

## The Monthly Observations

*for May 2021*

Welcome to Psychic & Energy Work's *Observations* for "May 2021". They profile this month's energetic rhythms and link to this year's forecast. They aim to help you learn and process spiritual and energetic life. Implicit in this are intuitive and invisible dimensions. Insights about collective rhythms can be useful when life's challenging. They help us link back into the big picture – what's truly real (and really true!) universally.

**Scroll down for the *Observations about This Month*;**

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Psychic & Energy Work offers face-to-face, phone and email consultations – every format is just as effective. It's set up to meet social distancing requirements. To make a booking or explore what format suits you, get in contact [here](#). I only log on to emails Monday to Friday mornings so call or sms if you want a faster reply.

### **My Clearing Cards® are handy for coming back to what's core**

Life functions best when we release egoic dynamics on conscious levels. There is no such thing as coincidence, especially when living life spiritually. There are 80 *Clearing Cards*® to a set, each one offering two levels of message. Either or both can help you shift; discover about energy; intuit well. Life reveals heaps when we relax and let go; choose to breathe; and let Source inform and heal. To purchase a set or read more about my *Clearing Cards*®, go through to my [Shop](#) or click [here](#).



## “MAY”S NUMBERS

Every month brings its own dynamics which interact with the year’s chart. Outlined below are the main numbers followed by my *Observations*.

### This Month’s Chart

	<u>each year</u>	<u>in 2021</u>
<b>Birth Number</b> - what we’re here to be/become & exemplify again	<b>5</b>	<b>2026/1</b>
<b>M.O.</b> - how we’re likely to arrive at that point	<b>12/3</b>	<b>107/8</b>
<b>Reality Number</b> - the spiritual result(s) of doing such things	<b>17/8</b>	<b>2133/9</b>

### “May 2021”s numerological tally....

Combined with the year’s numerological profile, this month produces the following count. Examining a chart from this angle can help us understand what’s going on. It doesn’t, in itself, signal “good” or “bad” (life often delivers a mix). What we can find initially jarring often promotes better existence. A count like this can help us process and make sense of things. When a number presents three or more times, its energetic and spiritual themes (and lessons!) increase.

The tally for this month is:

Number	0	1	2	3	4	5	6	7	8	9
Frequency	3	9	7	3	-	4	2	2	2	2

Let’s look more closely at this.....

### “May”s birth numbers are “5” and “2026/1” more conscious growth and daring are due

“5” and “1”, presenting together, tend to call for (more!) spiritual growth. This can find consciousness increasing wherever it’s sought by the universe. “5” says “evolve”; “stretch where you’re able so as to grow greatness ahead”. It can nudge selves towards their more in ways that feel pushy/unfair. Here, it can feel a bit of a put on – “I want to do this but life’s blocking me”. Like all other numbers, “5” comes to build strength, focus, integrity. It gives us the option of sink or swim – i.e. stay in optimism or channel doubt. All is choice – we don’t have to opt in but what comes in mirrors what we emit/put out. “5” chapters force us to grow; break free of limit; achieve the wildest of our dreams. Working like this, they introduce rhythms we initially resent but bless later on. Hindsight’s a smartie but what really shapes life is faith, self-knowledge, focus (or not). “5” is “stretch because you **will** love it” - i.e. the results which emerge from doing so. As a spiritual vibe, it often requires us to let go of mind and take a big breath (and step) into unknown. As soon as self releases all doubting and gives “it” a go, things start pulling/coming together. “5” can denote Source asking for “blind faith” in ways that don’t seem kind but always have our back.

“Grow ‘cos you can” is a “5” statement. **Know** you are being supported by life. “1” can also present such lessons being selfness and stance. It can pull wisdoms to the surface in ways that empower everyone. It cries “be me” as an inclusive, reciprocal, co-operative theme. It likes to trigger end

points like this by first presenting as loud self-concern. Overt or subtle, egoic “me” grips what it’s come to; mind can exclude flow. It can, when overly focused on outcomes, begin to grip, fixate, push. Life, self or others - often all - tend to start feeling out of sorts when we do this. Here is where “May”’s “8”’s might breed stress, short-sightedness, so as to reboot approaches. Through this, the “1”’s will be helping outdated rhythms to evolve, sort, clear.

Life likes to guide self back into wholeness whenever it seems to wander off-track. There is no failure of path-fulfilment – we arrive whenever we get there. The dare is to enjoy being human in the midst of all this and remember your co-creating role. People can be asked to back their gut feel, intuition, to journey well and experience more. “1” can flag a time to stand solo – remain true to self even when no one else agrees. We’re all unique, different, odd and often reconnect into purpose, place, value, power when we authentically embrace this.

“10/1” will boost what I’ve just run through. “0” adds space, silence, time out. It can promote lack or loss in ways that teach us to go **with** the flow (not against it). Receiving well is still a hands-on lifestyle. Imbalanced “1” can find us over-managing life. Expectations, forecasts and assumptions are common yet get in the way of life. Egoic self loves to manage and drive things; subordinate Source as a key to its plans. Self may not mean to shout, “I am in charge of the universe!” but we often do that when we’re in our minds too much. Mind-full “me” gets used to its trimmings – knowledge, opinion, people, things – and often starts gripping or getting narky when facing unexpected shifts. We can all forget that we’re renters, for a moment; here for a time and purpose. When things begin shifting without approval, it’s human to doubt, fret, angst. No one likes to lose whatever they bank on unless they’re already planning that.

“0” is “nought” as the very start of something new but often presents as, “time’s up; that’s it!” Egoic self is street-smart not a long-term planner. It’s forever shooting itself in the foot as it overly knows or strategises people/things. In spite of resistance, doubt, frustration, life’s always guiding us to future good. “5” and “10/1” as birth numbers (this month) could see things evolve in all sorts of ways. “5” can be helter-skelter; a pushing, pulling, cornering time. Its fullness helps egoic selves refocus on the fact that they can **and** will as soon as they release all doubt, pessimism, faith-less-ness. It asks us to remember all the times we’ve broken through what’s not to attain new heights. Focus matters, especially in “5” zones – that, and remembering nothing is constant. How can you grow wonderful fullness? Breathe, release **and** let life assist. “2026” hints at people learning how to be, do **and** share better as spiritual beings.

### **This month’s M.O.s are “12/3” and “107/8”**

the universe will help you sense, glean and go another degree

“3” is a space that calls for expression – the honest, open, decent type. As a phase, it helps people sense how to live in the present, away from hype. “3” is “flow” which never happens fully if self over-mithers or -pushes. Egoic “1” gets in life’s way easily and often! Yet, “12/3” is potent: a phase that promotes soulful strength, self-knowledge. It often helps life flow better than it has for a while. “3” can denote manifesting; making things happen; those sorts of things. Here, it asks “are you entertaining and emitting the right frequencies?”

Expression’s a state with so many angles (like any aspect of life). What we put out – thought, feeling, mantra – informs the universe about what we’re ready to let in. Silent narratives are instructions; limits or enablers to receiving. One can live unconsciously for ages then, all of a sudden, Source starts revealing. Here is where life can corner self-ness even if we’ve been doing well. The Divine slows things down to help us discover, release, reboot, manifest potential. “12/3” is a time for assessment - how are you doing; what more or less? It also flags lessons in relating; how others

affect us and we, them. The rhythms that flow are end states/products of what we generate, first, via mind. This can include what we know we're thinking and feeling, or more unconscious/subconscious vibes. "12/3" wants healthy flow and creation; it targets mantras to enhance them. What we put out mirrors back. How can you, now, help even better come in?

"3", then, denotes manifesting and who doesn't like a bit of that?! What do you want as state and/or rhythm? Decisions like this is where physical worlds take shape. "3" can bring lessons in how to manifest what we're aiming for. Here, it can feel like "8" as a chapter as it boosts awareness for what success means to self. This is such a personal rhythm yet one that often contains the same adjectives. What matters more than balance, harmony, that sense of inner peace? Without it, all other states go awol. "8" is "success". What does that entail? Are you really nurturing what lies at core? "Success" is a movie; not just one photo. What you put in and entertain matters. There ain't no point living in ways which delude. We all do this often- such is the power of model, belief, any mind-based system. Heart matters; soul's real; Source does help. This month could be your time to get in line. Taking care of things from a spiritual angle tends to grow meaningful, fulfilling lives.

You know, life is a process; it's never at end point. Flow in, flow out - everything moves. We're here for a time, renters only who don't actually need to mither or grip - unless, of course, we're over-zoning in on the need for constancy. "12/3" and "107/8" could, this month, reveal more about such things. "107" can deliver time out to learn and digest stuff. When self remembers that it's just here for a moment, every second begins to count. Constancy's futile as an ambition. It ain't going to happen so why aim for that? None of this needs to breed flippant stances. It merely flags the gains from staying present as much as we can. Embracing flow out makes room for newness. When we over-think and -grip, we just get in life's way. Movement is a given; love what you love; have and enjoy but don't waste your time trying to make it stay. Self's best bet is to stay linked to universal (and divine!) assistance, guidance, protection, flow.

When we live in spiritual connection, life tends to unfold as we sense it can. That doesn't make every day pleasant or easy (this is just egoic self hoping/expecting again!). "7", as "learn", teaches us such things. This month could help people wise up. Embracing such stances can help us remain grounded when "5", "10", "8" and "12/3" are visiting all at once. The more we remember Source as a real vibe - a conscious, knowing "I" that wants good equal - the more we make room for what is divine fill the world (even in our books). Universal vibes can fill space, heal issues, nurture selves, lead well, protect, love. Receiving is key to manifesting. How can new come in if you fill all space up? Give Source back the reigns to Its creation; be the size you are (not smaller/bigger). Make room to see, learn, digest **and** sense; let life signal where, who, what you're meant to be. If you're feeling stuck, under-/over-whelmed, just doing this can help good come. Life is expressive, informative, when we allow it to operate like that. The more we know this **and** help It help us, the more we tend to glean and gain. Receiving is the key in living as we'd like - petrol in is petrol out in any realm.

So? See if you can help the universe help you, this month, by letting go of space. Be a windsock rather than a jam jar; a pipeline for receiving, experiencing, sharing. Remembering to live life on this level can help space fill up with the best of anything. "107" is a master number that wants to let conscious, practical wisdom in. Space, presence, breathwork and down time really matter as life shapers. Make sure to use these sorts of rhythms to help shape your world spiritually this "May".

## clearings, healings & meditations over the phone

... not to mention readings and other forms of energy work. Sometimes, life presents in ways that stun us – often just as we need to stay grounded. Via WhatsApp, Skype, phone, video or email, I tune into what's been happening to help you understand and clear it. Sessions are recorded so that you can revisit the guidance you're given. To enquire or make a booking, click [here](#).

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### The reality numbers are “17/8” and “2133/9”

success, expressing, closure will matter at this time

I've talked about many of these numbers above so won't outline them much more here. The reality number denotes the end states we'll realise by spiritually embracing things. “9” is the newbie of all these numbers as well as a quasi “33” (master number). Don't be surprised if this month helps you manifest important closure. “9” also flags compassion – caring about what's outside because self can. There are so many reasons for all of us to practically, constantly give a damn. With “33” also presenting here, you could find a boost in healing rhythms. This number can promote powerful rebalancing and realignments. Rightness presents here as well – are you sensing this, too? For all that I've mentioned gentler dynamics, this month could find selves cornered to do what Source knows they now must. That's nothing to fear if we're honouring connection; living life more intuitively. That's not always easy in day-to-day life. Practice rebalancing and processing.

The perceptual end states, this month, are likely to revolve around rightness, flow and fit. Cognitive breakthroughs could abound with “7”s now hovering. Realising – “3”s zest for insights – will only make such wavelengths louder. You might find your world is full of deductions that help things take shape in a way that truly empowers. Be your truth; own your challenge; dare to surf in the chase for new life, things, knowledge. The thrill of the adventure is a part of “5” – it wants us as tourists and pioneers. See the world with new eyes and remain open to learning over again. The more we do this, the more we can find landscapes expanding rather than shrinking. More is unending; infinity's the real world. How can you step into that anew? Surfing is such a great analogy here – being carried by waves greater than you. Use breath and focus – I write this so often but nothing great is born out of mind alone. Energy is real; Source exists; let It in to help you manifest what you already sense and know. The Divine is the biggest ham you'll ever meet (respectfully). It loves to prove Its existence and does this by helping us manifest good things. “Let me in” is a constant message, especially for those who sense there is more. Never blindly believe anyone who tells you these things – test them to know they're real, for sure. Source will help if you let It. It will never stop guiding, caring, assisting. Why? This is **Its** creation and landscape. Wouldn't you, as owner, look after things?

### What about your chart?

We each have a specific numerological profile that stems from our date of birth, full birth name and last birthday. I've outlined the collective rhythms for this month but have not talked about your **personal** chart. Readings that merge numbers with intuitive downloads can help you transition through all sorts of things. They're all about soul - linking to and channelling it more - and what can occur when we do this.

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**Let light in to help goodness stay**