

## The Monthly Observations

*for March 2024*



Welcome to Psychic & Energy Work's *Observations* for "March 2024". They profile this month through spiritual, energetic and numerological lenses to help you process what unfolds. Implicit in this is intuition. What you sense and witness tries to inform you. In the thick of things, we can forget this. Life is constantly trying to be spiritually helpful.

These *Observations* can be worth reading with *This Year's* forecast. Do that [here](#);

scroll down to discover what's in store *This Month*;

visit [The Archives](#) to review last or earlier months.

### Recapping last month...

"Feb '24" seemed a loaded chapter - all for great spiritual reasons, of course! Four master numbers hinted at this. **Two "10/1"s guaranteed stretching and growth; discovering all we're ready to be, do, step into consciously. That doesn't only include our gestures; it also pertains to what we energetically emit/offer.** This year seems to be guiding selves into firmer relationship with divine intelligence, will, help. How was last month, on this level, in your world? There's been a lot of clarity coming through as learning curve.

[Watch Fran's Monthly Update for February](#) which also touched upon these topics. Last month's six "4"s hinted at life checking platforms. Did yours stretch or evolve? "Four" can denote assumptions, expectations. They often play in the background unregistered. "4" also points to approaches and models. **Let life be an informing agent to make room for guidance and healing to drop in. All numbers speak of self learning more about life as an energetic, intuitive, spiritual reality.**

"February" seemed especially potent in this regard. If you experienced solid shifts in logic or pattern, well done! Keep going!

"4" also flags boosts in awareness. Last month's ten "2"s reinforced this. "Two" can trigger lessons in placement - the stances we adopt with others, life, Source, ourselves. They, of course, shape all that happens. **"2024", this year, seeks success as solid knowledge first. We perfect and get "there" through stuff that helps us refine.** Source helps people clarify then manifest what universally fulfils. This month's chart suggests that "March 2024" will continue carrying that baton. Master numbers present again and more numbers repeat at higher levels. Read more below...

Review what Fran wrote about last month in [The Archives](#).

Check out her [Observations for This Year](#).

[Watch her Monthly Update for January](#) which also discussed these things.

**Would you rather hear the *Monthly Observations*? order your files [here...](#)**

Oh and click here to read the *Observations about 2023*. 😊

Psychic & Energy Work offers face-to-face, video, phone or email consultations. Every format is just as effective. **To book or ask a question, contact Fran [here](#).**  
ps... Fran's not on email all of the time. Call or sms for a prompt reply.

### THIS "MARCH" S PROFILE

Each month delivers its own dynamics which interact with the year's chart. **Checking out the numbers in this respect can help explain what's going on.** Profiles like this can boost resilience, stamina, confidence, trust in life. Outlined below are this "March"s key numbers followed by some *Observations*.

Oh and ps.... It might be worth reading my [Observations about This New Year](#) before you continue. They will reinforce what's discussed below and, hopefully, add value. Click here to read them and [here](#) if you'd rather listen to them.

### This Month's Chart

	<u>each year</u>	<u>in 2024</u>
<b>Birth Number</b> - what we're here to learn about & exemplify again	<b>3</b>	<b>2027/2</b>
<b>M.O.</b> – the rhythms/lessons that will steer us to the birth number	<b>25/7</b>	<b>128/2</b>
<b>Reality Number</b> - the spiritual result(s) of doing such things	<b>28/1</b>	<b>2155/4</b>

### This "March"s numerological tally....

**Combined with the year's numerological profile, this month offers the following count. Examining a chart from this angle helps us understand what's going on.** It doesn't, in itself, signal "good" or "bad". Life often delivers a mix of those wavelengths. What we can find initially jarring comes to guide us to better end states.

The tally for this month is:

Number	0	1	2	3	4	5	6	7	8	9
Frequency	<b>3</b>	<b>5</b>	<b>12</b>	<b>2</b>	<b>2</b>	<b>3</b>	-	<b>3</b>	<b>3</b>	-

When a number presents three or more times, its energetic and spiritual themes (and lessons!) tend to increase. Let's look at how this month could present in your world....

**"March" offers birth numbers of "3" and "2027/2"**

where are you ready to go higher in life?

"11" is "truth"; the picture that Source knows; the highest, purest, deepest view. As that unfolds, greater practical clarity tends to flow. This theme continues on from last month, then. Hold on to your socks! **This "March" could be super-fulfilling. What does that mean as a spiritual construct? Fulfilment is two-way.** Universal and self's goals need to be achieved. We're not just here to live out our wish lists – not in the decade "2020"!

The above needn't breed self-subordination. Nothing is here to matter less. This month could show you how to live on this platform higher, wiser, more balanced again. "3" is "realise", reinforcing what's above. This number likes to flag what we're entertaining as feeling, state, thought, habit – our own and others'. **Together we create what we end up experiencing. "Three" also flags "creating" as a thought, vision, allowance or act.** Another of its faces is "communication". We don't hit our goals unless we speak up to self, life and others in balance. Where might you need a heart to heart?

We envisage best when we give ourselves the chance to breathe, process and pause. Time out matters especially in an "8" year ("2" + "0" + "2" + "4"). Use space and quiet to look after and channel what you soul-level need and sense. **"3", of course, can heighten expression. Double "1" exposes self-focus that's out of whack.** All numbers point to how we'll grow next – step more in light, love, peace. "Three" can see the need to chat heightened; a time for hearing more of our own and each other's perspectives. "3" also helps self affirm boundaries. Some times life is over the top. Expression, of course, can flow this way too. This month might help you get more "voice" right – yours or others; silent or aloud - in a future, constructive sense.

"11", again, reinforces such things because it flags self-honouring doubly over. One "1" is enough of a lesson in sensing the value in all "I", "me", "my", "you" and "yours". This includes the non-human creation. **"One" is "adult" lived, breathed and out there - the type we can like to see ourselves as. "Eleven-two" comes to help us truly, groundedly perfect that.** Energetically, "adult" means "moored well". It's not a state that's pulled and pushed off-centre. It knows what it's learned, witnessed, intuited and isn't too full of itself. As such, it can hear, listen, include. It knows what "win-win" means as an outcome. It also understands that only when inclusive do we permanently, as souls, kick goals. "March '24" could show us all, in new ways, how to be better-rounded physical, human co-creators.

Nirvana's creation takes more than one, yes? Don't be surprised if you learn how to share anew. "2", said above, is about position; how stances impact all that flows next. It's the moment we learn how to dance as a cohort, no matter difference/uniqueness. **Allowing, respecting, consulting, etc.... Where might life/Source ask you, this month, to channel more of this?** Yes, it might play out as a

learning; it could also present as reward. "Two" means "share" and "co-exist" well. How might we all dance in way that breeds healthy more?

To manifest well, it pays to consider nature, earth, galaxy, energy. In one sense, then, more peace could flow as you digest what "March" reveals. "Two" as "co-exist" wants to help us manifest/attract balance. **Self, as "1", can be too "me" focused, forgetting how it impacts and needs what's outside. "2" pulls folk back into gear – the wider, real life picture; no soul left out.** This month could find you hitting home in ways that leave you even more ready to get going. Remember: we're still leaving lock-down. Big limits take time to release. Energising clarity could surface this month. Use breath and time out to help it in.

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### This month's M.O.s are "25/7" and "128/2"

life's forever showing self how to live and breathe "spiritual"

The M.O., remember, flags how a cycle is about to stretch us anew. Numbers flag egoic and spiritual currents. We often reach what feels right by encountering first what doesn't. **"128" passes through "11" which wants us all core knowing "us". Implicit in this is intuition.** Are you allowing enough space for yours? "1", you see, also flags the leader in a spiritual sense - that level of "I" who knows it can achieve and has what it takes, and how that impacts others as they witness it.

As long as we're able to ask questions, we can grow anything well. Life's all about learning through bumping. In this respect, "11" can want you getting more in touch with you. Who are you really? What does gut feel say? Are you out of closet fully as a whole life? Are there aspects you're yet to share or allow in a spiritual, constructive sense? **"5" flags "change"; the need to stretch and evolve as determined by universe. We choose such things, at times; on other days, Source/life decides.** Reality's mixed. A dance that's eternally shifting, new, challenging. There is no label that only represents what's unpleasant. Focus in on your focus this "March" to get life going.

Within the above, choose to welcome in what you seek as a vibe and guidance first. We attract what we affirm and grow through our narratives, silent and overt. "March"s chart suggests lots of learning along these lines. **Life's in the process of showing us all how to focus to breed healthy life. "11", as "truth", can see the big picture interrupting flow some days.** "Eleven" can play out as a flat tyre last

minute testing limits and patience. In doing this, it stretches our perceptions of what we can handle and how to allow. It can also flag where we've been overly project managing life.

Egoic self often positions as the centre, knower, endorser of all. **Manifesting models can leave us sometimes positioning Source as an employee, only on call. This is where "11" can potently educate people; show us we're receivers, not the C.E.O./M.D.** Overly managing, planning and striving can result in self missing out on things. Egoic "I" can fill its space with itself, therefore blocking universe out. Yet life is a universal landscape; it's not just a canvas that humans shape and own.

Two "11/2"s, therefore, could remind us all of these things, this month, in some way. How can we help ourselves live in flow and optimise currents? Letting go and breath are important tools here. As energetic starting points, they're all good growth needs. **It pays to reboot as an energetic channel, rather than just plough on with yesterday's narratives. If we let old sound tracks run on, we'll sense and offer less of what's now.** Release work isn't a place of rejecting or pessimistically labelling things. Atoms move all of the time. Let go of life from your end to give it the space it needs to inform, rebalance and highlight where and how best next steps lie. Create space for Source using your own words.

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### **"March"s reality numbers are "28/1" and "2155/4"**

lots of master numbers pull focus to wholistic health

The reality number flags the end states we will reach through the birth number and M.O. dynamics. Egoic or not, in response or outcome, we help life grow well ultimately. "28/1" hints, again, at reinforcement of comments above. **"8" can be a really busy time. Through uber on any level, it helps folk refine wish lists, recipes, inputs, gestures... any part of give-take-make.** Resilience, "I can do", strength, determination could also come into firmness anew this month.

"2155"s "fives" also signal busy. "5" is adventure, change and pioneering. It denotes a phase that wants to show self how it can reach its potential. In that sense, "five" is a change agent, mentor, that is constantly pulling us up. **Life's not constant; nor is it a plateau. Self's here to climb a staircase**

**that, some times, it could do without.** Yet everything's linked. Seconds join as minutes. All moments lead to another distant place. We don't always sense the value of unfoldings but that's because we don't "see it" yet. That doesn't mean everything is rosy or acceptable. Remember: we're not here to fulfil our wishes alone. Every "I" has been sent to uniquely also fulfil a universal mission.

So? Put on your pioneering boots. Let life be a movie that's here to help you achieve and be all you can. Enter each day with the eyes of a tourist. Don't be blinkered by what occurred 'til yesterday. Breath helps here, too. **Inhaling we can choose to release all space and let it do its thing. We can move from the stance of owning, storing, having, wanting to one of being prepared to see.** That's akin to filling at the bowser.... It pays to fill up well before we head on out. An upwards reference that invites Source in as your partner can help life shift in ways you like. Partnership is a big part of this year; teaming up with the universe more constantly. Let It walk with you as a guide, protector, mentor, etc. Just doing this can pay off well intuitively.

"4" is the specific outcome, reality, for this month – building, reaping, investing well. "Four" is the framework; the base from which we extend. "March '24" could help refine your patterns in ways that add value. Do what you can to sync in with these things. "2024" is so wanting us to get into top, best manifesting gear. Within this and as an almost last point, "four" can want reviews of what we've planned and thought. **If this month asks you to revisit some of what had seemed solid, that's life trying to add more. We can be so action- and success-minded that we forget the need to pause, rest and temperature check.** Today's technologies can be villains here. They can leave self feeling hyper and wired. Even here – yes? – time out to reboot well is being flagged as useful, needed, key. As a second month in a row with a high master number count, these Observations are best not to miss.

Lastly? "Four" is also a time for awareness to flow at a new, wider scope. Eyes opening is a good "4" descriptor. It's when self starts to "get" more about its self and world. **You may end up appreciating more about things in ways that make a difference. Do what you can to harness these vibes, too.** We hit target best, yes, when we're focused, primed and ready? Presence this month, then, could also feature as a theme.

### What about your chart?

We each have a specific numerological profile that stems from our date of birth, full birth name and last birthday. I've outlined the collective rhythms for this month but have not talked about your **personal** chart. **Readings that merge numbers with intuitive downloads can help you transition through all sorts of things.** They're all about soul - linking to and channelling it more - and what can occur when we do this.

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[Click here](#) to watch Fran's Monthly Update for "March 2024". It outlines the year and last month as booty campy phases. The numbers can explain why this is happening. Life, for some, is rather relentless right now. Many, it seems, are having to deal with more than usual. People stuff = positioning and relating – are a big part of this month as a trigger, solution and learning curve. Fran looks at such things and offers a few exercises to help you ride these waves focused, robust and spiritually.

Oh and remember to revisit this page and section from 15 April to watch Fran's Update for this month.

**breath shapes everything**

[contact](#) Fran to learn, get support or ask a question