

Welcome to Psychic & Energy Work's Home Page

for May 2021

Hello and welcome to Psychic & Energy Work, a Sydney-based site focused upon spiritual growth. It aims to help people make sense of invisible dynamics as they arise in the “real” world. By releasing what’s “not” energetically, we help to optimise life. That’s, after all, layer upon layer and the dare is to get the balance right.



Psychic & Energy Work offers readings, healings, spirit work, space clearings, past life sessions, numerology, courses and intuitive mentoring. It is all-culture, -ability and -gender friendly. To learn more, scroll through the **Pages** menu to the left or below (depending upon the device you’re using).

To read some reviews, click [here](#);

[get in contact](#) via phone, sms, email, WhatsApp or Skype; and...

feel free to look through my [Shop](#) as well!

Face-to-face sessions are available and adhere to social distancing requirements. That said, working at a distance is as effective if you’d prefer that. We can work this out when you get in contact (which is best done via phone or sms) – click [here](#).

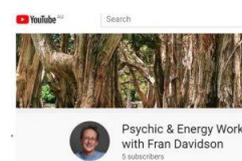
Recapping last month...

“April” seemed another mind month in terms of the insights coming through. Its chart was loaded with numbers that trigger realising, awareness, cognitive breakthrough. Did you find dreamtime loaded with lessons and/or your days clarifying? Last month wanted headsets rebalanced; learning that helped in practical domains.

If you stepped beyond ghosts or limits, you weren’t alone. Last month also carried master numbers; three of them, some days, made life “odd”. Numbers that end with zero or contain repeating digits often trigger spiritual growth. Big picture truths and the sense of rebooting seemed louder last month. You may have sensed more healing and feeling, especially around the super, pink full moon. That could have stretched whilst playing through supportively. Such states prevail when “16” and “33” visit – they want things rebalanced; old cycles closed. Both of these vibes tend to offer kinder states if we actively process whatever occurs. Having sorted a little, this new month could help you continue future-enhancing. **To learn more about “2021”, click [here](#). You can also visit [The Archives](#) to read more about “March” or earlier months.**

Curious about Psychic & Energy Work?

You can find out more about them on my You Tube channel! They provide snippets about readings, clearings and other forms of energy work. Feel free to visit Psychic & Energy Work on YouTube by clicking the image to the right or going through to my [Videos](#) page.



What about this month?

“May” brings a drop in people, closure, building dynamics and busy vibes. The tally of “1”s also increases – last month, we had six; this one, nine. That could trigger more themes around self-ness - the good; the bad; what is witnessed. We learn through our outputs as well as what’s channelled via (observed of) other beings. “1” seeks “leadership”, nothing less – the spiritual kind, without excess weight. We could see some (more?) argy bargy at private, small group, global spheres. Lobbying can be a force for gain but only when embraced wholistically. Don’t be surprised if life reveals more to you or others about such things.

Manifesting well requires an authentic willingness to include. “May ‘21” could hone such skillsets (it’s a more active chapter because “8”s increase). This year’s “5”s, in the background, could trigger more tension, push, pull. “8” checks recipes and methods. Are you really happy? How is your life tracking? It helps us learn to care about inputs and end points, guiding us (over time) to take in and out well. All of this points to selves manifesting more of what feels right at core. “8” can play out as a preparing-to-attract sorta time.

This month’s “7”s, “9”s and “6”s could teach and guide you in the above lights. Learning practically; closing off old states; and vibes that cushion journeys reduce as themes this month. They still hover and, so, could make a difference – e.g. a softening in tensions mentioned above. We’re almost at this year’s midpoint which is often when themes peak and life becomes a little softer. If you’ve been battling with mysteries of late, energies or states which have made life complex, don’t be surprised if things start resolving as soon as “July” but even this “May”. This month’s chart hints at softer dynamics – the type which help even if stuff’s going on. Nine “1”s could leave you feeling more conscious, liberated, sure, affirmed. The more we stay present and embrace what’s flowing – the good, bad and neutral - the more what we know is really right and true manifests. **To read Psychic & Energy Work's full forecast for this month, click [here](#) or upon *Monthly Observations* in the Page menu. For my *Observations about “2021”*, click on [this link](#).**

Most Mondays, I post a snippet about psychic & energy work on social media. Please connect with them (and me) on [Facebook](#), [Linked In](#), [twitter](#), [pinterest](#) or [Google](#).

Other things to do whilst here...?

Learn more about Psychic & Energy Work on the *About* and *List of Services* pages;

You can hear the *Monthly Observations* or order *Meditation Files*;

Listen to last month’s interview on Three D Radio [here](#);

Read *Articles* or download earlier *Observations* via *The Archives* page;

Check out my *Observations about 2020* [here](#); and/or...

Learn more about my *Courses* in intuitive development or numerology.

On Thursday, 6 May, I’ll join Michael Hunter for this month’s Metaphysical Show on Adelaide’s Three D Radio. Join us at [threedradio.com](#), 9pm South Australia time, as we go live-to-air. We talk about things energetic; look at numerology; and offer free mini-readings. If you’d like one, email your first name, date of birth and question to metaphysicalshow@gmail.com before or during the program.

Some background... The Metaphysical Show is one of Australia's longest-running, spiritually-focused radio programs. Over the last 3 decades, Michael has connected listeners with "new age" thoughts, practitioners and music. I am fortunate to accompany him regularly and, once on air, the Show just kicks in. If you can't tune in this month, feel free to revisit this page from May 10th to hear it.

Based in the Inner West of Sydney, I work with people face-to-face, via phone, video, email, Skype or WhatsApp. To develop intuitively or book a session, [click here](#).

Thank you for visiting Psychic & Energy Work.com.au

Travel well