

The Monthly Observations

for January 2025



Happy New Year!

Welcome to Psychic & Energy Work's *Observations* for this month, "January 2025". They aim to help you make sense of things, life, as it unfolds. Implicit in this is intuition and how it exists to inform you. Numerology adds amazingly to this when it is used on a spiritual level.

These *Observations* can be worth reading with *This Year's* forecast. Do that [here](#);

scroll down to discover what's in store *This Month*;

visit [The Archives](#) to review last or earlier months.

Before we begin...

Fran is testing a mix of words ([here](#)) and video (on YouTube) to deliver her Monthly *Observations*. It's a learning curve. Please let her know how you find it, using the details on the [Contact](#) page.

Recapping last month...

Did you discover a few things in "December"? Did life help you live, love and "see" at whole, healthy levels all over again? The chart alluded to this occurring, not always in ways people enjoyed. **Four master numbers flagged a phase that wanted to guide self further into truth, healing, path.** Karmic evolutions were hinted at. If you purged and broke free of old rhythms, well done!

In one way, "December '24" was the perfect end to a year full of big. From a "few" angles, last year led folk through and beyond obvious and unconscious limits. **New world orders began emerging louder. That always starts with a clearing of landscape, physical and internal.** How many things shifted in your world? We're trekking the unknown - exciting but scary. Playing out as it did, last month was the perfect lead-in to this year.

[Watch a YouTube snippet about "December" to learn a little more.](#)

[Watch Fran's Monthly Update about "December 2024".](#)

Read all of her *Observations about Last Month* in [The Archives](#).

AND.... get across the [Observations for This Year](#).

Psychic & Energy Work offers face-to-face, video, phone or email consultations. Readings, mentoring, spirit work, all sorts of things. All formats are just as effective – sometimes, remote work even more.

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ps... call or sms for a prompt reply.

THIS “JANUARY”’S PROFILE

Each month delivers its own dynamics which interact with the year’s chart. **Checking out the numbers in this respect can help explain what’s going on.** Profiles like this can boost resilience, stamina, confidence, trust in life. Outlined below are this “January”’s numbers followed by some *Observations*.

Oh and ps.... It might be worth reading Fran’s [Observations about This New Year](#) before you continue. They will reinforce what’s discussed below.

This Month’s Chart

	<u>each year</u>	<u>in 2025</u>
Birth Number - what we’re here to learn about, channel & exemplify	1	2026/1
M.O. – the rhythms/lessons that will steer self to the birth number	27/9	130/4
Reality Number - the spiritual result(s) of doing such things	28/1	2156/5

This “January”’s numerological tally....

Combined with the year’s numerological profile, this month produces the following count. Examining a chart from this angle helps us understand what’s going on. It doesn’t, in itself, signal “good” or “bad”. What we can find initially jarring comes to guide us to better end states if we let it.

The tally for this “January” is:

Number	0	1	2	3	4	5	6	7	8	9
Frequency	4	7	9	2	3	3	2	1	2	2

When a number presents three or more times, its energetic and spiritual themes (and lessons!) tend to increase. **Bear in mind that I haven’t included your personal chart here. The numbers in that will reinforce the tally above. Get in contact if you’d like me to explore this with you.**

Let's look at how this month could present in your world.....

“January” offers birth numbers of “1” and “2026/1”

two “1”s guide folk to integrate well with now

“One” is a phase that teaches us about self – yes, the individual but also the frequency. We are what we channel and that is created through conscious and unconscious decisions. **There two levels of self broadly speaking: egoic “I”, a thinker and collector; and divine “I” which knows, lives, loves without bounds.** We're a mix of these two grades of “me-ness” and constantly learn through and because of them. “1” phases help people discover more about themselves and others as journey- and landscape-makers.

All numbers mentor but “1” phases show self how to engage with the flow called life. “One”, in this light, comes to breed confidence, self-awareness and -knowledge. It helps people see who they are, as individuals, minus all garb, models, fear. **It's self reaching the point where it can say, “I know me as a bubble, fact and offering really.” A “one” chapter helps us focus on our own life (business) as an objective value-add.** It's a phase when we learn to focus less on others – not because we don't care – and, through this, think, respond and offer more as adult.

Hence “1” can say, “mind your own business to grow the good you sense you can now.” “2026/1” contains a “6”. That vibe can mean balance, healing, feeling; doing what's required to be and share genuinely. It pays to do that with oneself first as a witness, observer, listener. **Hear what you feel before you start offering. That's how we ensure full integration.** In this sense, “January 2025” could help you tap into new grooves that feel positively reinforcing.

Fran talks more about “1” and what it can offer in Part 1 of her *Observations about this Month*.

“January 2025” wants to see constructive consolidation. [Click here](#) to watch more on her YouTube channel, [Psychic & Energy Work with Fran Davidson](#).

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This month's M.O.s are “27/9” and “130/4”

reinforcing this year's chart; getting things in order

The M.O. flags how life's about to help self create and channel more of the birth number state (above). It matters as a dynamic. We often learn deepest through how things unfold and

present. Each "January" brings "27/9" as the generic M.O. This year, we also see "130/4" on the specific level. **This year's M.O. is "130" so this month and year could start with some bangs. Other than fireworks, you could sense a stronger need to fathom and/or get ready. "Four" is "preparation", "organise what's needed", "get everything into gear".** Here as well, the universe is helping everyone simultaneously.

The new year tends to energetically kick in when the lunar year turns over. On "29 January", this year, Wood Dragon leaves and Wood Snake enters. **At least because of this, "January" always tends to feel like a preparing zone. "27" hints at more head stuff. That often builds when life is slow.** Astrologically, a few planets are retrograde. Those phases help self review. "Four"s also a time when audits are wanted; next steps are researched to the point of "I get it!"

By knowing ourselves, our values and reason ("1"); using time out to check views and first urge, and connect to true, spiritual guidance ("0"); and "making space to hear what we and all others need and think ("3"), we'll come to better appreciate landscape; what it needs; how to next do. **"Four", after all, is the military general organizing troops for the next drive and campaign. "7" is "mind", "thinking", "knowing".** It can boost the ways or times self becomes fixed. We all judge, opine and project. That is human and, so, ain't the issue. It's not so much "what"; it's the before, during and after "how" that shapes.

Do we know how to mentor such rhythms? Phases marked with "7" can find people stuck in what they have heard, remembered, fathomed. **When left to run any line too long, mind can start acting like a safe – i.e. once things go in, they replay and whirl through; without any challenge, mind creates stuff. That can start to flavour the present with too much past and what is feared and/or known.** Mind's a computer that benefits from down time. Choosing to release what's been lived for a second helps to let even more knowledge in. "Seven" asks self to let go of all thoughts to check where it's at and make sure perspectives are wide and deep.

So, this "January" could get you in sync with what and where you need now to know. It could entice people to let go of mantras and quality-check responses. **A second opinion can always add value. That is on hand intuitively. Sure, consult others but we know when we know. The gut feel never lies. Tension informs when we give it the chance to speak and shift.** Trust divine guidance. Focus to receive that as well. Don't be afraid of dissonance. "27/9" hints at people learning about such things and coming to closure as a result.

The universe is always helping – even through what self can call blocks. We have to first remember this as a felt fact. Some days, that needs a bit of effort. "9" and "130/4" hint that awareness is going to blossom this month. It's perfectly timed at the start of a new year - Gregorian or Lunar! **"Nine" and "four" are passive numbers. They make us sit still, somewhere, somehow, to discern practical, future-helping things. From there, we're ready; we've done all our research.** "4" leads to "5" – take-off, action. So? If this month prevents you from launching into your new year now, use these dynamics. They're here to help. Source only slows flow to help self hit target.

Fran delves further into this month's M.O.s in Part 3 of her YouTube Observations for "January 2025". [Click here to watch that](#) and [get in contact](#) if you want a reading, mentoring or other forms of energy work.

clearings, healings & meditations over video or phone

... not to mention readings and other forms of energy work. Life can present in ways that stun, often just as we need to stay grounded. **Via phone, video or email, Fran tunes in to help you understand and clear.** Sessions are recorded so that you can revisit the guidance you're given.

Enquire or make a booking [here](#).

Read google reviews [here](#)

"January's reality numbers are "28/1" and "2156/5"

change, can do, flexibility, readiness to grow great

"1" and "5" are potent numbers. They often help self see more of what it's made of in a future-breeding sense. These two vibes can team-up to flag where people doubt, fear, resist. Where they've yet to know life put another way. **Both digits help folk sense their potential – character, skills, opportunities. They come to lead self to the next level; that part it's never let out to be. "Five", in this sense, is liberation; the moment we step free of what's held us back.** "1" helps self know what is good and upgrade any aspects which aren't quite there.

"5" helps self know that "you can do it" even if obstacles stand in its way. This month we're due to come into resilience; step more confidently; represent the level of being we sense we can achieve. "Five" can also speak of tolerance, forgiveness. This can highlight where selves need to be more accepting. **Inclusion, enabling are "5" rhythms, too. Where might this "January" help you make space for others?** We move forward best when everyone's included. Through collaboration, end-points long-term manifest. "5", in this sense, is self holding its hand out to help every other "1", "me", "my" across the line too.

Team work isn't a place of surrendering value or ambition assuming they're born in integrity. Respect is the stance all of life requires if healthy, wholesome wins are to come through. "28" says that relating and exchanging will matter, this month, as ways folk birth more "1". **We're always learning through close and distant relationship. Don't be surprised if this "January" shows you how to enable being, life, as a part of flow.** That might just play out within and around you. Source could also help you sense more of its goals, too. We're not only here for the sake of ourselves. This month could trigger more awareness about this you.

Psychic & Energy Work's Monthly Observations for Jan 2025 (cont'd)

Lastly for here...? "2156" introduces a second "6". More balance, peace, love, care could surface this "Jan". "Six" also means "heal" as/what you need to. What better time than "January"? **Like "December, we seem to be taken care of as this new year starts. Life is often slower at this time of year, giving self the chance to reflect, process, clear.** This month seems to want people connecting with what's core as a piece of knowing (guidance!). Through this, we always birth more spiritual, adult that's future-, leader-ready (i.e. "1"). Get ready to live, breathe, resonate with and share whatever you learn this month! Affirmation is a wonderful place.

There's more about this month's end states on youtube! [Click on this link](#) to watch part 4 of Fran's ***Monthly Observations***.

What about your chart?

We each have a specific numerological profile that stems from our date of birth, full birth name and last birthday. I've outlined the collective rhythms for this month but have not talked about your **personal** chart. **Readings that merge numbers with intuitive downloads can help you transition through all sorts of things.** They're all about soul - linking to and channelling it more - and what can occur when we do this.

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Check out my [courses](#);

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[Click here to watch Fran's Monthly Update for "December 2024" on youtube.](#) It supplements these Monthly Observations and, hopefully, helps you. Last month saw the end of a very full year. "2024/8" helped people step further into what really fits – for them - and matters. Last month's Update explored "December"s chart and why the first half was full on. Fran outlined ways to work with these dynamics. "December" came to get folk spiritually "2025" ready.

Come back 16 January or just after to watch Fran's halfway Update for this month.

ground and clear well to make this year great

[contact](#) Fran to learn, get support or ask a question