

## Welcome to Psychic & Energy Work's Home Page

for March 2021

Hello and welcome to Psychic & Energy Work, a Sydney-based site focused upon spiritual growth. It aims to help people make sense of invisible dynamics as they arise in the "real" world. By releasing what's "not" energetically, we help to optimise life. That's, after all, layer upon layer and the dare is to get the balance right.



Psychic & Energy Work offers readings, healings, spirit work, space clearings, past life sessions, numerology, courses and intuitive mentoring. It is all-culture, -ability and -gender friendly. To learn more, scroll through the [Pages](#) menu to the left or below (depending upon the device you're using).

To read some reviews, click [here](#);

[get in contact](#) via phone, sms, email, WhatsApp or Skype; and...

feel free to look through my [Shop](#) as well!

Face-to-face sessions are available and adhere to social distancing requirements. That said, working at a distance is as effective if you'd prefer that. We can work this out when you get in contact (which is best done via phone or sms) – click [here](#).

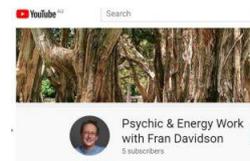
### Recapping last month...

"February '21" was full of sine waves – up and down; fullness and gap. Lunar Years changed over and the new moon brought big shifts. Did you experience a more on-then-off sorta time? Perhaps more headiness in the last two weeks - restrictive or oppressive vibes? The sense of things progressing fast yet slow also presented. This can feature in "5" year (a time when life wants patience grown). People can feel ready for action yet be required to wait longer than desired. "2021" is here to help us (re-)learn how to roll with out-breath and time. Energy (and life) are amazing in how they invite selves to remember and honour what is balanced, good and fair. Objective, practical, spiritual adult often steps out further in months like this "February".

"5" wants selves waiting and watching; making room for newness. That needn't point to physical events; it can involve realignments in perceptions. Implicit in this are lessons in driving less; not owning all space or filling it. Egoic self can become full when days don't unfold as it predicts. Here, self-talk and worry can flourish, and these act as instructions to Source re what we can receive, accept and allow. If last month helped you ease up, step back and sense a little further, you were in sync. **To learn more about "2021", click [here](#). Feel free to also visit [The Archives](#) to read more about "February"s chart, earlier months or "2021".**

## Curious about the various types of Psychic & Energy Work?

You can find out more about them on my You Tube channel! They provide snippets about readings, clearings and other forms of energy work. Feel free to visit Psychic & Energy Work on YouTube by clicking the image to the right or going through to my [Videos](#) page.



## What about this month?

“February” brought a lower “1” tally which can leave folk thinking that life is ignoring them. **This** month’s chart carries seven “1”s so you might feel more included again. Higher “1” tallies can empower and/or boost the need for such things. “1” denotes leadership; spiritual example; adult in (re-)action more constantly. It also, like every other number, flags how we’ll learn via egoic wavelengths. It asks us to know self – divine “me”; back it, trust it, help it share goodness. One can be pulled into challenge in the name of manifesting more “spiritual I”. This is a zone where all self is valued; integrity reigns; fairness is well-scattered.

Affirmation is a key dynamic when a few “1”s and “5”s present. “5”s are slightly higher this month which will reinforce the statements above. It stretches us into full(-er) potential, sometimes via rhythms which seek to stymie peace. This month, we’ll learn, awaken and conclude stuff; set up better methods (i.e. ways of being). Don’t be surprised if you step out a little more known or solid somehow. “4”s will flag where selves could improve what they are building with or putting out. Through this, we could learn how to attain balanced, healthy targets more precisely. Life’s forever showing how self can enhance life in ways that lets all atoms shift and breathe. **To read Psychic & Energy Work's full forecast for this month, click [here](#) or upon *Monthly Observations* in the Page menu. For my *Observations about “2021”*, click on [this link](#).**

Most Mondays, I post a snippet about psychic & energy work on social media. Please connect with them (and me) on [Facebook](#), [Linked In](#), [twitter](#), [Pinterest](#) or [Google](#).

## Other things to do whilst here...?

Learn more about Psychic & Energy Work on the [About](#) and [List of Services](#) pages;

You can hear the [Monthly Observations](#) or order [Meditation Files](#);

Listen to last month’s interview on Three D Radio [here](#);

Read [Articles](#) or download earlier [Observations](#) via [The Archives](#) page;

Check out my [Observations about 2020](#) [here](#); and/or...

Learn more about my [Courses](#) in intuitive development or numerology.

On Thursday, 4 March, I’ll join Michael Hunter for this month’s Metaphysical Show on Adelaide’s Three D Radio. Join us at [threedradio.com](#), 9pm South Australia time, as we go live-to-air. We talk about things energetic; look at numerology; and offer free mini-readings. If you’d like one, email your first name, date of birth and question to [metaphysicalshow@gmail.com](mailto:metaphysicalshow@gmail.com) before or during the program.

Some background... The Metaphysical Show is one of Australia's longest-running, spiritually-focused radio programs. Over the last 3 decades, Michael has connected listeners with "new age" thoughts, practitioners and music. I am fortunate to accompany him regularly and, once on air, the Show just kicks in. If you can't tune in this month, feel free to revisit this page on Mar 8<sup>th</sup> to hear it.

Based in the Inner West of Sydney, I work with people face-to-face, via phone, video, email, Skype or WhatsApp. To develop intuitively or book a session, [click here](#).

**Thank you for visiting Psychic & Energy Work.com.au**

**Every best wish for a view-enhancing month**