

The Monthly Observations

for July 2021

Welcome to Psychic & Energy Work's *Observations* for "July 2021". **They profile this month's energetic rhythms and link to this year's forecast.** They aim to help you learn and process spiritual and energetic life. Implicit in this are intuitive and invisible dimensions. Insights about collective rhythms can be useful when life's challenging. They help us link back into the big picture – what's truly real (and really true!) universally.

Scroll down for the *Observations about This Month*;

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In case you missed this on the Home Page...

Psychic & Energy Work offers face-to-face, phone and email consultations – every format is just as effective. It's set up to meet social distancing requirements. **To make a booking or explore what format suits you, get in contact [here](#).** I only log on to emails Monday to Friday mornings so call or sms if you want a faster reply.

"JULY'S NUMBERS

Every month brings its own dynamics which interact with the year's chart. Outlined below are the main numbers followed by my *Observations*.

This Month's Chart

	<u>each year</u>	<u>in 2021</u>
Birth Number - what we're here to be/become & exemplify again	7	2028/3
M.O. - how we're likely to arrive at that point	14/5	109/1
Reality Number - the spiritual result(s) of doing such things	21/3	2137/4

"July 2021's numerological tally....

Combined with the year's numerological profile, this month produces the following count.

Examining a chart from this angle can help us understand what's going on. It doesn't, in itself, signal "good" or "bad" (life often delivers a mix). What we can find initially jarring often promotes

better existence. A count like this can help us process and make sense of things. When a number presents three or more times, its energetic and spiritual themes (and lessons!) increase.

The tally for this month is:

Number	0	1	2	3	4	5	6	7	8	9
Frequency	3	9	7	3	2	4	-	2	1	2

Let's look closer at this.....

“July”'s birth numbers are “7” and “2028/3”

self's always learning through what it thinks

Noted on the *Home Page*, “7” means mind – thinking, perceiving, in balance or not. It denotes life as a lesson; a time to cleverer/sharper. That's a constant but can be inflated whenever “7” pops in. What's known, opined or focused upon can guide us well or hem selves in. We can view mind as a container with limited range and edges too firm. We can also let it run 24/7 without any breaks or quality checks. Breeding good boundaries, models and actions requires us to moor healthily. **Mind is a bowl in this respect and needs to be nurtured energetically.**

Manifesting well can want us to make room for newness to come. This needs to happen in mind as well so that insights arrive untainted. For the sake of the whole, “7” denotes a range of positions and scopes. We can all swing through the landscape of knowing – too much or too little – from time to time. **“7” asks selves to connect and sense first so as to enhance endpoints and plans.** Within this can lie a sense of adapting; accepting new info and perspectives. That needn't involve ditching what we've come to. That depends on what we've been harbouring.

A flipside of “7” is meditation; making more space for soul and quietness. It can promote the need to surrender inner narratives and silent chat. “7” can find us bombarded by voices – our own, other people's, media. None of that needs to be seen as wrong but things grow best in balance. Loud “7” moments can increase self's need for quiet. Through this, life steers us back to receiving, intuiting and responding well-aligned. Nothing is guidance – blank space isn't real space. **It pays to make room for downloads regularly. No bigger picture is ever a waste.** We can always know more and we're all intuitive.

So? Working, living, striving too hard can breed excessively mental zones. Benefits flow when people choose time out. Balance is an outcome only gained when it is grown. “7” likes to grow self's sense of “I know and am” spiritually. Such outcomes require grace; knowing that life supports and feeds constantly. Overly-channeled selfness promotes egoic issues and states. **“7” flags the dance between space and structure; openness and fence lines; flow and limitation.** Knowledge can hinder or free up what comes; make life a green field or prison cell. I'd argue that we all channel both states reasonably often. That's life; being human. This month could add note-worthy value.

It's interesting to see this “July”'s “7” accompanied by “2028/3”. **“3” wants selves realising, expressing, producing and emitting good energies.** These two numbers work well together, revealing how to foster or block health. What we know, think, affirm and feel determine what happens next. “2028” hints at people dynamics, positioning, relating, sharing space (“2”); the need for time out and spiritual connecting (“0”); and preparing to cook, grow, make better (“8”). “2” helps us partner up; work in tandem. “0” guides self to focus more divinely. “8” also quality-checks stances – does all feel well; is life good; are you really happy?

In light of all this, this month's birth numbers could promote more soulfulness. We tend to facilitate healthy (good) flow whenever we let Source in to guide. **"7" is "learn". "3" is "receive" as well as the dare to let life speak. It pays to stand in the shoes of observer even when we're busy with things.** Fixed views can block our ability to witness and that's how self can start managing too much. Strategic mindsets always add but, as solid projection, can obstruct flow. Egoic self, as life's driver, forgets the universe ain't employee. "3" and "7" can conspire to highlight our place/role in manifesting. We're **partners** with Source, not its directors. Overly-knowing tends to birth negatives. Life is expressive. It is never not showing us something we will use, somehow, in a while. Sometimes, we get this; at others, we don't. Do you observe as well as you lead/drive?

Hence.... "July '21" could promote wisdoms around the above, over again. "8" will steer you to **your** mooring – your **own** style of being, living, exchanging. It divests of models that are generic. If anyone else can be or do that, why can't you? "2021" carries three "5"s which cry, "YOU CAN DO IT!", especially when you allow life to help you. **"July '21" could bring some great turns; stronger, wiser, clearer, great.** "7" can flag the war of minds or the guru who, with life's assistance, always finds his/her way.

My Clearing Cards® help self back to core

Life flows best when we choose to release egoic rhythms consciously. There is no such thing as coincidence, especially in spiritual realms. There are 80 *Clearing Cards*® to a set, each offering two levels of message. Either or both can help you shift; discover and intuit more. Life reveals heaps when we relax; focus on breath; and give life the space to wholistically inform. **To purchase or read more about my *Clearing Cards*®, go through to my [Shop](#) or click [here](#).**



This month's M.O.s are "14/5" and "109/1"

stretching, building, growth anew

These two M.O.s are the same as last month. That suggests a continuance of themes. "5" seeks growth, adventure, stretching. It can boost motivation and energy. It's one of the most active phases of the cycle "0" to "9". Ventures often launch when "5"s come in force. Four of them could find you more active. "5", after all, says "Let's Go!" We're just past midway – it's the seventh month so these dynamics could heighten. The first half of a year, numerologically, can want us to sense what needs to shift. The second then sends in space to help us adjust/step into new being. **"July '21" could pull stuff together; find you feeling more on track.** If it does, those "5"s are revealing how the universe always has your back.

"109" and "14/5" pair up well, too. All numbers do; some more than others. "5" flags **meaningful** newness – i.e. change that pulls focus onto what people are ready for. "109" does this, too – helps us learn what's "me" and how to back that better. It carries two "0"s – obvious and subtle - because it adds down to "10" then "1". "0" denotes our connection with Source, the universe, higher self. "1" is a time for connecting with soul in "me", "you", every-thing & -body else. It guides us to know "real me" and release all of our doubts, worries, fears. **"Know thyself well" is another "1" mantra.** We tend to launch best ("5") from that mooring.

The M.O. flags **how** we are due to learn about and channel more of the birth number. “5” also marks flexibility. This “July” could foster a sense of grace. “5” can be busy, especially when it’s accompanied by other active vibes. This year’s profile could amplify things; so could the “3”s in this month’s chart. We’ve a few passive numbers – “7”s, “3”, “1”s, “9”, “10”. They like to slow us down; birth space to reflect. Don’t be surprised if this month highlights how you could rebalance.

Moments to act then space to review. Passive numbers trigger such dynamics. That can help wonderful launches flow well – enough space to act **and** finetune where that’s needed.

With a chart like this, “July ‘21” could find you dosey-do’ing between these two states. “4” likes healthy, solid structures, assumptions, approaches, plans. Such things can get tweaked when this vibe visits. Four “5”s, as well, could see all sorts of improvements come in. “5” is adventure – invited or not – to the point of thrill-seeking. It can boost our levels of inspiration or frustration at any time. **“109/10/1” can want backbones stronger. Where are you ready to get going?** These vibes together help us pioneer; step out on journey less wobbly in stance. “5” is pioneer – not always a lonely space – and can provide room to birth your path. The sense of superhero – ready to fly high, no matter what – can present strongly. Here, as well, is a sense of movement healthily, focused, spiritually.

clearings, healings & meditations over the phone

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“July”s reality numbers are “21/3” and “2137/4”

expression, insights, reinforcing times

These numbers tie into what’s observed above perhaps more than usual. They speak of more synchronicity - with this, could come reinforcement. “21/3” is potent – it’s “me” and “you” making life happen. It can, as such, feel more inclusive and supportive as a zone. Inner and outer worlds can seem more integrated. Confidence, optimism, could get a boost. With this, emerges a sense of more readiness or exactness in what we be and do. “3” is “communicate”; “let flow happen”. That can point to what’s been held in. This can involve emotional breakdowns – not always but it’s possible. “3” says “express yourself truly, really” and “let what’s in out to help life unfold well”. It can be, therefore, a processing prompt; the need for self to let out what it has held down. This can involve talking with others but usually starts with self. We have to link into the words to then say them. **“3”, in this sense, flags commune with Source and/or self. It highlights how to nurture flow at all levels – from guidance, to self and outer worlds.** Intuition is included in this (i.e. guidance/expression from the universe). Even here, there is reinforcement on the “7” dynamics above. Don’t be surprised if words need to flow more – out of you, me, other beings or life in general – this month.

All of these *Observations* suggest “July ‘21” could be rather healing. “4” likes nice, sturdy foundations; platforms we can bank on from here. It can be a phase that up-ends structures; levels old frameworks; preps new building. “3” and “4” partner well – one denotes insights; the other,

sound plans. There's a range of positives emerging out of the chart called "July". "2137/4" also carries "21/3" – do you notice that pattern appearing here twice? All in all, we'll grasp some new points; be invited to centre; and adjust best we can. **In and out; loud and quiet; dancing and resting - those sorts of themes - appear a few times in this month's chart.** With this, can flow integration – logically first then in deed. Don't be surprised if this "July" helps you access/do more of what you really need.

What about your chart?

We each have a specific numerological profile that stems from our date of birth, full birth name and last birthday. **I've outlined the collective rhythms for this month but have not talked about your personal chart.** Readings that merge numbers with intuitive downloads can help you transition through all sorts of things. They're all about soul - linking to and channelling it more - and what can occur when we do this.

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