

The Monthly Observations

for February 2023



Welcome to Psychic & Energy Work's *Observations* for this month. They profile "February" as a spiritual, energetic and numerological phase. The aim is to help you process what emerges in a wholistic sense. Implicit in this is intuition; how we process invisible stuff – thoughts, feelings, collective vibes. Insights about such things can help people travel well.

These *Observations* can be worth reading with *This Year's* forecast. It's due to be an insightful year. With this, will come wonderful chances to move into your next gear.

Scroll down for the *Observations about This Month*;

read about [this year](#); and/o

visit [The Archives](#) to read about last month or earlier.

Recapping last month...

Last month seemed lighter than usual – i.e. relative to what flowed before. Did you find this? **There seemed more room to notice and get moving with the new year.** The close of "22" saw many people needing time away from things. This enabled some to reboot well. "January" wanted energy burnt having observed this.

If you found "January" more active, there's no surprise. Its chart bore "3"s, "7"s, "8"s and "9"s as dynamics to watch. It makes sense, then, if you noticed clarity coming in. Energy levels seemed higher; folk were more ready to get on with things. **We are, of course, still emerging from covid-19's stuckness. This year, as the next stage in that, has begun as a zone that wants folk more active.**

Did you sense such rhythms last month? It augers well for the next eleven. Slowly but surely, we are all waking up. Where is that happening in your world?

"8" could present louder as a dynamic this year. It helps us get clearer about purpose, vision, "me". **What are you here for? What do you want to end up with? How do you define balance, happiness? Arguably, these are felt states.** The gut feel is an important guide in manifesting. The world, as collective, is still catching on to such things. Goal-setting can be key in "8" chapters, as can reviewing strategies. All numbers seek success on all levels, presenting to steer us along our paths. "8" births "success" as an awareness that we can then realise. **should show you how to step into new spheres.** Pioneering, focus, handling excess, living better are some of its themes.

[Click here](#) to read my *Observations about 2023*. It's due to be an interesting year.

Get across what I wrote about last month in [The Archives](#).

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ps... Fran's not on email all of the time. Call or sms for a prompt reply.

"FEBRUARY'S PROFILE

Every month brings its own dynamics which interact with the year's chart. Outlined below are this "February's key aspects followed by some *Observations*.

This Month's Chart

	<u>each year</u>	<u>in 2023</u>
Birth Number - what we're here to learn, become & exemplify again	2	2025/9
M.O. - how we're likely to arrive at that point	42/6	150/6
Reality Number - the spiritual result(s) of doing such things	44/8	2175/6

This "February's numerological tally....

Combined with the year's numerological profile, this month produces the following count.

Examining a chart from this angle helps us understand what's going on. It doesn't, in itself, signal "good" or "bad" (life often delivers a mix). What we find initially jarring comes to promote better states of being. A count like this can help to explain things. When a number presents three or more times, its energetic and spiritual themes (and lessons!) are magnified.

The tally for this month is:

Number	0	1	2	3	4	5	6	7	8	9
Frequency	4	5	7	2	3	3	3	3	2	2

As with "January", many of the numbers, "0" to "9", surface three or more times this month. That can signal greater, helpful learning. Some days, it might intensify things. Either way, it's all for the good (which is easy to write when life's okay). The dare is to always focus on your long-term without overlooking current details.

Let's look at how this month could present in your world.....

"February's birth numbers are "2" and "2025/9"

relating continues to trigger growth and closure

We are, of course, here to share space well; to mingle as spiritually connected beings. Even if one is not into such things, s/he (or they) still act as channels. **It's easy to detach from intuitive base.**

There's so much to get caught up with! Pleasant, tough, inspiring, repelling..... life is about learning to stay in tune. We're all unique yet seemingly alike. Many assumptions birth out of this. Inherent in this is the individual state. Referencing well helps people co-create what's "right".

Together, we help creation turn wisely even if events suggest otherwise. Everything seeks balance as a constant. How self positions impacts that. "2" can denote a phase for becoming clearer about how to be "me" in a realm of "them"s. **We're each here for a specific purpose. How might "February" help you dive deeper into and channel that?** "2"s emerged in force last year, too; with that, lessons in sharing space well, fitting, being – co-existing! Many neighbourhoods exist. The dare (and adventure!) is to find the right one(s).

Did "January" reveal more about the above to you? Respect is what's needed – not so much agreement. There's enough space for all to live truly. **We are, of course, still releasing from the century "1000" where one model was it. No second streams.** One was in or out, yet change and acceptance aren't new wavelengths. This month could trigger new dynamics along these lines. "2" can point to conscious awakenings re where "I" add value and need to stand.

Stances, therefore; perspectives, viewpoints; learning about and through indoctrination. All of these states are "2" dynamics which can play out nicely or like nightmares. How are you placed to impact what's "social" – maybe, perhaps, mentor and lead? **"February"s numbers suggest newness. "5" speaks of change, growth and innovation. It's a time for discovering more "I can do it". We often do that by breaking through "I can't".** "5" is potential as a vision and gut feel; discovering more of what life can be now. Implicit in this is your role as a manifester. How might you pave the way this month?

"5" also flags tolerance, forgiveness. Both of these states surface once we've cleared what's stuck. **Events aren't supposed to be replayed as sound tracks. We're here to live and learn, not bog or spin.** Know what you want and get on with that. Don't carry dross. It only fosters down. With so many 'hoods to choose from, there's no need to think you'll never fit, succeed or find "home".

"9" is very much about closure. It's the moment we finish current book. It can, therefore, find mindsets shifting as people let go of patterns, stuff, people. This needn't signal "bad" as a rhythm. Everything shiny ultimately fades. **Creation is flow – in then out; up then down. Everything shifts when it hits expiry date.** That needn't breed contempt for what's certain. Energetic life is all about movement. So, too, is intuitive being. When we sit too long in known, things can start to feel off-key.

"February '23"s birth numbers flag what we will learn more of this month. **Discovering always triggers waking up. The birth of more awareness impacts decisions and how we interact.** This

month could find you sensing more potential in you, world and other, and embracing that. Don't be surprised if it helps you clear from what's been. Doing such things always promotes plusses.

Lastly re birth numbers....

Sometimes, we grow by living what ain't right, decent, fair, harmonious. "2" can signal too much "people" and the need for better time out. "5" can present as busy and stretching, often nudging self into new comfort zones. "9" can spur endings we're not so sure we want. **Dynamics like these only come to steer us towards better quality. We don't always read events through this prism. Egoic self often resists life's call to pioneer.** "5" also helps self remember that, through breath, we can ride any wave. "2023" want folk stepping forward in this respect.

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This month's M.O.s are "42/6" and "150/6"

"6"s abound! It's time to care and heal more

"Six" is a wonderful chapter to grow in. It often plays out more supportively. It symbolises care, love, assistance – learning about and delivering these end points. It also denotes genuine being. No one feels good when "fake"s the wavelength. "6" is "get real" to self first then others. Implicit in this is the need to balance out regularly.

Health – also "6" – is maintained with rest; space to process and shake cobwebs out. Six wants self channelling fairness as a more constant stance. We don't live "real" if we don't listen to body. Invisible stuckness speaks if we let it. **Build-up can shift when we choose to let go – i.e. give it the space it needs to heal.** "6" denotes the rest break in the cycle "0" to "9" – time for a breather that helps us catch breath and let every tension go. It can as a phase, as such, slow progress; force people to sit and observe. Health on all levels is an end result of what we entertained before. No brainer, hey? Yet everything starts on levels energetic. It pays to connect with divine wavelengths first so as to replenish petrol tanks. Having done this, we are ready to mingle, create, adventure, influence. What self takes in often presents as reflection. Where might these themes present in your world this "February"?

"42" flags platforms and frameworks; how they're about to help us somehow. You might need to check certain stances this month; maybe, even, make adjustments. That's happening all the time.

"4" promotes consciousness. Boosts in awareness always pay off. Spiritual living is about gain. No number signals only what self is about to grow through or witness. They all also flag how each self shapes events. "What is right" could seem louder as a theme. Integration is another "2" dynamic. The platforms, limits, boundaries you sense shifting this month could be yours, another's or society's. Where can we care, as a choice we channel, in a way that breeds "good"? Don't be surprised if this "February" reveals how we're ready to embrace newness. "150" is a master number given the "0" on the end. "Zero" means "Source" as presence, guide, healer; a time for existing more. It can also flag lack, loss and silence that go on to breed uncertainty. **"0" also represents the unknown. We're still, as collective, learning about those states.** "Nought" – "nothing's happening" - is all of life's birth place. Everything starts as a silence. Lack of solidity doesn't mean "nada". "0", here, is simply a lull in proceedings and can heighten fear about security. Combined with "6", it can invite self to pause and reflect. Don't be too shocked if life leads you through these types of rhythms over the course of this "February".

You know, life only offers silence in order to highlight something worthwhile. Letting things speak is key to manifesting. "Nothing" is never just an unpleasant vibe. Try remembering this when you're lacking substance. That can breed overly mind-full self. A second "5" appears at M.O. level this month. Notice that? Newness, change, pioneering could feature more as inner or outer theme. "I can", "You can", "We can" as mantra could emerge louder some days. No one has to fit with anything outside. Co-existing needn't breed puppet, pawn, victim. The more we know this, the more we surf through every wave aware, empowered, skilfully. "5", you see, also flags adaptability. We're all different even though we have the same sorta bits.

"6" can play out as a sense one is supported even in the worst of times. It's that little voice that says, "keep going"; "you're doing well"; "things will be fine". We don't always know this – I'd argue that's a constant – yet so much can infer we should. **The state of not knowing is ever-present. It's just that we've developed story lines which dull that view. Chaos is eternally creating structure. Many things around us perform their role perfectly.** Even when a person is "off", there's a lot going on in him/her/them divinely. Remembering this can help us embrace difference as objective "I". Everything seeks love, peace and balance. Knowing this helps self make its way more resolved.

The less afraid of how the outside is, the more we tend to stay informed. Letting go of the movie for a moment can help folk make sense of it all. Breath helps us glean what needs to be now and how best to (re-)act. We might witness such dynamics becoming louder this "February". Through the above, life helps people manifest and attract what's right. That, spiritually, is a gut feel dynamic. Good fit doesn't birth solely out of rule or logic.

Egoic self loves its boundaries. A lot of value can flow out of them. **Yet, rightness is only true when it's felt as an internal rhythm. The human body also functions as an intuitive tool.** Hunches and feelings don't come to destroy. They emerge to inform. We don't always remember this yet, of all the senses, gut feel don't lie. All selves seek balance, human or not. What's out of whack only presents because it intuitively senses there's more.

So.... Where can you make room for guidance? **Life doesn't challenge because you can't get on. It only blocks when there's more to understand.** As soon as self gleans what it needs to, it's off! Working with life is a potent platform. Egoic self draws attention constantly. Embracing flow helps us choose, create, offer and attract what's fitting. So? Your month, this month, could come in gentler even if there's stuff to work through. "6" can see life feeling more inclusive, kind, considerate. Dare to acknowledge what you believe in. Allow It to be communicative. The more we make room for guidance to speak, the more we make space for harmony to breed.

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"February"’s reality numbers are "44/8" and "2175/6"

it's another phase for getting bases right

"44" is about building and awareness. It wants structures solid so that launch goes well. It can, as a phase, help people sort the wheat (goodies) from chaff. **"8" is "success"; busier times; learning where and how you need to ground.** It helps us "cook", create, as masters. Wisdom emerges from experience. We learn to perfect as we discern. "4", as awareness, could come in as value adds presenting for and around you.

Numbers always signal what selves are about to learn and channel more as a vibe. **"4" can be read as a time for getting firmer about dreams, projects, tactics, path. It likes to reveal what's ready for an upgrade; which bits, in life, do and don't suit.** Through this, we glean the steps we need to take to optimise journey. Double "4" is a master number. More mystery and/or invisible vibes could surface. Through assuming, we often get wiser. "4" is the place where insights like these can present. It's a zone for planning, strategising, choosing where to, how and with whom/what. Don't be surprised if this month helps you kick into what your "2023" year wants.

"8" can be read as "I do" and "I don't"; a zone that reminds us we're captains of our ships. Surrounded by others, it is easy to lose sight of personal path, values, perspectives. **"4" can highlight the elements for building – the wood, nails, pipes, etc. Only one of those things needs to be off-key to sabotage the rest of self's venture.** Life is continually showing us all how to live and share

space more true. This is also how, through "4" this "Feb", you might learn to "cook" better. So? Hold to the guns that gut feel says are needed. Surrender all you can do without. Life has a habit of guiding people all of the time, even if they're not into this stuff!

The Divine, in this sense, lacks arms and legs. It delivers "zero" to perform those roles. We can often misread it as being uncaring yet Source often guides by not opening your current door. **Try all you want but multi-skill also. We're all always doing that yet, some times with goals, we become myoic; believe there's only one way.** Through every attempt, we will always glean more. Breath and time out help a person quality check stance – their own, others', society's in general; any recipe that's "tried and tested". You're here to find your own way to your "there". No one else knows that formula. There'll be similar bits in every journey yet success only flows when we value and honour our specific end points.

Speaking of specifics.... "2175/6" contains digits already profiled. Harmony – what is it? What does it need to birth as a state that lasts long-term? Goodness is real as Source and outcome. It acts like a magnet like all other vibes. **We attract what we pump and we pump what we dial into. Are you tuned into the best dynamics?** Easy to write when devices drive so much. They, obviously, have value but aren't Source. We are all still learning how to place such things. Some perhaps more than others.

"6", said above, seeks peace as a palpable state. That doesn't birth from technology. **Entertained in excess, electromagnetic promotes egoic. Six comes along to help self remember the value of stillness and shoosh.** With "7" in this month's and this year's profile, lessons in this could come in loud. Yes positively although, some days, they could highlight a different kinda choice. It's all learning, isn't it, really?

Judgment's not enhancing when it's subjective yet so much opinion stems from that. Idle talk in circles and families can do a lot of damage. "2175" says that fairness and justice – balance in this sense – will emerge again. Around, for or because of you. Themes around relating and people stuff continue to shape things. That's a no brainer - such things are constant – yet mind can be managed or run loose. With so much going on, we're still learning how to adroitly steer self. Our own and/or others – it's usually a mix. Implicit in this is the need for expression; caring and sharing through to win win. Don't be surprised, therefore, if this month shows you new things about flexibility.

You know, no view is set. No path is constant. The more we know this, the better we ride. With major planetary moves due in "March", don't be surprised if a whole lot of sense births this month. Balance is a key success driver. **We don't hit the target if arms flay about. Focus, breath, space and self-knowledge is what makes a journey great.** With that, allowing: releasing what's outside to let it inform and be what it is. We're all separate trains with our own tracks. There is no need to mingle in ways that complicate or limit. Do what you can, this "February", to live in balance. Focus on yourself. Pull intuitive sensors back in. You don't need to read what's happening around you. Cast upwards, with breath, to receive the highest guidance. Mind your own business to interact well. Focus first upon your frame of reference. It's how we get to check what's occurring, where we're all at and what needs to happen next.

What about your chart?

We each have a specific numerological profile that stems from our date of birth, full birth name and last birthday. I've outlined the collective rhythms for this month but have not talked about your **personal** chart. **Readings that merge numbers with intuitive downloads can help you transition through all sorts of things.** They're all about soul - linking to and channelling it more - and what can occur when we do this.

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Have a great second month!

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