

The Monthly Observations

for March 2021

Welcome to Psychic & Energy Work's *Observations* for "March 2021". They profile this month's energetic rhythms and link to this year's forecast. They aim to help you learn and process spiritual and energetic life. Implicit in this are intuitive and invisible dimensions. Insights about collective rhythms can be useful when life's challenging. They help us link back into the big picture – what's truly real universally.

Scroll down for the *Observations about This Month*;

click [here](#) to read about this year; and/or

visit [The Archives](#) to read about last month or earlier.

Would you rather hear the *Monthly Observations*? order your files [here](#)...

In case you missed this on the Home Page...

Psychic & Energy Work offers face-to-face, phone and email consultations – every format is just as effective. It's set up to meet social distancing requirements. To make a booking or explore what format suits you, get in contact [here](#). I only log on to emails Monday to Friday mornings so call or sms if you want a faster reply.

My Clearing Cards® are handy for coming back to what's core

Life functions best when we release egoic dynamics on a conscious (choosing!) level. There is no such thing as coincidence, especially when we spiritual embrace what is going on. There are 80 *Clearing Cards*® to a set and each one carries two levels of message. Either or both can help you learn and shift; learn about energy; intuit more. It's amazing what life reveals when we choose to breathe, release grips and let divine will feature in things. To purchase a set or read more about my *Clearing Cards*, go through to my [Shop](#) or click [here](#).



“MARCH”S NUMBERS

Every month brings its own dynamics which interact with the year's chart. Outlined below are the main numbers followed by my *Observations*.

This Month's Profile

	<u>each year</u>	<u>in 2021</u>
Birth Number - what we're here to be/become & exemplify again	3	2024/8
M.O. - how we're likely to arrive at that point	25/7	120/3
Reality Number - the spiritual result(s) of doing such things	28/1	2144/2

"March 2021"s numerological tally....

Combined with the year's numerological profile, this month produces the following count. Examining a chart from this angle can help us understand what's going on. It doesn't, in itself, signal "good" or "bad" (life often delivers a mix). What we can find initially jarring often promotes better existence. A count like this can help us process and make sense of things. When a number presents three or more times, its energetic and spiritual themes (and lessons!) increase.

The tally for this month is:

Number	0	1	2	3	4	5	6	7	8	9
Frequency	3	7	10	2	3	4	1	1	2	1

Let's look more closely at this.....

"March"s birth numbers are "3" and "2024/8"

flagging insights, manifesting, awareness, clarity re future scopes

"3" is expression; "4" targets models, plans, approaches, assumptions. You'll sense how rhythms like these can impact self's understanding of where and how it's heading. "8" flags the vision becoming firmer; more known and sure (things like that). This month's birth numbers point to some lightbulbs spiritually turning on. You might receive more clarity around how and what you've been up to. "3" can zero in on verbal or non-verbal; what we download or, perhaps, share. It can also find people receiving more intuitive guidance/downloads. With this can come more dreaming, hunches, sensing, vibes, even ghosts. "3", as expression, helps us let life speak to us more in useful ways. Anything informs if self allows it, especially when "I" relax and get out of the way!

So, "3" denotes the world of behaviour – yours, mine, ours, theirs. We constantly learn through what is and isn't, and "3" zones can find people feeling overwhelmed. This can trigger the need for good time out so as to release what's we've been amongst. Inherent in this can be a sense of tuning more inwards; getting more in touch. "3" also flags manifesting; what we put out and/or create. We do this best having aligned in stress-free vibrations and limitlessness. "3", therefore, signals how life helps self attract and grow things, states, futures, moods. It's all about maths – "what goes in, comes back right atcha" - and how we impact life through what we choose.

Hence, "3" is a time that can want selves pausing (even though it's a busy zone). It asks us to check the quality of what we emit, entertain, offer, birth. Implicit in this can be the need to surrender what's outside and nurture what's core again. Like all good "cars", we run best when filled with good

(i.e. soulful) energy. “3” nudges beings to check how they engage via gesture, output, feeling, thought. “March 2021” could be a chapter that ends up fulfilling you.

“2024” links to these rhythms because it is outwardly-bound. “2” flags the chance to learn about placement – are current stances optimal? It denotes the world of relating and mixing; how that also impacts how we engage. In this sense, it is socialisation – interesting timing given roll-outs of vaccines.... This month’s *Home Page* also observes how “1” plays into these sorts of dynamics. Seven present this “March” with “1” insisting, “know thyself” and “2” taking that public. “5”s, this year – also noted elsewhere – want tolerance, forgiveness, allowing on more global scales. It’s often via others that we actualise living-walking-thinking spiritual self. “4” marks frameworks – how we approach things; through what prisms; for what reasons. It helps people build **spiritually** well in physical and perceptual spheres. It stretches mind – stemming from “3”s insights, helping self understand anew. These dynamics lead beautifully into “8” – a place where visions form, rebirth and stretch.

All in all, then, this month could leave you smarter, more solid and clearer about things. It’s due to help people get more in tune with rhythms that count socially **and** within. Learning to cook is an “8” topic – “this” goes with “that”; is life in hand? All of these wavelengths unfold to help us connect to and offer what is truly (long-term) best. “8” nudges selves to see futures clearly and surrender old, stale, obstructive patterns. It can boost “success” as a lived outcome or as a lesson about future manifesting. Either way, it tends to leave people feeling surer about things. I sense this “March” is going to get us more in touch with what is soul and grounded, essentially.

This month’s M.O.s are “25/7” and “120/3” and “7” and “3” also impact what we choose

Every “March” brings a generic M.O. of “7” and this number flags how life will guide us to more of what’s divine. “7” is “learn” as well as “teach”, and can see an increase in head-stuff. It can mark a time that’s loaded with opinion, judgment, oppression, astral vibes. Interesting, then, to review the *Home Page* and how “February” prepped people along these lines. A lot of the rhythms in this month’s M.O.s reinforce the birth number states. This could also trigger important insights and more time to spiritually process. Through people and placement (“2”); bending and stretching (“5”); self-knowledge and adult (“1”); healthy time-out (“0”); and, perhaps, lack or loss (“0”), life’s due to help us learn a few things, beyond a doubt (“7”). Certainty’s a bit like a warm rug or jumper; it makes self feel cosy, safe, secure. Through these dynamics, people often offer and share better, wider, than they had been (“3”).

Do you get a sense for how “3” and “7” – realising and learning – could present this month? Guidance could cut through limitation in a way that brings newness, chances to reboot. “March” could help people sense, fathom and shift to new levels more consciously. Remember that “5” likes to flag potential; wider landscapes; possibilities. So? Don’t be surprised if your prospects open as thought-waves or physically opening doors. Things could rebirth in ways that add value now and/or later, even at core. There seem to be good reasons to welcome “March 2021” as a zone that benefits lives. You could find yourself faced with great chances to witness, learn and actualise.

“120/3” is a master number and they often carry more spiritual kudos. Karmic vibes can heighten energetic, psychic and invisible vibes. They often bring people into greater contact with what they call Source as well. The Divine always guides towards fulfilment in a truly wholistic sense. Awareness often blooms during such cycles; selves get more in touch with soulfulness. “1” denotes “me”; “2”, every other (planet, creature, space, being). “0” flags self’s **spiritual** connection; it’s bond with Source; and the need for space and time-out. “3” likes creation happening spiritually – well on all

levels; giving and receiving well. With heady numbers featuring as they do this month, we could end up learning more about our role as emitters. Thinking, feeling, affirming, knowing... everything starts on the energetic level. Thoughts and emotions are also inputs; they inform our affirmations and, therefore, shape receiving, giving, making, being. Life's constantly informing self in this way; guiding it to manifest wholistically.

"3" also highlights the role of flow in and how self facilitates that on any level. How are you doing with these sorts of wavelengths? Where can you now release driving, willing, control? Actioning is a part of self's purpose but we don't own creation and Source isn't self's hack. Spiritual models can encourage dynamics that know and use mind too much. Real manifesting involves self watching; making room for shifts (and guidance) to come in. Everything can move if we let it (even problems when we let them breathe). It's from **these** stances that people grow goodness that isn't tainted with selfness or opinion. This is the type that tends to last long-term and echo well into everything. "3" can see life helping self back off and witness more so as to create what's good. This can require some moments of "hands-off" – i.e. allowing life to flow, reveal and inform self. Stances like this don't reject what is happening; they're birthed in mind's eye and all about flow. Manifesting well requires space and fresh air if we're to perceive **and** receive well. Creation blooms best when we function with gut feel, breath and quietness (those sorts of things). This month might help you step back and notice so as to let flow unfold more consciously.

Moments of pausing, observing, etc always add value somehow. They often end up guiding, healing and protecting self. This month could find you knowing and relaxing into life's flow for great reasons next. You could learn things about engaging and helping things unfold as they really can. We'll help each other do this as life asks us to sample more of what isn't and is. This month's "0"s will call focus upwards – i.e. towards more soulful frames of reference. Truths will (re-)emerge and, with that, empowerment; the dare to contribute to new heights that inspire.

clearings, healings & meditations over the phone

... not to mention readings and other forms of energy work. Sometimes, life presents in ways that stun us – often just as we need to stay grounded. Via WhatsApp, Skype, phone, video or email, I tune into what's been happening to help you understand and clear it. Sessions are recorded so that you can revisit the guidance you're given. To enquire or make a booking, click [here](#).

you can read reviews about me [here](#)

The reality numbers are "28/1" and "2144/2"

self-knowledge and -honouring via sound approaches, groupings and more

It's great how one sentence can lead into the next without a desire to link them up. "28" counts down through "10" so you could sense reinforcement on the *Observations* above. This number often promotes space and with that, a sense of disconnection. "1" is "be self" and, therefore, uniqueness; the fact we are all perfect yet odd. It's a time for accepting the human condition as a state that's whole and complete. We're here to discover so "perfect" is a goal that really ain't so appropriate. This needn't mean rejecting standards but it does flag the need to embrace the gaps. "0" ups this call because it is "space", too – i.e. the need to release judgment to sense fullness and help it manifest.

Together, "0" and "1" help us regroup, discover and assimilate important stuff. "1" cries, "it's time to back your horse" – as I have written in other places. It's life's call to be you without apologising – fairly, kindly, grounded, sure. This is a stance that doesn't need to war or reject things; it simply gets

on. Spiritually-moored, it welcomes others whilst looking after boundaries, needs, feelings. Akin to a train, “1” gets its job done in amongst others objectively. Difference is constant - not the odd moment – yet egoic self likes conformance and sameness. There’s no need to pressure anyone or thing to be, think or do the same as “me”. That only presents when we’re controlling; needy from some angle (often unconscious). “10/1” comes to dare selves to break free from robotic models and states. “Backing your horse” is possible nowadays in so many countries, industries, ways. “1” is “be yourself” as value-add – even while learning, evolving, being human.

One could propose that physical life is the only sphere we get to influence and create things. “28” will heighten these vibes with its focus upon belonging and learning what “success” is for “me”. This generic reality number could help selves get whatever this month seeks. “2144” adds down through “11” – another master number (one which prefers big picture views). It often unfolds as unexpected shifts that help people focus back upon what is essential. It also highlights the role of gut feel (connected, grounded intuition). It is “truth” manifesting, often uninvited, in ways that highlight progress or path. It can present as a block or interference that threatens self’s sense of being in control. “11” reminds people to relax; stop driving too hard; let go and breathe. It’s almost the Divine’s way of restating that **real** life flows according to universal will.

In this sense, “11” can guide self back to its place as a co-creator of stuff. “2”, “1” and two “4”s will help this unfold this month. “4” is outlined a little above - like retrograde Mercury, it likes to slow folk down and buy them time to check what they’re doing or planning. It’s a phase that prepares; a chapter that hones so that all next actions are right. There are lots of vibes, this month, that target self’s skill in choosing consciously, spiritually well. Understanding is key to such outcomes; awareness facilitates wholistic states. “28” and “2144” will invite us to, where we can, stretch perspectives. Our own or others’, this connects well to this year as a “5” zone. Now is a time for taking tourist drives (seeing what’s on offer from whole new angles). When we do this well – in healthy, peaceful, inclusive ways – we tend to better share and revel in life’s goodness. “5” is “discovery”, “adventure”, “pioneering” - stances which require openness and truth. “5” also flags change agent as events, states or people outside or inside of “me”. Chances to grow, step into and share in such dynamics seem to be on offer this month. Don’t be surprised if you find it a future-prepping time that turns out to be potent. More than “2020”, this year’s hell-bent upon helping us into real life practically. Have another read about “2021” if you are interested in learning more about this. All in all, this will be an interesting month with great excuses to get up in the morning!

What about your chart?

We each have a specific numerological profile that stems from our date of birth, full birth name and last birthday. I’ve outlined the collective rhythms for this month but have not talked about your **personal** chart. Readings that merge numbers with intuitive downloads can help you transition through all sorts of things. They’re all about soul - linking to and channelling it more - and what can occur when we do this.

To book a session concerning past, present or future, or energetic phenomena, click [here](#);

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Come back from 8th March to hear this month's interview with Michael Hunter on Three D Radio's Metaphysical Show. We never know what's going to happen as the program goes to air on the first Thursday of every month. We offer free readings - email your date of birth and question or topic for next month to metaphysicalshow@gmail.com. The program likes to be interactive and your details aren't used for any other purpose. Join us live-to-air on Thursday 4th at threedradio.com from 9pm, Adelaide (South Australia) time or visit here to listen to it from the 8th.

To send through your questions or booking requests,
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Have a good month!