

The Monthly Observations

for December 2020

Welcome to Psychic & Energy Work's *Observations* for "December 2020". They profile this month's energetic rhythms and link to the forecast for this year. They aim to help you process and learn about spiritual and energetic life. Implicit in this are intuitive and invisible dimensions as well. Insights about collective rhythms can be useful when life's challenging. They help us link back into the big picture – what's truly real universally.

Scroll down for the *Observations about This Month*;

click [here](#) to read about this year; and/or

visit [The Archives](#) to read about last month or earlier.

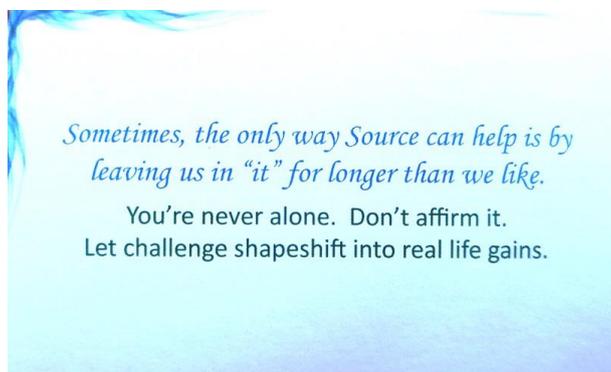
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In case you missed this on the Home Page...

Psychic & Energy Work offers face-to-face, phone and email consultations – every format is just as effective. It's set up to meet social distancing requirements. To make a booking or explore what format suits you, get in contact here. I only log on to emails Monday to Friday mornings so call or sms if you want a faster reply.

Have you heard about my Clearing Cards®?

... they help you get back to your spiritual core. Life functions best when we release egoic dynamics on a conscious (choosing!) level. After shuffling the deck, I pulled the card shown in the image to the right. There is no such thing as coincidence, especially when we embrace **spiritually** intuitive wavelengths! Reading through this month's *Observations*, you are likely to sense the aptness of the card's message....



There are 80 *Clearing Cards*® to a set with each one offering two levels of message. Either or both can help you learn and shift through dynamics; learn about energy; intuit. It's amazing what morphs when we breathe, release grips and let divine will prevail. To purchase a set or read more about my *Clearing Cards*, go through to my *Shop* or click here.

“DECEMBER”S NUMBERS

Every month brings its own dynamics which interact with the year’s chart. Outlined below are the main numbers, followed by my *Observations* about “December 2020”.

This Month’s Profile

	<u>each year</u>	<u>in 2020</u>
Birth Number - what we’re here to be/become & exemplify again	12/3	2032/7
M.O. - how we’re likely to arrive at that point	37/1	116/8
Reality Number - the spiritual result(s) of doing such things	49/4	2148/6

“December 2020”s numerological tally....

Combined with the year’s numerological profile, this month produces the following count. Examining a chart from this angle can help to clarify what’s going on. It doesn’t, in itself, signal “good” or “bad” (life tends to deliver a mix). What we can find initially jarring often leads into better states. A count like this can help us process and make sense of things. When a number presents three or more times, its energetic and spiritual themes (and lessons!) increase.

The tally for this month is:

Number	0	1	2	3	4	5	6	7	8	9
Frequency	4	5	8	3	4	-	2	4	2	4

Let’s look more closely at this.....

“December”s birth numbers are “12/3” and “2032/7”

creating and positioning will count as themes

“3” represents a moment for realising; “6”, the chance to know more again. Both of these vibes help us take stock of where we’ve come to (reality!) all over again. The birth number flags what we’re here to discover, grow through and learn to channel to the next degree. As with all aspects of life, it depicts the chance to choose what we do and be. Every second is a fork in life’s junction; a moment to decide where to from here. This month’s numbers seem determined to help us pause, reflect, think.

“12/3” is powerful because of its line-up (“1”, “2”, “3”). Whenever these three vibes team up, we’re given the chance to move more in sync. “1” is self being and discovering self-ness; “2”, the time we go public with that; “3” denotes the moment we have learned enough about each other and placement to then get together, explore our options and co-create well. “12/3” can be a constructive phase, therefore. People can find themselves addressing all sorts of things; ticking boxes of any kind. This augers well for the last month of a year when many things need to be closed off or done. “12/3” can also flag affirmation as self repositions wholistically. Life, after all, is a never-ending lesson in how all atoms and beings have a share equally.

Chaos rules yet, often, seems distant; atoms are forever getting along. “12/3” helps us discover how focusing on self **first** can help life flow well. Like a car which first needs petrol, this year has wanted folk to get their stories right. Implicit in this has been the call to “pull one’s head in” – i.e. look after/attend to one’s path and state. We only give well if we take in what matters; energetic health is always important. “12/3” could show us more about this in ways that then lead to practical benefits.

“3” is “express”; it’s also “entertainment”. Creativity could bloom this month. That can unfold on any level – ideas, strategies, gifts, stage work. We are all performers and “3”, as expression, can reveal more about vocalising. All numbers point to excess as well as balanced or muted being. “3” can find folk overly-sharing vocally, gesturally, energetically. It can be a phase that wants us to talk, act or emit more or less. It often asks people, “What are you entertaining?” and “How does that stack up against your aims?” “3” is the lesson in **co**-creating – putting “this” and “that” together considerately. Here, too, this number helps us realise more about what really matters individually. “1” and “2” could nudge us into letting go of all the extras we have been caught up with. “1” can declare, “mind your own business”; “2”, “are you sure about your positioning?” Successful baton relays involve no fudging, sort ofs, guesswork (those sorts of things).

Can you sense how “12/3”, this “December”, could move you closer to **your** “perfect”? “2032” will reinforce this given “2” and “3” also appear in this sequence. “2” represents placement of self in amongst life – how one positions to be and do. “0” can denote time out – the need for space and/or the sense of “nothing” that can feel too much. “3” flows from “2” – having learned about relating, relativities, relationships self steps forward to create well. Here, we learn how to manifest whatever we sense is possible. Through these vibrations, we’re led to more “7”: practical, grounded, universal wisdom. This number presents in this year’s profile so magnification can be expected here, too.

“7” represents the mind realm, wisdom, knowing, judgment, model applied well or leading self astray. An important lesson of “2020” has been the power of mind (and mantras!) day to day. “7” denotes “knowledge” and, therefore, things like opinion, belief, framework. It’s “what ‘I’ think” and “what ‘I’ believe”, and whether those prisms are serving life well. We can get caught up in business, life, learning, etc in ways that then require fresh air. Recent times have seen some stuck in head; thinking too much; angsting, worrying. That’s easy to do during a pandemic let alone in a “normal” year! Yet we all have the power to mentor mind (and, therefore, self); bring it back to calm and clear. Life is a collective dynamic – not just an individual turf. What we think and feel, some days, isn’t ours alone. Here, “7” flags how mind is more than a whirring computer and/or reactive mechanism. At the start of any process, it’s actually a still space; a bowl (if you like) which first receives.

This month’s specific birth number, “2032”, could encourage selves to work through head stuff to new levels. We may all learn a bit about responding, to the point of nurturing all headspace more. “7”, after all, flags divine wisdom - spiritual mind rather than egoic. It’s often a time that asks us to release all bias, forecasts, inner chatter. This is best done via exercise, meditation and some moments of sitting still. Can you sense how the above *Observations* could flow brilliantly with this? “7” is “be wise” through universal lenses; wholistic sensing that explains all. It’s the need to let go of busyness for a moment to validate what’s being thought. The mind realm is often where action starts from; responses, reactions therefore, too. By honouring (and nurturing!) the need for space and quiet, we can help life realign and heal. Clearing the mind is so important; letting go of all jobs, duties, obligations – just for a few moments (you can have them back if you really want them!) – can do wonders for the path which lies ahead.

Hence, this “December” could help you link back to a greater sense of peacefulness, faith, Source. Within this, you might find yourself feeling more guided, assisted, nurtured or protected. Through mindful states, we’re continually learning all sorts of things. With “7” manifesting as “2020”s M.O. as well, this month could reveal reasonably important things. This is also noteworthy because “2021”s chart will deliver “5”s. This dynamic wants us all acting spiritually well with a sense of “I/we can!”

What better timing for that than AFTER we have checked our thoughts and what we are planning to run with? We're so being cared for but that ain't unusual (life always guides self for the sake of the long-term). The stance of fighting, rebelling against, arguing with life is very much an egoic one. It only ever happens when we are driving, willing or expecting "too much". Use this month – and year end! – to practice your relaxing, clearing and stillness routines. This year has been an absolute G-send in how it's been encouraging greater depth (essential being).

So, "12/3" and "2032/7" should unite, this "December", to drive a few topics home. Pleasantly or not, they are likely to foster better ways of working and getting along. They may only flag the need for such rhythms – sometimes, vibes simply boost awareness. What we do with our insights, at any time, depends upon what we choose next. Both dynamics seem due to help people fathom some more about recipes. In this sense, it's more than possible (this month) that you'll realise a few potent (future-useful!) things.

This month's M.O.s are "37/1" and "116/8" self-ness as a factor in future-building matters

The M.O. depicts **how** life's about to help us step into and channel the birth number more. The numbers above flag **what** we're going to grow through but it's the M.O. which practically stands out. This month's M.O.s will reinforce what I have run through above. "1" denotes self and life's dare, at all times, to consciously choose what to channel now. "1" is the self, child or adult, as it presents in any being. We fluctuate between egoic and soulful dimensions continually. Growth is the dare to move into more adult; to mentor child well (in self or any other being) **and** to accept life's guidance when it comes to hand. "1" is "be yourself" – truly, really – in private and public domains. It likes to teach selves how to treat others; simultaneously having all (spiritual) needs met. Everyone's due support, love and respect; there is no "better" even though there's "different". We all have our goals, place and value. This month could send these messages loudly because of "37/1"'s appearance here.

"116/8" is interesting, too, because it targets balance and view. "8" flags "success" – I write this often! – as a learning curve and/or end state. It often comes to teach us how to cook right; what we need to do, be and offer to win. Like all vibrations, it seeks the long-term and wholistic health of things. "8", then, is like a cooking demonstration – a time when we master "how to hit home". It often highlights aspects of life which don't actually feel good or right. As we sense such things, we tend to start moving towards better balance/resolution. At the end of a year, this is useful – it's a time when many people have more space to process things. Down time and a day off here and there could help you work through some stuff. "8", after all, wants things finetuned so that end of life matches our visionary post cards. It is "the vision" – the journey; life path; a time for sensing how to get "there". It can denote material wealth but also flags "success" as a feeling space. Intuitively, it's the feeling sense that matters – until "it" feels fitting, life is not "right". Don't be surprised if this month helps you sense what needs to shift in this light.

Another dimension of "6" that's worth noting is its habit of making life feel more supportive. It often coincides with a softening in how life presents, responds, flows. It can, of course, denote the opposite – the need for more kindness from life, self, others. Yet it aims to help us rest, relax and release the past wherever it is overly held. "6" denotes "healing" in this sense – the act, the need, the outcome – on any level. It can play out as a more supportive time when life, somehow, just flows gentler. This can manifest as a sense of more engagement, acknowledgement, respect, better flow in general. In the cycle "0" to "9", "6" helps selves regroup after a previous burst of action. Positioned after "5" – the busiest of numbers – it helps us to pause and process momentarily. Preceding "7" -

the time we get things and release doubt – “6” creates space to receive intuitively. “7” precedes “8”, a phase when vision’s fulfilled; when plans and results hit home (or not). Here, you might sense the importance of “6” then as a spiritual shot in one’s arm. It helps us distill things; notice where we might do better; and how we could step anew. It also gives people time to breathe and process a bit, before we zoom off on next missions. It’s paramount, then, as a moment for re-seeing landscapes and how to act in them. With the birth numbers “12/3” and “2032/7”, this year’s M.O.s should help us (as souls) along our way.

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The reality numbers are “49/4” and “2148/6”

growth in platforms and awareness are likely

The reality number signals the end points we’re due to arrive at by being and doing what we do. It also denotes the states we end up in as a result of what we entertain, think, feel. We’re always experiencing ebb and flow; the “8”s presenting this month will help here. Remember: this number wants us “cooking up a storm” – i.e. manifesting (more) perfectly. It’s the soul-level, gut-feel, which really matters – quality’s a felt state not just a thing. We need the physical to experience perfection but that doesn’t define “success” as only material. What’s soul, true, is a place which resonates – **feels** right; looks right not just on the surface. Assets flag security in surface ways no matter their range of influence/power. Both levels of life matter however they do but “8” (most of all) wants us safe and healthy. Those dynamics are internal rhythms before they ever manifest in public ways.

“49/4” ties into the above because of its fondness for solid platforms. “4” flags the launchpad, the base of our actions, as well as methods, plans, tactics. It flags the approach – mental, felt, actioned; the ways we tend to go about things. It can also denote assumptions, expectations, models (those sorts of things). It can be a phase that wipes out the baseline to encourage upgrades somewhere. Tsunamis are a “4” dynamic (which I’m not making light of in any sense). This number helps people revisit what they’ve been doing, planning or thinking to do. In this sense, “4” functions like “8” in helping us breed long-term health/rightness in everything. “4” is the builder and the reaper; it’s what you put in and what flows out of that. It can, then, couple with “2” dynamics to help improve team and partnering aspects. “9” could bring closure in these realms – the sort that help views tighten again. In all, this month could be a time for waking up, adjusting and preparing to get (more) on **our** way.

The great news about this month’s specific reality numbers lies in how they include a nice mix of passive and active elements. Passive vibes like selves processing; sitting still(-er) to make sense of things. They can foster the sense of being cornered; forced to attend to this or that. They also tend to breed the sense of regrouping publicly or internally. “6” – this month’s specific reality number – triggers catharsis all of the time. It’s rest, pause, relax, take a breather so that you feel ready to recommence action in a while. It’s often a phase for healing and recovery; the sense of releasing

from excessive demands. That descriptor's often used when egoic self is being mentored away from being in charge!

We seem, again, well taken care in the sense of this month's chart. "6" can denote a time when life helps people take stock of where they've come to and, perhaps, drop a few guards. It is, after all, the stage when authentic self's encouraged out another degree. "6" is "get real" and "live in balance" having expended some creative energy. It can often find facades starting to release; pauses helping people chill, breathe, digest. Through this, self often starts sensing more about life as a supportive event. "6" phases can unfold a little more inclusive, considerate of self day-to-day. They can also trigger more authentic collaboration and a time when life/the universe seems to "take care". They are, in this sense, a time for relearning how to receive so as to successfully give, do, create, etc. As "6" chapters unfold, we often sense how life's becoming more real as a constant dynamic in private and public.

Three "5"s feature in next year's profile so this "December"s chart could prepare us all for that. "5" represents change and evolution; a time for more growth; perhaps new trends. The dynamics of group, relating and placement ("2"); self-ness, adult and egoic ("1"); reviewing and becoming more aware spiritually, universally, practically ("4"); PLUS "success" as a check point only or actual end point in manifesting, "8"). Where are we going? Does that really feel right? These types of rhythms could heighten this month in ways that then flow into reshaping stances and views. All the way through the profile, there are hints that (more) newness is on its way. It doesn't really matter how this happens (though, in a safe place, that's easy to say). We struggle with life for as long as we don't understand the value it is offering. Easy to write yet every "December" brings room to have down time and process things. What better time to do this, especially ahead of a stretching new year? This needn't be read as a negative forecast – times are a-changing, that's for sure. The most we can do to birth newness smoothly is to nurture what's soul at all times. Connected well, that's never exclusive as a response or dynamic. The Divine is real; the universe loves you even when life's challenging. The steeling of self as a positive construct – thought, felt and offered - is the Divine's constant ambition. Breath work, meditation, exercise and time out to process **always** helps selves realign and prepare. Change is, after all, a constant in life. That needn't breed worry, depression or fear. It's merely a fact; objective and ready to help you move forward when you're able to embrace it. Don't be surprised if this month shows you how to step more in sync, as real self, with everything.

Life always asks selves to roll with it. Four "9"s, this month, will bring closures which open up new worlds. They could also boost the sense of compassion or the need/call for more. Four "7"s will help people fathom, practically and spiritually, whatever unfolds. "6"s will help to keep kindness and life real even if a hard day plays out. Two "8"s and three "3"s could make lives busy – or rather, **stay** busy as they have been! Eight "2"s will want people learning about other; interacting, sharing, more spiritually. Five "1"s will prompt more clarity around being and doing in ways which feel real/true to 'me'. Four "0"s will also help people stay well-aligned through wise use of time and space. Four "4"s will trigger understanding and help selves get platforms more right. All in all, then, a practically useful ending to a scattering year. It's a grounding month which will help us refocus upon what's required to grow what's now needed. Most of the numbers surface three times or more this month so all types of self-ness could get a rinse. Next year, remember, wants change as a core theme. Use this "December" to regroup! There are so many reasons to look forward to the new year. It's a zone that wants good growth, affirmation and a greater sense of confidence about destiny, fulfilment, potential. It won't be a surprise if these rhythms start manifesting over the course of this "2020"s final month.

What about your chart?

We each have a specific numerological profile that stems from our date of birth, full birth name and last birthday. I've outlined the collective rhythms for this month but have not talked about your **personal** chart. Readings that merge numbers with intuitive downloads can help you transition through all sorts of things. They're all about soul - linking to and channelling it more - and what can occur when we do this.

To book a session concerning past, present or future, or energetic phenomena, click [here](#);

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Have a great "December '20"!