

Welcome to Psychic & Energy Work's Home Page for January 2021

Happy New Year!

Hello and welcome to Psychic & Energy Work, a Sydney-based site focused upon spiritual growth. It aims to help people make sense of invisible dynamics as they arise in the “real” world. By releasing what’s “not” on the energetic level, we help to optimise life. That’s, after all, layer upon layer and the dare is to get the balance right.

Psychic & Energy Work offers readings, healings, spirit work, space clearings, past life sessions, numerology, courses and intuitive mentoring. It is all-culture, -ability and -gender friendly. To learn more, scroll through the [Pages](#) menu to the left or below (depending upon the device you’re using).

To read some reviews, click [here](#);

[get in contact](#) via phone, sms, email, WhatsApp or Skype; and...

feel free to look through my [Shop](#) as well!



Face-to-face sessions are available and adhere to social distancing requirements. That said, working at a distance is just as effective if you’d prefer that. We can work this out when you get in contact (which is best done via phone or sms) – click [here](#).

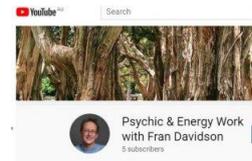
Recapping last month...

I hope you had a good year end and that this new one is starting well. Last month was another game-changer with Christmas, for many, impacted by covid. A lot of head (i.e. whirly, busy) energies also surfaced. The great news **now** is that we’ve said goodbye to last year’s M.O., “79/7”. “7” can boost mental wavelengths; find people in mind too much. Even if self understands this, s/he can still feel overly pulled into stuff. Silent chatter, reacting, worry can increase when “7”s feature. Through this, life helps us sense how we can (and should?) refocus energetically.

This year delivers a new ball game with fewer “7”s all the way through. “December” sought wisdom, balance, health and visions finetuned. Last year encouraged people to review plans and approaches; to get tomorrow (more) right, we’ve just had a busy month. “December” often is and, through this, life helps wavelengths close off. Last month sent lessons in grounding as well – shifts in physical, vocational, intuitive spheres. It sought awareness – the type that adds value – posing the question, how should we move forward? As this year starts, you might sense how “2020” helped you along these lines. We’ve just entered a phase of change and evolution – pleasant and stretching – that’s destined to pull higher self-ness out. Last year came to prepare us. Well done - you made it! Are you ready to break free? “2021” speaks of things like adventure, empowerment, liberation and all it can take to get such states going. **To learn more about “2021”, click [here](#). Feel free to also visit [The Archives](#) to read more about “December”s chart, earlier months or “2020”.**

Seen my videos?

They provide snippets about readings, clearings and other forms of energy work. They're available on Psychic & Energy Work's YouTube channel - click [the image](#) to the right or visit my [Videos](#) page.



What about this month?

This "January"s chart contains twelve "2"s and four "5"s. "2021" could start with a bang. Years often kick in from the Asian New Year. Metal Ox enters "11 Feb". Up until then, life might seem to be in a lull. Things may not engage as you would expect although that could be challenged by "January"s "2"s, "5"s and "1"s. All other numbers visit twice or less, suggesting a gentler time. That said, twelve "2"s come calling and that's a big tally! "2" denotes the world around us – other, relationship, relativities. It often sees self emerging to learn, observe and interact with/through things. Induction could become a topic as could interpersonal stuff. Many "2"s, at once, can see relationships triggering improvements in how we "dance". They can also incite comparisons, judgments; a higher "1" count could do that, too. Placement of self, grounded and intuitive, could be a prominent theme this month.

All of life's rhythms seek to help people step more in sync, considerately. Newly-signed Brexit deals, covid and inaugurations will (obviously) encourage such things. "January" could be a stretching time that clears, advances, reboots, turns. Awareness might keep blooming as life helps people witness (and deduce) more. Flexibility is a "5" rhythm; (more) breath and focus could be required. This month, like last year, could want individuals taking regular quality time out. We optimise what we offer by grounding and getting our bearings first. Don't be surprised if this "January" helps you in this regard. All in all, then, this month should introduce this new year well. You could find yourself sensing (even deeper) how you're here to live **and** nurture. **To read Psychic & Energy Work's full forecast for this month, click [here](#) or upon *Monthly Observations* in the Page menu. For my *Observations about "2021", click on [this link](#).***

Most Mondays, I post a snippet about psychic & energy work on social media. Please connect with them (and me) on [Facebook](#), [Linked In](#), [twitter](#), [Pinterest](#) or [Google](#).

Other things to do whilst here...?

Learn more about Psychic & Energy Work on the [About](#) and [List of Services](#) pages;

You can hear the [Monthly Observations](#) or order [Meditation Files](#);

Listen to last month's interview on Three D Radio [here](#);

Read [Articles](#) or download earlier *Observations* via [The Archives](#) page;

Check out my *Observations about 2020* [here](#); and/or...

Learn more about my [Courses](#) in intuitive development or numerology.

On Thursday, 7 January, I'll join Michael Hunter for this month's Metaphysical Show on Adelaide's Three D Radio. Join us at <https://www.threedradio.com>, 9pm South Australia time, as we go live-to-air. We talk about things energetic, numerology, spirituality and offer free mini-readings. If you'd

like one, email your first name(s), date(s) of birth and question to metaphysicalshow@gmail.com before or during the program.

Some background...? The Metaphysical Show is one of Australia's longest-running and spiritually-focused radio programs. Over the last 3 decades, Michael has helped listeners to connect with "new age" music, topics and practitioners. I am fortunate to accompany him reasonably regularly. If you can't make this month's Show, you can visit this page to listen to it the Monday after the Show is streamed (Jan 11th).

Based in the Inner West of Sydney, I work with people face-to-face, via phone, video, email, Skype or WhatsApp. To develop intuitively or book a session, [click here](#).

Thank you for visiting Psychic & Energy Work.com.au

Best wishes for an amazing and spiritually practical 2021!