

Welcome to Psychic & Energy Work's Home Page

for July 2021

Hello and welcome to Psychic & Energy Work, a Sydney-based site focused upon spiritual growth. It aims to help people make sense of invisible dynamics as they arise in the "real" world. By releasing what's "not" energetically, we help to optimise life. That's, after all, layer upon layer and the dare is to get the balance right.



Psychic & Energy Work offers readings, healings, spirit work, space clearings, past life sessions, numerology, courses and intuitive mentoring. It is all-culture, -ability and -gender friendly. To learn more, scroll through the *Pages* menu to the left or below (depending upon the device you're using).

To read some reviews, click [here](#);

get in contact via phone, sms, email, WhatsApp or Skype; and...

feel free to look through my *Shop* as well!

Face-to-face sessions are available and adhere to social distancing requirements. **Working at a distance is just as effective.** We can work this out when you [get in contact](#) (which is best done via phone or sms).

Recapping last month...

Last month brought some interesting rhythms. I suppose we can say this all of the time. How did you find it? From my position, it stretched and nurtured in a few ways. It wasn't devoid of surprises, tragedy or further learning via people. We're here as mirrors and prompters of growth, and tend to ride smoother when we embrace this. **Last month brought more lessons re adult; how child, at times, tries to force a point.** Egoic self can lob on the doorstep insisting its bags are carried by someone else. We can all do this. That's being human – "sometimes" we unconsciously project. Self's not always aware of how its assumptions and expectations are shaping things. Communal **and** individual patterns also affect life energetically. Here lies the dare and constant invitation to get the balance right more spiritually.

Two master numbers featured in "June" – "11/2" and "10/1" – subtly. The emergence of "1"s via karmic dynamics prompted awareness about leading. A few countries saw changes around this; global issues took more to stage. "1", as master number, wants self in realness, channelling the best "I", "me", "my" it can. "1" also promotes mentoring of self. Inner child can become too focused. Respecting and honouring gut feel is another "1" vibe. Did your "June" deliver such rhythms? Wavelengths like this tend, in hindsight, to help us prepare for what's on its way. **Feel free to review my *Observations about Last Month* or earlier by visiting *The Archives*.** You can also read about this year by clicking [here](#).

New Videos Posted in July!

... About past life work; imagination vs intuition; and intuitive vs spiritual guidance. Watch them on my YouTube channel by clicking on the image to the right or going through to my [Videos](#) page. Like earlier posts, they provide snippets about psychic and energy work, and aim to help you access greater guidance.



What about this month?

This month could feel kinder/gentler. I said that last month, too. There's one master number and fewer active vibes. Two "7"s could heighten intuition. With that, can emerge useful insights which affect futures in grounded ways. "3"s and "4"s will reinforce those "7"s. **You might sense more learning; lightbulbs flashing on.** All of these numbers add **useful** meaning. "7" can also flag opinions embraced or needing to be shelved. Overly mindful self can become rigid but we're here to receive – take in to give out. Mind can make the dance called life harder. It's an interesting realm that can add or subtract. Connecting universally tends to help us function best. Sometimes, self can misperceive what's involved in manifesting well.

The realm of thought, knowledge, belief can result in too much efforting. That can take the form of rushing about or see us overly willing or projecting. Source ain't unkind, unsupportive, unaware, exclusive, blind, deaf, mute. It's way ahead of self on every aspect; already in tune with what's needed. We don't need to push or will to "make" life happen. This can sound odd because action is required in some way. How much of that, however, needs to lie in maintaining focus (not so much driving everything)? "Real worlds" gain when self relaxes, breathes, allows, lets life's flow in. **Mind is a receiving vessel, not just a bank for data output or assimilation.**

So... This month might help lives rebalance. Are you entertaining enough of that? To give out and/or get all that we're here to, we need to receive the right vibes first. **This month's "7"s could boost awareness; more spiritually real views about things.** This number often helps self come to know and sense that the best way forward is "this". "7" can be a zone that releases excess; hones perspectives; reduces waste. It often nudges folk beyond "sorta" – a place where life's more hit and miss. Fewer "2"s will boost self-discovery – what are you here for; what does path now seek? These two dynamics go hand-in-hand. Child evolves in bigger pictures. The dare is to be self truly. This month's "9"s and "3"s will foster unity and care. Agreement only flows once integrity's in place. **To read Psychic & Energy Work's full forecast for this month, click [here](#) or upon *Monthly Observations* in the Page menu. For my *Observations about "2021"*, click on [this link](#).**

Most Mondays, I post a snippet about psychic & energy work on social media. To connect with me and read them, click on the appropriate link: [Facebook](#), [Linked In](#), [Pinterest](#) or [Google](#).

Other things to do whilst here...?

Learn more about Psychic & Energy Work on the *About* and *List of Services* pages;

You can hear the *Monthly Observations* or order *Meditation Files*;

Listen to last month's interview on Three D Radio [here](#);

Read *Articles* or download earlier *Observations* via *The Archives* page;

Check out my *Observations about 2020* [here](#); and/or...

Learn more about my *Courses* in intuitive development or numerology.

On Thursday, 1 July, I'm joining Michael Hunter on this month's Metaphysical Show on Adelaide's Three D Radio. Join us at threedradio.com, 9pm South Australia time, as we go live-to-air. We talk about things energetic; look at numerology; and offer free mini-readings. If you'd like one, email your first name, date of birth and question to metaphysicalshow@gmail.com before or during the program.

Some background... The Metaphysical Show is one of Australia's longest-running, spiritually-focused radio programs. Over the last 3 decades, Michael has connected listeners with "new age" thoughts, practitioners and music. I am fortunate to accompany him regularly and, once on air, the Show just kicks in. **If you can't tune in this month, feel free to come back from July 5th to download it here.**



Based in Sydney's Inner West, I work with people face-to-face, via phone, video, email, Skype or WhatsApp. **To develop intuitively or book a session, [click here](#).**

Thank you for visiting Psychic & Energy Work.com.au

Kind regards