

The Monthly Observations

for October 2023



Welcome to Psychic & Energy Work's *Observations* for "October 2023". They profile this month from spiritual, energetic and numerological angles, to help you process what comes your way. Implicit in this is intuition – what you sense and how that tries to inform. Thoughts, feelings and invisible currents constantly shape life in the physical.

These *Observations* can be worth reading with *This Year's* forecast.

Scroll down for the *Observations about This Month*;

read about [this year](#); and/or

visit [The Archives](#) to read about last month or earlier.

Recapping last month...

Have you begun to feel lighter; noticed certain energies lift and morph? This year's been full-on for some at least. Lots of head stuff has been flying about. If your answer is, "yes", you're doing well given the times. **Mid-End September often triggers shifts as Jewish year, equinox and seasons turn. With that, currents often start changing pace.** I hope "September's end was smooth for you. It certainly brought more major endings and (re-)starts.

Covid isn't only a viral dynamic. It's energetically heavy and bombards the upper body. It's a uber mind-full vibe that attacks and weighs down, not just on the physical level. This year's chart, with a few "7"s, has amplified rhythms like these. **It's been harder for some people to quieten, exercise, get out and do things. Have you felt more bombarded by "noise" this year? "Seven", as a phase, can find people bogged in models, shoulds, thoughts, opinions.** Intransigence is one of "7"s faces; inflexibility also a hallmark. Egoic energy grips, contains, limits - perspective, action, body. "7", repeated, can find folk unable to release chatter as easily.

Hence, "seven" denotes lessons in how what "I" know, think or will can impact life. **Energetic bombardment and stuckness prompt people to better nurture and share space. Last month's chart hinted that some folk would discover in this way.** Space and nothingness promote insights as soon as self stops fighting with them. That needn't mean acquiescing. Last month's master numbers sought to boost awareness. If you're feeling more sorted/sure about where to from here, you're doing incredibly well.

Life, in "2023" especially, wants issues cleared for future's sake. We can all probably point to rhythms that have stretched. Source ups the pressure through what's seen, heard or felt to enhance self, flow, landscape.... Reality checks often birth out of overload. **Last month's five "0"s combined with karmic numbers to highlight the value in consciously connecting. Through such things, we often start to know self better – "mine" and/or "yours" – more as objective states of being.** Self can get caught in the need for meaning and, through this, start losing ground. You could say life helps every-thing and -one remember, value and nurture spirituality as a state, dare and path. This

new month could flow gentler. Everything is crossed for that! Life might support and/or help more. "Seven" wants to help people "get" things in a useful way.

Read what Fran wrote about last month in *The Archives*.

[Watch her Monthly Update](#) which also talked about these things.

Would you rather hear the *Monthly Observations*? order your files [here...](#)

Oh and click here to read the *Observations about 2023*. 😊

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ps... Fran's not on email all of the time. Call or sms for a prompt reply.

THIS "OCTOBER"'S PROFILE

Every month brings its own dynamics which interact with the year's chart. **Checking out the numbers in this respect can help explain what's going on.** Such reviews can boost resilience, self-knowledge, optimism. Outlined below are this "October"'s key numbers followed by some *Observations*.

This Month's Chart

	<u>each year</u>	<u>in 2023</u>
Birth Number - what we're here to learn, become & exemplify again	10/1	2033/8
M.O. - how we're likely to arrive at that point	33/6	141/6
Reality Number - the spiritual result(s) of doing such things	43/7	2174/5

This "October"'s numerological tally....

Combined with the year's numerological profile, this month produces the following count. Examining a chart from this angle helps us understand what's going on. It doesn't, in itself, signal "good" or "bad". What we can find jarring comes to promote better outcomes, awareness, states.

The tally for this month is:

Psychic & Energy Work's Monthly Observations for October 2023 (cont'd)

Number	0	1	2	3	4	5	6	7	8	9
Frequency	4	8	5	7	3	1	2	4	2	1

When a number presents three or more times, its energetic and spiritual themes (and lessons!) tend to increase. Let's look at how this month could present in your world.....

"October"s birth numbers are "10/1" and "2033/8"

new phases emerging; room to enhance your vision again

"10/1" denotes a new chapter's starting; with that, the need to learn new grooves. **One can feel ready to get on at "1", but life often wants us to first observe a few, new things. From this angle, it's a famil with Source trying to deliver some new tips, maybe tricks, re life.** Frustration can loom because we don't yet understand the need to adjust. When the tides shift, it can take a moment before we sense the value in change. "Should" is such an energy waster. Life is best dealt with not as expectation but as it presents.

"1" suggests it's time to discover more about self as a dynamic, not a name. We are all products of what we believe and choose, consciously or not, to tune in to and channel. **"0" injects space in to "1" phases – often more than we expect. This can leave self wrestling, maybe getting maudlin. Too much silence/stillness can stir "me" up.** Even this flags how "I" - as mind in habit - can forecast, expect, know too much. Overly in a future that's yet to arrive, self can regularly bind flow up.

So "0" flags the value in coming back to zero. It helps us sense potential and usher it in. In this sense, "nought" teaches people how to receive energetically. This happens best when we are present. Creating well needs healthy inputs. We're not just here to manage, make, achieve in a doing or knowing sense. **When the need to act overly drives self, we can end up self-sabotaged. "0" shows self how to rebalance; step out of knowing; and make room for goodness, success, life to flow.** All things have value but egoic self constantly pulls mind and focus off-centre. How have you been managing your egoic stallion? Has this year taught you more about breaking it in?

We can't ever lose path but can take detours into dynamics we needn't get caught up in. That's how we learn so there's no need to angst (about that or anything really). Try remembering this in the midst of wanting something dearly! Breath, time out, exercise, stillness make room for good stuff to prevail. **"0" represents higher self, divine connection; how we're nurturing that as energetic beings. Every-one and -thing benefits from pausing. There is no need to overdo.** Mind-full (and, therefore, overly focused) self can forget this often! Hand all landscapes back to the Divine. Let Source be their real owner once again. Just doing this can trigger real world shifts AND help manifest better, solid more.

"3" and "8" are busy rhythms. "Eight" likes to flag what's useful (or not). It's all about success – what that means for every person as a unique expression and journey. It helps self sense what matters, what doesn't; through this, how to link into flow deeper. **Experience shows us all the importance of**

honouring gut feel. If something doesn't feel right, it's not – not in this moment, for this individual. "Eight" also helps people cull what doesn't add to wellbeing. Through this, it steers us to value and look after what does more. Life's always trying to help people actualise soundly - on every level at once, not just a few.

You know, consciousness reduces waste of time and effort. All numbers want to guide self to what is complete. "8" heightens spin and can find folk in go, go, go. This can be fun but ain't s'posed to last ad infinitum. **Through such dynamics, "8" flags the value in stopping, digesting, taking check breaks. It helps self appreciate its role as influencer, creator, shaper.** So "8", in one sense, nudges people to realise that "I" only really need so much. As the second to last phase in the "0" to "9" book, it aims to help self complete current cycle well.

Remember: this month's birth numbers are karmic. These next few weeks might help you come to a place where you live and breathe more spiritually. This sort of progress is often preceded by the need to sort a few things. **"3" flags expression and can play out as downloads, vocalisations, actions, recognition. It can see folk realising; with that, more lightbulb moments.** Such things often teach us to honour gut feel. "Live true to self" is a common expression. It needs us in truth with our "me" and Source first, knowing that "real world" connections come next.

Lastly... "Three" can encourage vocalisations – silent or out aloud. It often prompts self to process issues, thoughts, energy a bit more. Listen to your feelings, bodily and mental. Make enough room to do that. **Egoic self thrives in noise and busy, but it's healthy use of down-time which ensures what happens next is great. "3", in this light, is "time out to process what doesn't feel sorted or right as can be".** This month could flag more along these lines. Don't be surprised if "aha!" moments pop in.

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This month's M.O.s are "33/6" and "141/6"

"6" promotes balance as a vibe or theme

Two "6"s at M.O. level suggest an easing in momentum. They could promote the opposite at first. "Six" seeks genuine "I", "you", "other". It can see a boost in healing. **Balance is channelled when we relinquish every grip on wants and needs – our own and all others'. That's not a zone that needs**

to devalue any "me". Soul is a state where every-one and -thing is same but different; together we're all. "Six", in this sense, helps self release what's day-to-day myopic to breed what's "complete". When self does this truly, it connects into more. Life unfolds best via big picture. We've continual access to such dynamics but get in the way of them constantly.

The mental realm's amazing but, as the primary driver, can end up hogging the mic. More "3"s surface at M.O. level this month. This suggests manifesting, as a theme, could get louder. **"Three" mentors people in going with the flow. That needs acceptance of all that is first. Touched on above, "3" helps self paddle life's waves more brilliantly.** All numbers signal learning through "what isn't (good/right)", not just "what is". Experience is the best of teachers. We can only achieve and know so much in theory.

Life continually guides (pulls?) people into greater awareness again. All aspects of life conspire to do this. We are energetic pie charts in this sense. Time helps us journey through each slice completely; know it from all angles; heal all issues. **Completeness births once we've learned to 360°. Such things take time; incarnations. "33", as master number, points to doo doo doo doo.** Karmic rhythms can usher in more spiritual themes. Through this, they guide self to dive, live, express and access deeper, wider. They can often, therefore, find people needing to make sense of invisible things. Such chapters also tend to boost intuition and, through this, leave people knowing Source is real.

Part of our growth can involve discovering that the Divine is communicative. We don't tell our friends how to speak or act, yet can do this often with the universe. **Source doesn't need instruction or urging. It already knows what all souls need. Only egoic self can't fathom life's inclusive, generous way of giving.** The trick is to "just" get out of life's way; allow things to move; let flow happen. This tends to clear space for new deliveries. Master number zones can reveal more re this in helpful ways.

Even through these things, the Divine guides self to live, give and birth best it can. "141" flags greater self knowledge – i.e. insights about "you" on the inside and the outside. **Self's an energy, not just a person. We channel and offer what we tune in to. Frame of reference matters.** The world is an energetic sphere. Experience is shaped by what self opines; its patterns and thoughts, held in or voiced. That's nothing to fear. It simply flags how all is choice.

Hence, it can pay to create space to reboot. Choose what you will be guided by. Eyes and ears pull focus off-centre; so, too, do needs, fears, wants. We reference to each other to exchange and gather, yet pure guidance is up. **Pull all sensors in. Divine wavelengths are all around us but so are egoic ones. That's nothing to fear but it pays to know the difference.** Listening to felt states helps self reap best. With "4" being "build", this month might help you check, clear, even improve thing. Lessons re self as a rhythm we live with; insights re quality and how to grow that; downloads about receiving and delivering.... Themes like these might surface in your world this "October".

"Four" is a time that wants goodness solid. "One" helps us back ourselves, true. Life teaches self to interface with it as a kindness that's proactive. That doesn't mean unpleasant never happens yet, after every trough, follows a peak. Easy to write when life's flowing nicely yet this is the dare in co-

creating. **Opinion isn't needed as a limit or label. It's only supposed to momentarily inform. Through this, we allow the next second in.** Know what you know then release it to let in more. This is how we help grow the right stuff as a more continual state. There's no need for knowing that limits or controls. "October '23" could show you things that really make a difference.

Almost lastly.... Remember: the M.O. denotes how we're about to learn about and come to channel the birth number states more spiritually. **Through the above, this "October" could lead you further into your unique brand of succeeding. It might also see you fostering that for others. We do this all the time incidentally.** Nothing needs effort in manifesting. That's not the same as "don't do". Trying is a sign that we're pushing, willing, needing. Don't forget breath as a manifesting tool. Allow it to help you birth good, flow, peace. Bless the universe and everything in it.

Lastly re the M.O....? The universe is huge. It has no limit. We'll never know it all. Only mind-full self rejects such statements. Its aim is to always, completely own and rule. **Any sense of pushing, pulling or "not right" is an intuitive, quality hint. Test these words. Out of nothing/silence comes all you need.** Creation starts on the energetic level as impulse, guidance, urge. Return to "I don't know" to sense your where to next; reboot in the present; release all blocks; and actualise better.

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"October"s reality numbers are "43/7" and "2174/5"

new logics and precision emerging

"October" looks to be a solid, building, shaping month. "7" and "5" assure this. **"Five" speaks of change, newness, adventure, and can be a phase that stretches. It likes to flag potential we've not reached; guide folk into that in conscious ways. It can also see more pioneering.** "Five", after all, is the change agent. That might be you, others or life in general over "October '23". We all add to flow as stretchers and binders. Which role would you rather be performing?

"Seven"s a time that wants more wisdom, practical intelligence, useful info. That can take the form of spiritual guidance or position self more as expert. **"7" flags the student and the teacher. We all play these roles continually. So, too, does life as a series of events. What might this month help**

you glean? "43/7" is a solid dynamic. It's all about awareness; insights that guide people well. Light bulb moments are, again, likely because all these numbers hint at self coming to (re-)know. The best form of that is practical in nature – useful, helpful, those sorts of things. Clarity, therefore, could come your way over these next few weeks.

"7", of course, features in both reality numbers; so does "4", the number that builds. **"Four" denotes models, frameworks, assumptions. It wants stuff checked and upgraded if need be. Life only tests to help us co-create what is solid into long-term.** "Seven" also flags mind that's over-churning; opinion and/or bias out of control. Don't be surprised if you keep learning how it pays to focus just on "me". We can overly reference to what's around us. Judgment is easy to kick into. As relative beings, we're here to use what we hear, feel, observe. Yet what self knows, at times, can be over-subscribed to.

"7" is this year. It wants us getting wiser about how life works and how we can engage with that. "5" is also busy. Don't be surprised if life nudges you forward – to a new level - in these next few weeks. **Taking away is a part of growth's process. Losses are shifts which create room for new. As self fathoms this, it engages better with evolution as a state of being.** There's a mix of active and passive numbers in this month's chart. This can make things feel better-paced. There's more focus on "1", too, so don't be surprised if things start to gel better than they have been. I suppose, at this stage, it's worth observing that we are now on our way to "2024". That's a new zone energetically. These next three months will help us all prepare for that.

What about your chart?

We each have a specific numerological profile that stems from our date of birth, full birth name and last birthday. I've outlined the collective rhythms for this month but have not talked about your **personal** chart. **Readings that merge numbers with intuitive downloads can help you transition through all sorts of things.** They're all about soul - linking to and channelling it more - and what can occur when we do this.

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Click here to watch Fran's Monthly Update for "September 2023". Fran observes how Jewish New Year often brings noticeable, energetic shifts. She looks at through the lens of this year's birth number, "7", and provides exercises to help you reboot.

Oh and remember to visit this section any time from 16 October to watch next month's Update.

breakthroughs are on tap, especially when self remembers to breathe

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