

## Welcome to Psychic & Energy Work's Home Page

for February 2021

Hello and welcome to Psychic & Energy Work, a Sydney-based site focused upon spiritual growth. It aims to help people make sense of invisible dynamics as they arise in the "real" world. By releasing what's "not" energetically, we help to optimise life. That's, after all, layer upon layer and the dare is to get the balance right.



Psychic & Energy Work offers readings, healings, spirit work, space clearings, past life sessions, numerology, courses and intuitive mentoring. It is all-culture, -ability and -gender friendly. To learn more, scroll through the [Pages](#) menu to the left or below (depending upon the device you're using).

To read some reviews, click [here](#);

[get in contact](#) via phone, sms, email, WhatsApp or Skype; and...

feel free to look through my [Shop](#) as well!

Face-to-face sessions are available and adhere to social distancing requirements. That said, working at a distance is as effective if you'd prefer that. We can work this out when you get in contact (which is best done via phone or sms) – click [here](#).

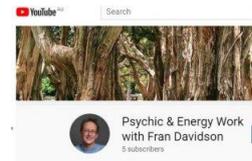
### Recapping last month...

Did you notice a shift in "January" – things becoming lighter somehow? The dynamics evolved pretty quickly – such is the joy of leaving a year with a "7" M.O. The sense of potential, expansion, freedom presented - a great introduction to a year with three "5"s in its chart. That said, "January" also delivered a pregnant pause. This often happens in between "Jan 1" and the Asian New Year. The real shift in gear tends to happen then rather than just after "31 Dec".

Last month also brought themes around placement – the stances we take, aware or not. This was seen at loud levels globally in certain moments. A high "2" count (i.e. higher than usual!) nudged selves to process staleness further. You may have learned more about how "black v white" opinions can stymie life. Gossip is a mark of passive aggression; opinion that's skewed but offered as truth. Sound/healthy labels need to be inclusive which requires all players' views. It's easy to expand upon what seems balanced when the subject is missing. Labelling's easy yet requires consideration and we often don't first sense the damage it can cause. Lives can be shattered when we don't firmly mentor our own or others' egoic talk. Our use of words – as feelings, thoughts or speech – are one aspect this year seems sure to help us with. **To learn more about "2021", click [here](#). Feel free to also visit [The Archives](#) to read more about "January"s chart, earlier months or "2020".**

## Seen my videos?

They provide snippets about readings, clearings and other forms of energy work. They're available on Psychic & Energy Work's YouTube channel - click the image to the right or visit my [Videos](#) page.



## What about this month?

"February" brings a few master numbers and the new Asian year. Metal Ox arrives on the 11<sup>th</sup> & 12<sup>th</sup> and, with that, greater focus on manifesting good things. This should trigger interesting moments given that "5"s abound. That number denotes freedom; you/I can do it; stretching scopes. Metal Ox upholds its values nice and strong. This could play out wonderfully as selves seek to address whatever's been out of whack. We've seen these vibes presenting already (in changes of leadership in the US). Metal denotes mind from one aspect; Ox, rigidity, firmness, honour, tradition. They also represent other dynamics yet signal how "5"s could influence things. Wherever selves dig in on the wrong sort of platforms – outdated or imbalanced – change will push its way back in. Metal Ox will help us step with more awareness and strength in ways that helps wholistic rightness breed.

With so many issues needing attention, the new Asian year should help us get "there". The above dynamics could become louder because of the "4"s in this month's profile. This number denotes "awareness" boosted. The "2" count is lower; so are the "1"s. Greater care about self's outer worlds could also heighten. "February" looks like another big picture time. Through such dynamics, life steers us towards change meaningfully and inclusively. "4" is the builder; quality ingredients; working towards and with the best of "things". Working through such dynamics helps people enjoy the states they manifest. Being considerate is a big factor here, too. This month could nudge you further, deeper, higher again. Throughout this year, we'll be dared to step into more of the potential life now highlights. All in all, then, this month could offer up another four weeks of exploring and shape-shifting. **To read Psychic & Energy Work's full forecast for this month, click [here](#) or upon *Monthly Observations* in the Page menu. For my *Observations about "2021"*, click on [this link](#).**

Most Mondays, I post a snippet about psychic & energy work on social media. Please connect with them (and me) on [Facebook](#), [Linked In](#), [twitter](#), [pinterest](#) or [Google](#).

## Other things to do whilst here...?

Learn more about Psychic & Energy Work on the [About](#) and [List of Services](#) pages;

You can hear the [Monthly Observations](#) or order [Meditation Files](#);

Listen to last month's interview on Three D Radio [here](#);

Read [Articles](#) or download earlier [Observations](#) via [The Archives](#) page;

Check out my [Observations about 2020](#) [here](#); and/or...

Learn more about my [Courses](#) in intuitive development or numerology.

On Thursday, 4 February, I'll join Michael Hunter for this month's Metaphysical Show on Adelaide's Three D Radio. Join us at [threedradio.com](http://threedradio.com), 9pm South Australia time, as we go live-to-air. We talk about things energetic; look at numerology; and offer free mini-readings. If you'd like one, email your first name, date of birth and question to [metaphysicalshow@gmail.com](mailto:metaphysicalshow@gmail.com) before or during the program.

Some background... The Metaphysical Show is one of Australia's longest-running, spiritually-focused radio programs. Over the last 3 decades, Michael has connected listeners with "new age" thoughts, practitioners and music. I am fortunate to accompany him regularly and, once on air, the Show just kicks in. If you can't tune in this month, feel free to revisit this page on Feb 8<sup>th</sup> to hear it.

Based in the Inner West of Sydney, I work with people face-to-face, via phone, video, email, Skype or WhatsApp. To develop intuitively or book a session, [click here](#).

**Thank you for visiting Psychic & Energy Work.com.au**

**Happy awareness and future building!**