

## Welcome to Psychic & Energy Work's Home Page

for August 2021

Hello and welcome to Psychic & Energy Work, a Sydney-based site focused upon spiritual growth. It aims to help people make sense of invisible dynamics as they arise in the "real" world. By releasing what's "not" energetically, we help to optimise life. That's, after all, layer upon layer and the dare is to get the balance right.



**Psychic & Energy Work offers readings, healings, spirit work, space clearings, past life sessions, numerology, courses and intuitive mentoring.** It is all-culture, -ability and -gender friendly. To learn more, scroll through the *Pages* menu to the left or below (depending upon the device you're using).

To read some reviews, click [here](#);

get in contact via phone, sms, email, WhatsApp or Skype; and...

feel free to look through my *Shop* as well!

Face-to-face sessions are not available available during Sydney's lock-down. **I can work with you via phone or video though.** This is just as effective. We can work this out when you [get in contact](#) (which is best done via phone or sms).

### Recapping last month...

"July 2021" had a few processing numbers in its chart. Outlined in last month's *Observations*, this was likely to slow things down. Here, in Sydney, that manifested as a covid lock-down around the 1<sup>st</sup>. Through this, all sorts of spiritual rhythms were triggered. A few of them enlightened people - restriction wears, as many know. It also generates space for insights. **"July" may have brought you more downloads. "3"s, "4"s, "7"s and "9"s wanted selves sensing new ways to be. This can require the release of old first. Such moments add value ultimately.** "3" is realise; "4", awareness; "7", getting wise about practical stuff. Teaming up, these vibrations helped patterns clear up. Sitting still can be painful but always comes with benefits. One of these can be the birth of new approaches to being, distilling and creating in truth.

Egoic self is a leaner – on people, props, assumptions, stuff. It fears the release of whatever helps it exist in a ring of steel. Last month heightened such dynamics – e.g. using other people to have one's way. Limited "I" isn't sure of the long-term. It's often out of presence, getting in soul's way. **Stillness is great for bursting illusions which invariably birth from excess mind. Months like "July" nudge self beyond that into greater oneness.** We can, at such times, need to release him, it, her, them. Last month's chart shored up potential so that good futures manifest. This year wants change, even in lock-down. "July" highlighted such themes. We're now in the 8<sup>th</sup> month so don't be surprised if "August" helps you feel more long-term solid, focused, grounded, healthy. **Feel free to review my *Observations about Last Month* or earlier by visiting *The Archives*. You can also read about this year by clicking [here](#).**

### New Videos Posted in July!

.... About past life work; imagination vs intuition; and intuitive vs spiritual guidance. Watch them on my YouTube channel by clicking on the image to the right or going through to my [Videos](#) page. Like earlier posts, they provide snippets about psychic and energy work, and aim to help you access greater guidance.



### What about this month?

This month is master number-free - the only one this year. This could see a little less pressure and, maybe, more focus upon “real life”, physicality. Karmic vibes can boost energetic and invisible realms. They often call for spiritual action – processing, healing (that sort of stuff). **“August” could bring more space to regroup. That’s definitely on for Sydney! Selves may sense a lightening in pressure.** Fewer “0”s could reduce nothing and lack as themes. “4”s want selves building for the future. Making cognitive headway. “8”s like to firm up life paths and point to where improvements can be made. They can also magnify energy levels. “4” can join in to crystallise scopes. You might find this month wonderfully guiding you somehow.

“4” and “7” also pair well. “4” and “8” hone self’s vision; “4” and “7”, mental shifts. “4” flags awareness; “7”, learning, teaching, sharing wisdom. “7” triggers practical insights; an end to questioning and doubt. It marks the moment we come to know fully; our arrival at balanced or out-of-sync “I know”. **This month could bring more learning via unlearning. Life can be all about this. Waking up is perpetual – self swings between thought and knowing intuitively.** “7” calls folk to health-check knowledge so that they remain in tune. It flags the dance between self as channel and the Divine as Source of wisdom. For all we know, we’re limited beings who always gain by referencing up. Use this month’s space and perceptual rhythms to test and step into new worlds. **To read Psychic & Energy Work's full forecast for this month, click [here](#) or upon *Monthly Observations* in the Page menu. For my *Observations about “2021”*, click on [this link](#).**

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**Most Mondays, I post a snippet about psychic & energy work on social media.** To connect with me and read them, click on the appropriate link: [Facebook](#), [Linked In](#), [Pinterest](#) or [Google](#).

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### Other things to do whilst here...?

Learn more about Psychic & Energy Work on the [About](#) and [List of Services](#) pages;

You can hear the [Monthly Observations](#) or order [Meditation Files](#);

Listen to last month’s interview on Three D Radio [here](#);

Read [Articles](#) or download earlier [Observations](#) via [The Archives](#) page;

Check out my [Observations about 2020](#) [here](#); and/or...

Learn more about my **Courses** in intuitive development or numerology.

**On Thursday, 5 August, I will join Michael Hunter on this month's Metaphysical Show on Adelaide's Three D Radio.** Join us at [threedradio.com](http://threedradio.com), 9pm South Australia time, as we go live-to-air. We talk about things energetic; look at numerology; and offer free mini-readings. If you'd like one, email your first name, date of birth and question to [metaphysicalshow@gmail.com](mailto:metaphysicalshow@gmail.com) before or during the program.

Some background... The Metaphysical Show is one of Australia's longest-running, spiritually-focused radio programs. Over the last 3 decades, Michael has connected listeners with "new age" thoughts, practitioners and music. I am fortunate to accompany him regularly and, once on air, the Show just kicks in. **If you can't tune in this month, feel free to come back from Aug 9<sup>th</sup> to download it here.**



Based in Sydney's Inner West, I work with people face-to-face, via phone, video, email, Skype or WhatsApp. **To develop intuitively or book a session, [click here.](#)**

**Thank you for visiting Psychic & Energy Work.com.au**

**Happy August!**