

## The Monthly Observations

*for December 2023*

Welcome to Psychic & Energy Work's *Observations* for "December 2023". They profile this month from spiritual, energetic and numerological angles, to help you process what comes your way. Implicit in this is your intuition – what you sense as you travel and how it tries to inform. Thoughts, feelings and invisible currents constantly shape our physical world.



**These *Observations* can be worth reading with *This Year's* forecast.**

Scroll down for the *Observations about This Month*;

read about [this year](#); and/or

visit [The Archives](#) to read about last month or earlier.

### Recapping last month...

How was your "November"? It wanted people sorting stuff out. With luck, you avoided the extremeness. **"4"s came to check foundations and approaches. Through this, it guides beings and life to better wavelengths. Quality is its objective – making sure next steps really grow great.** To build a long term "house" (reality) that flows right, the best of inputs are required. If you bumped into "less than" dynamics last month, rest assured: you weren't alone. "4" brings reviews to boost perfection. That often manifests after we've dealt with a thing or two.

However "November" unfolded, I hope this new month sees you step well. Watch my [Monthly Update for "October"](#) if you're feeling weary. I wasn't well last month so no update then. "October" pushed; "November" persisted. **Sometimes, life offers less time for peace. Now's a great time to process whatever stuff you've had to cope with. Life only rattles to guide self to better. We're dared to remember that when challenge comes. How has "not right" been trying to improve your specific and wider world?** Tough times invite self to play its (adult) part as an influencer, standard bearer, trigger for change. Waves aren't one-way even though some like to dump. We each have unending potential to shape. Keep that in mind as you move through this month.

Read what Fran wrote about last month in [The Archives](#).

[Watch her Monthly Update](#) which also talked about these things.

**Would you rather hear the *Monthly Observations*? order your files [here](#)...**

Oh and click here to read the *Observations about 2023*. 😊

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ps... Fran's not on email all of the time. Call or sms for a prompt reply.

### THIS "DECEMBER'S" PROFILE

Every month brings its own dynamics which interact with the year's chart. **Checking out the numbers in this respect can help explain what's going on.** Such reviews can boost resilience, self-knowledge, optimism. Outlined below are this "December's" key numbers followed by some *Observations*.

#### This Month's Chart

	<u>each year</u>	<u>in 2023</u>
<b>Birth Number</b> - what we're here to learn, become & exemplify again	<b>12/3</b>	<b>2035/1</b>
<b>M.O.</b> - how we're likely to arrive at that point	<b>37/1</b>	<b>145/1</b>
<b>Reality Number</b> - the spiritual result(s) of doing such things	<b>49/4</b>	<b>2180/2</b>

#### This "December's" numerological tally....

**Combined with the year's numerological profile, this month produces the following count.** Examining a chart from this angle helps us understand what's going on. It doesn't, in itself, signal "good" or "bad". What we can find jarring comes to promote better outcomes, awareness and states.

The tally for this month is:

Number	0	1	2	3	4	5	6	7	8	9
Frequency	4	9	7	5	3	2	-	2	2	2

When a number presents three or more times, its energetic and spiritual themes (and lessons!) tend to increase. Let's look at how this month could present in your world....

**"December" brings birth numbers of "12/3" and "2035/1"**

realising, growth, resilience, gut feel

"12/3" can feel like homecoming. It often sees things settling down. Don't quote me on that! This year's been a doozie, regularly throwing curve balls. **Yet, "3" is "realise" and often a time when clarity, progress, confidence blooms. This month's "10/1"s, starting at birth number level, point to dynamics like these.** "Three" can want people talking; sharing what's required to bring good in.

At "12/3", self can start feeling like it's making headway. "3" is "express" - healing through expression and learning how we each shape things. **This "December" could help you bring life more on track. "12/3" is potent because it contains "1", "2" and "3" – i.e. self and rest of world co-creating spiritually (or not!).** What we experience is largely based upon these rhythms. This is why life can want to feel more sound whenever they present.

"Three" also flags lessons in exchanging. What does it take to live in flow? Life can seem easy some days, can't it? On others, each step is hard. Ease presents as a given in some phases; in others, life makes us deal with more details. **Manifesting "great" isn't a constant. Certain phases help self dance with flow as graceful "1". This is also "3" – accepting, valuing and making full use of your place in reality.** "Bad" days don't only come to obstruct. They inform, nudging self into personal and wider healing. Life is always giving every soul the chance to influence what happens next. Our first level of impact is energetic. How have you been going with that?

Focus and breath are shaping chisels. Fullness can, sometimes, pull off-centre. What have you been learning about this? "2035" is a quasi master number because it reduces through "10" to "1". Space and time out – taking care of our spiritual connection for healing and guidance – are flagged here. **"1" visits to build resilience. It's the forging of self as aware, inclusive, conscious "me".** Genuine strength isn't projected. It's knowledge that flows without noise/effort. "One" asks beings to back their horse (gut) to next level. As we wise up, we tend to do that more.

"1", as such, nudges individuals to respect their intuition even when others doubt. It's "I know" that's devoid of delusion because it's so tuned in to quality guidance. **Others' inability to sense as/what you do is often a cue to lead. We all come to "see" in our own time. Life's a game of dominoes (or patience?!) in this respect.** Leading ain't necessarily "I am in charge". Rather, it's a state that just gets on. "1" asks self to link into and honour its guidance. We have to get clear first to do that well.

So? Don't be surprised if "December" helps you to next level in grounded ways. "1" can also point to egoic wavelengths – in "me" and/or "you" – and the need to process (and mentor) them. **"One", after all, denotes the swing between child and adult in any sphere. Heavy, karmic "1" phases can want self becoming real(-er) as a source of light and peace.** We can do interesting things in the name of what's unknown. Fear of lack, inaction, triggers doubt, defence. Numbers always flag how life's about to ask self to mentor what's playing out in and/or around them.

"December '23" could, therefore, prompt you to channel "adult" to the next degree. Implicit in this is objective self – a zone where we mentor our child-ish and reactive "me". **Life just happens. That's**

so easy to affirm. Some days push buttons without doubt. In one sense, that is “just” a mirror for what pushed to begin with but it often also stems from what’s been held in/down. “2035” could boost expression (“3”); action, growth, excuses to get stuck in (“5”). Both of this month’s birth numbers contain more active vibes. This can find life becoming a little ungrounded, schizoid or busy. Three “10/1”s feature this “November” – that’s a lot - as well as an “11/2”. These four master numbers could inflame your need for time to process things. **“Five” seeks change that’s fruitful long-term; “2”, healthy stances; “0”, bonds with Source. All of these rhythms tend to grow best when we respect everybody’s need for space, nature, silence.** Balanced “1” is “I know” that oozes, without any pushing, out of each pore. This month could dare you to get stuck in and get sorted for your future’s sake.

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### **This month’s M.O.s are “37/1” and “145/1”**

balanced self births best from release

“3” flags “flow”; “7”, focus. What are you knowing, affirming, growing with your thoughts? Rhythms like these shape how we take in and respond. **“Seven” is mind as a creating vessel. Humans can let it run too free. Mind is a bowl – a receiving device not just a mixer that churns and produces things.** We can let run too much as a soundtrack that’s never paused; a processor that we never quality check. “7” flags the swing between human and divine “I know”, and how it pays to reboot regularly.

What mind comes up with stems from how we feed it. Are you letting yours just whir away? In this sense, we’re all walking transistors. What dynamics are you letting drive and shape? As collective beings, we pick a lot up from outside world continually. **Life’s only as good as our commitment (or not) to pausing, relaxing and letting fresh perspectives in. Returning to zero (silence, guidance) keeps self in balance and confirms what we sense.** This year’s brought “7”s. This is its last month. Life could highlight what’s truly “spiritual” again.

“Seven” is a zone which seeks to inform self; opens eyes up in practical ways. It can leave people clearer about how life flows specifically with and around them. **This month’s “3”s could boost such currents because this vibration represents lightbulb moments. It often clarifies and, through this,**

**heals. Intuition can feature more loudly.** The next few weeks might highlight stuff in your world in uber practical, future implementable ways. Both M.O.s, this month, pass through "10" to "1". This means amplification especially if you have "1"s in your chart as well.

"145" can amplify the need to stretch and audit. "One" can feel more isolated, alone. It helps self let go of what is outside and, through this, boosts the room we have to link with soul. Through such moments, we can find ourselves receiving more strongly from That which guides. Out of such connection flows protection and healing. Your spiritual bond with Source is what feeds the rest of life. Invisible stuff isn't always divine though. **"10" can deliver more space and chances to strengthen. This "December" might find you (at times) more on your own. Life does this to guide you into partnering with your spiritual "I" first and better.** Your relationship with Source births healthy life. "1" also provides space to see and know landscapes. Life is always seeking presence. That's where we help future roll in best.

By releasing all noise, we help ourselves access and offer more genuine. "One" is "I know because it resonates as truth". This year's end could really help you stretch and reboot. Perfect timing for "2024"! **"1", of course, is "individual"; the dare to live one's journey truly, as only each "I" can. With that can emerge the need to be, accept, know, do different. We're here to heed gut feel first. That's what keeps beings on their train tracks in a way that lets them wave to, exchange and bond with each other.** Guidance flows to all but not just as one tune. We're here to honour what we sense uniquely. The energetic level is what first matters because it so exactly informs and steers.

Feelings, when aired, always inform too. Self's energetic release of everything is potent. Egoic self balks at such comments. It's a creature of comfort, preferring to hold what it has gathered. **This month's "10/1"s might ask you to zero out to then see how to move best. Part of this can need self's release of all histories and narratives. This has been harder to do this year.** "7" can find us immersed in head stuff; less able to quieten fully. Use this month's "10"s to return to silence. Nature, remember, is a great helper here.

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**"December"s reality numbers are "49/4" and "2180/2"**

stronger foundations; more "me" as truth

The reality number denotes the end states life's about to lead self to. Some say it's where we end up in retirement yet all decisions act, in one sense, as end points. **"49/4" visits each "December", boosting awareness and chances to close. That sits well as an end-of-year mission. What better time to work things out?** "4", here, flags all our models; how they can shape and set acts up. Where can you build better in mind, world or habit? What part of your life wants to blossom to next level?

"Four" marks assumptions. They can fly thick and fast. Are yours ship-shape given where you're meant to be? No number indicates only what self has to learn. They also point to how we'll trigger growth in outside spheres. **"4" says "build well" no matter your focus. Everything starts with what's inside. Mind, feelings, memories, narratives... By "31 December", you might have purged and sorted a lot.** Relationships can be loaded with forethought, blurring our boundaries, mixing views up. Yet, shake-ups only come to clear air and nudge us towards greater physically spiritual spheres.

"2180" steps through "11" down to "2". "Eleven" asks self to really, truly, deal with truth. It often, as a phase, delivers big picture moments. Through this, we release blockage and delusion. Our thoughts and feelings attract and repel. **Master number vibes can boost self's need to process what's invisible. Making sense of life is one of "11"s objectives. It's double clarity; "I know", no questions.** Stepping through this tends to also increase confidence. "1" is experience-boosted "I'm here to be". It can, therefore, enhance our sense of "I and life can and will". Here, it's a zone that helps us process fear and doubt. All of this hints at a positive, productive "December".

"8" is always worth noting in a profile. It helps us create as master chefs. That needs self listening intuitively and, only then, contributing. We are each a different dot in life's landscape. No one is here to be too same yet, at the start of life, we can think we are here to march to same tune. **"Eight" helps people see their uniqueness as the thing they're most here to respect. Every ounce of life adds to big picture. None of us is here to simply mirror the outside rest.** The more we understand this, the more we live in collective freedom. Time is often needed to birth such truths as states. This month could see you channel awareness like this to next level. Cook up a storm in your pyjamas. Dare to listen first to the silent voice which guides you.

Manifesting well – towards and outwards – stems from self's frame of reference. Focus on receiving the best and purest guidance, upwards and away from horizontal reality. **We're each intuitive; Source guides all beings. Whether we embrace this is another thing. Yet the dare remains to let life inform. Only then are we able to really sense, use, potential and do great things.** A few "2"s and "4"s hover about this month. "Two" represents how we position relative to the rest of life. Where do you fit, now, as authentic? To truly live, be, "there", what shifts are required? There is no loss as a hard, total constant – not in a spiritual sense. Life comes and goes - easy to proclaim yet we're all part of a far bigger dance. The issue is flow and how we embrace it. Constancy is not constant. Egoic self can focus on its need for that too much. Surety is nice but change also delivers blessings.

Two "5"s, this month, could also spur you into your pioneering boots. Don't be surprised if you step into your next level of wholistically solid, genuine "I". This year has delivered change as a huge theme. Next year will keep pushing on this. **"2024" reduces to "8" so what and how we envision will matter immensely. What is "success"? It's only constant when it's a vibe that is lived by all.** "2023"s last month - this "December" - seems to call for meaning that self really values. Solidity re self – your journey, path and how it can flow – could play out louder again. "7", this year, has wanted wisdom. These next few weeks could bolster that in your world.

You know, for all the above said, "December"s often gentler than "November". Nurture your feelings. They come to inform and help us step forward as soloists in best dress. **Always remember: you are constantly guided and everyone is intuitive. The more we leave room for Source to guide all of life, the more we tend to witness constructive, inclusive shifts. Allow all beings to have a spiritual connection even if that's not what they yearn for.** Source communicates how, with whom and when It needs to. There is nothing and no one It doesn't tap on shoulder when that's required and when it's time to. The Divine is an independent being, not chained to our views. Change knocks when it's time. No one can avoid life's unfolding. Let Source be that real to help you and all of life flow, be and shift.

### What about your chart?

We each have a specific numerological profile that stems from our date of birth, full birth name and last birthday. I've outlined the collective rhythms for this month but have not talked about your **personal** chart. **Readings that merge numbers with intuitive downloads can help you transition through all sorts of things.** They're all about soul - linking to and channelling it more - and what can occur when we do this.

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Click here to watch Fran's Monthly Update for "December 2023". It explores how "should" can set us up for limit, disappointment, blocks. "November"s and "December"s charts brought more 4's than usual. That number denotes the universe quality checking frameworks, projections, approaches. Fran's Update, last month, looked at these dynamics and how you might harness them.

Oh and remember to revisit this page and section from 15 Jan to watch her Update for this month.

**Wishing you a wonder- and empowerment-filled close to this amazing, growth-seeking year**

[contact](#) Fran to learn, get support or ask a question