** No wavelength is wrong until it's entertained too much. Life, as balance, is constantly showing us where we can release grip to keep goodness flowing.

So, "six" asks beings to heal internally, socially, with planet or groups. "4", being "build", could find you going from strength to strength this month. No number only highlights what's about to improve; they all also denote delights. **From this angle, "4" can be the harvest, the reaping of seeds sown in past. That swings two ways, such is the importance of looking after spiritual health.** What we ground in is what we encourage. What we choose to channel shapes what plays out. Everybody likes what's pleasant best. Life only lets self resist these facts for a certain duration.

Hence, "Feb '24" could send uplifting events to help you anchor back in trust. As the first solid month of this new learning year, do what you need to welcome in goodness to energise, inform, protect, heal. **"6", being "love", can feel more supportive. Many had a challenging "2023". "Seven" can present as bog created by too much chatter, mind, opinion. It aims to get folk wiser about things – our own, other people's, life as a zone.** Now could be when last year's events actually start making sense in total.

You know, "7" is "wisdom"; that place of knowing where no more questions or uncertainty remain. This month's chart is full of aspects which seem sure to help selves on their way. Quality, inclusive "it feels right" ... being an "8" year, that could come in stronger. **This month could leave you clearer. Use its rhythms to release all fogs. "Simply" use breath and let go of your end.** "5" is this month's specific M.O. That denotes change; the birth of new. Through resting and relaxing – i.e. kicking free of mind and deadlines – we'll help ourselves "see" more. This month's M.O.s seem to want to nudge folk move deeper into their "this is why I'm here". "2024" looks to be a good cycle; a time that helps us clear all the limitation, tunnel-vision, that covid and lockdowns brought in.

It takes a while to release from any stuckness or wound, especially when it's firmly birthed. "Feb 2024" could find you feeling as if you are ready to live again. The energy started lifting last month. If you're feeling more "normal", there's no surprise. Go for it! Dream your best visions. Do what you can to release what's bound you down. **Remember to always let go of all – not just your own aches, tensions, blocks. We're collective beings. This year seems determined to help us into adult boots to next level.** Empowerment, achievement, success, good health are potential outcomes of this. Trust your gut. Use space as you need in order to clear and reorient. There's still a lot shifting. We're still not free of "not right" but probably ready to mentor it more. This "February" could help you harness dynamics like these and really make a difference now.

\*\*\*\*\*

### **clearings, healings & meditations over video or phone**

... not to mention readings and other forms of energy work. Life can present in ways that stun, often just as we need to stay grounded. **Via phone, video or email, Fran tunes in to help you understand and clear.** Sessions are recorded so that you can revisit the guidance you're given.

Enquire or make a booking [here](#).

Read google reviews [here](#)

\*\*\*\*\*

### **"February's reality numbers are "44/8" and "2171/2"**

solidity, success, births from where we're at

The reality number points to the end states and outcomes self is due to promote as it spiritually (or not!) embraces and channels the birth number and M.O. dynamics. "44/8" comes each "February". It's a master number containing more "4"s. This hints at potent awareness boosting in ways that crystallise plans and scopes. **"8" is self's vision, ambitions, wish lists. It's all we sense we can have, do, achieve. As such, it's a time that helps get people tighter on such things.** Clarity, then, seems sure. "44", as reality number, will boost what's observed about "four" above. You can, therefore, expect extra universal help as you journey this month.

Master numbers promote more spiritual moments. As zones, they often show people more about themselves as energetic channels and beings. Within this, intuition often gets a nudge. It always does when double digits pass through. These dynamics often see the Divine going, "boo!" louder. So? **Get into your spiritual practice especially if you feel it's time. Soul calls loudly when a shift is needed. We live to a clock that is wider, deeper than our own.** When it's time to shift, life just starts nudging, cornering, self to grow. It steers and blocks to get us on our best way. We often misread this as being prevented. The universe hasn't got arms, legs, mouth to physically guide. This "February" could find you making really solid progress in long-term ways.

"2171/2" presents "1" and "7" as additional vibes to grow with. "7" is learning, teaching and the making of "wise". Knowledge isn't only facts and figures. It's best channelled when empathy is flowing. **"7" also flags self's "spiritual journey" - within that, all you do in that sphere (e.g. meditate, exercise, intuitively develop). We each relate to Source in our own way. "Seven" is knowledge surrendered to obtain a whole-of-world view.** It often, as a chapter, encourages people to come back to silence and let all head-stuff go. Through this, chatter, striving and busyness empty, and self starts opening up for healing, sound checks, guidance re life. Source is real. "7" helps us know that as and when we choose to let all self go.

When we make room to see more in healthy ways, we tend to get a boost to what we've known. "2171" says that this month could help you get stronger as the "I" you're here to become. At times, you might learn about and through others in ways that boost clarity. **"Feb '24" might ask you to stand strong; stick to your values; honour what's universally fair/right more completely. Such moments dare us to look past egoic presentation and response.** "7" can also play out as fixed self – e.g. "you" vs "me", stubbornness, myopia. Don't be surprised if life steers you onwards, through and beyond rhythms like these. Remember: "February" could ask you to mentor yourself, others, community.

"Seven" often features as a need for understanding; being and offering spiritual more. "2171" adds through "11" on its way to "2" so it's another, subtle master number. "1" is leadership; the dare to remain grounded and objective as life unfolds. It's the pendulum swing between child and adult as it is channelled, constantly, by us all. **Here, too, lies the chance to mentor, shape, make a difference "just" by being you. We are each different parts of a jigsaw.** No "bit" is more or less in power or value. Being "you" ain't a place of perfection but neither is that state called "me". The more we know this in every cell, the better we add value to things.

In short, this "February" looks a powerful, enabling, shape-shifting month. That's great news at the start of a new year – even more given that Lunar New Year's about to shift. This phase feels certain to stretch folk into more of what they're supposed to learn, be, do, achieve. Use these vibes and choose to reboot often. **Source loves the excuse to accompany louder; guide, heal, give. Allow universal will and currents to journey with you more as a constant. The Divine likes to share. Doing this helps you benefit every other, not just yourself.** In that sense, "2" is sorta saying that it's time to focus more on "us". Don't be surprised if this "February" sees you going more public, spiritually speaking, than you have before.

### "Feb 10" ushers in Wood Dragon!

gong hei fat choy and gong xi fa cai! May everything go well with you.

Creative, magnanimous, revolutionary, inclusive.... are some of the descriptions Wood Dragon is given. **It's a mystical beast, the master of the lunar cycle, with recuperative powers. That augers well and combines well with "2024"s numerology.** Read Fran's [Observations about This Year](#) to tune into this.

[Theodora Lau](#) describes Dragon years as generous and supportive times. **That said, Dragon can be child-like and can forget to ground at times. Reactivity can get louder.** Successes and failures can be bigger. This marries well with this year's "4"s which should help self stay grounded and anchor in what's solid, sometimes, through what's flimsy to start with.

So, it looks as if this new lunar year complements the Western calendar well. At this point, the *Observations* above could offer more meaning. **Dragon is fire, remember? It's easy to over-react when we're too in "I". Here, the passive vibes in this year's chart should counter excess where that unfolds.** Even here, there's reinforcement re breath, time out, making sure we nurture soul states. It's these things which help grown-ups stay adult. Only when we do this do we manifest the things we all aim for like peace, love, health, success.

All of this suggests our two new years, in unison, will nudge us all to be and give "best". **Do what you can to take up that baton. We have so much previous learning in place. We've broken through many fence lines recently. Use systems and knowledge to do your bit.** You always are, yes? Wood Dragon is less reactive than its Earth, Water, Metal and Air siblings. That doesn't mean no fire or drama, but could find us all benefitting greatly. This seems to want to be a spiritually solid, enabling year. Don't let any model or mindset prevent you from sensing, living and channelling that!

Oh and please note: Fran is not an expert on the lunar cycle. Make sure to read wider than the above. There are lots of amazing authors online. All the very best as you research.

### What about your chart?

We each have a specific numerological profile that stems from our date of birth, full birth name and last birthday. I've outlined the collective rhythms for this month but have not talked about your **personal** chart. **Readings that merge numbers with intuitive downloads can help you transition through all sorts of things.** They're all about soul - linking to and channelling it more - and what can occur when we do this.

[Contact](#) to book a session concerning past, present or future, or energetic phenomena;

Organise [meditation sessions and files](#), and [audio files](#);

Buy my [Clearing Cards](#)<sup>®</sup>;

Read about last month or earlier in [The Archives](#);

Check out my [courses](#);



Read some [articles](#); and

[Click here](#) to watch Fran's Monthly Update for "January 2024". The first month, every year, can feel like a bit of a no-start. There are reasons for that, above and beyond holidays. "Jan" always helps us finish the year we've just lived through. With that can come a sense of waiting or inaction. Fran's Update for last month outlines this and offers ways to harness these dynamics. Watching it, even now, could help you launch into your new year solidly.

Oh and remember to revisit this page and section from 16 Feb to watch Fran's Update for this month.

**Use space and silence to welcome in what wants to come next**

[contact](#) Fran to learn, get support or ask a question