

## The Monthly Observations

*for November 2020*

Welcome to Psychic & Energy Work's *Observations* for "November 2020". They profile this month's energetic rhythms and link to the forecast for this year. They aim to help you process and learn about spiritual and energetic life. Implicit in this are intuitive and invisible dimensions as well. Insights about collective rhythms can be useful when life's challenging. They help us link back into the big picture – what's truly real universally.

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### "NOVEMBER" S NUMBERS

Every month brings its own dynamics which interact with the year's chart. Outlined below are the main numbers, followed by my *Observations* about "November 2020".

### This Month's Profile

	<u>each year</u>	<u>in 2020</u>
<b>Birth Number</b> - what we're here to be/become & exemplify again	11/2	2031/6
<b>M.O.</b> - how we're likely to arrive at that point	40/4	119/2
<b>Reality Number</b> - the spiritual result(s) of doing such things	51/6	2150/8

### “November 2020”'s numerological tally....

Combined with the year's numerological profile, this month produces the following count. Examining a chart from this angle can help to clarify what's going on. It doesn't, in itself, signal “good” or “bad” (life tends to deliver a mix). What we can find initially jarring often leads into better states. A count like this can help us process and make sense of things. When a number presents three or more times, its energetic and spiritual themes (and lessons!) increase.

The tally for this month is:

Number	0	1	2	3	4	5	6	7	8	9
Frequency	6	7	8	1	3	2	2	2	1	3

Let's look more closely at this.....

### “November”'s birth numbers are “11/2” and “2031/6” so big(-ger) pictures could bloom

“11/2” enhances landscapes and what we notice in them. Egoic self can become tunnel-visioned without intending to be! “11” comes to help expand our viewpoints in ways which can feel personal. Out of this, life helps us step into calm, grace, elder, soul. Limit is easily manifested when we are overly busy with things. Mind is a zone which can peg limits in all sorts of ways, often unintentionally.

“1” denotes self doing what self does which can find us too self-focused. Noticing this, we can begin to sense how we've excluded important things. Misaligned “me” can play out as “over” or “under” – e.g. too much or not enough confidence, faith. How self sees stuff stems from perceptions, models, mantras, those sorts of things. All of these rhythms are internal dynamics which “11/2” pops in to help us revisit. In doing this, it guides us to make room for, register and flow with reality. This vibe can, therefore, trigger moments which humble or slow self down a bit. This can then promote a sense of maturing, less hype adopted, more centred “I”. “1” wants **real** self – not just the costume; “11”, being **two** ones, can present this noticeably. Through these wavelengths, we're guided to channel more genuine adult, leader, “me”. This is, of course, a life-time's unfolding into all self's here to do, give, be.

Hence, “11/2” boosts self-knowledge and -awareness in ways that help us mingle well. “2” denotes the time we get out there; mingle, practice, find our place. Through a double dose of conscious adjustment, Source helps us attain more soulful states. “2” represents the world of other: people, nature, the world of energy. As a master number, “11/2” carries extra demands to stretch spiritually. It can be a phase when intuition heightens; when the world of energy surfaces more. “1”, you see, includes **all** aspects of self (in all selves) and lessons in how to integrate them.

No doubt, you're sensing “November” could end up enhancing life paths. “11/2” can deliver truths potently and out of thin air. Emerging like this, it can seem to thwart agendas; obstruct progress; block people's way. Through this, Source helps us sense how we're driving, pushing or assuming too much. Here, “11” guides us back to balance as givers, do'ers **and** receivers. Busy lives can find people overly-focused upon meeting schedules and needs. With this can grow more fixated viewpoints (which often result in conflict and stress). Master numbers challenge such dynamics by asking us to get out of our heads. By “blocking our way”, they force selves to release all egoic rhythms – all mind-full self. As we surrender our grips and frustrations, flow often starts returning. Master number phases can seem really schizoid when they unfold like this. Sudden shifts of gear can

make us think we'll miss our goals yet, as we rebalance, progress returns and aims get fulfilled. In these ways, "11/2" zeros in on self-value that's too quiet or loud. It prompts us to notice and grow through dynamics that are too laden with "me", "win" or "us". Unfolding like this, they help us to notice how we can become more adult, less "child".

What I've just run through relates to this month's generic birth number. "11/2" comes every year in the month of "November". **This** year, "2031/6" presents specifically and "6" likes balance and inner calm. It represents "love", "equality", "peace" – states which need grounding in order to last. Through relating and relativities (intimate or not, "2"); space, time out, lack, not enough ("0"); themes around expression and creating well ("3"); **and** a few more lessons in self-ness, adult, leader and genuine "I" ("1"), life could become a little more real.

"6" also flags a time for learning that life is a current that wants to assist. This vibe flags giving **and** receiving – the latter, self can forget to do. Time out is another "6" aspect – i.e. silence, stillness, letting things pass. In order to run at optimal level, one has to stop and refuel. Over-giving, -driving, etc can find selves feeling as if life's one-way. We all like to give so we must take in, too. Life also gives - when we allow that; it brings, offers, removes, sloughs. It's not just a canvas awaiting our footprints; it also heals and communicates. When selves let it be a space that informs them and let Source exist as a practical guide, they often end up experiencing better flow somehow. Giving and receiving are turn-taking stances; not one-way platforms which never shift. Egoic "I" can forget this when it gets too familiar with things or focused.

When we're entrenched in doing or thinking, blockages, stuckness, conflict can come. Source is amazing in how It teaches people how to relax and receive well. Implicit in this is the dare to give Source room to guide, heal and relate with you. Intuitive life and the world of energy is full of insights which add value. This is also part of personal development – i.e. leaving room for what's divine to flow in. The more we do this, the more we often end up sensing, co-creating, achieving. So? "6" is a place for resting, regrouping; a time for releasing all actions, memories, noise. A momentary stance – like letting go balloons - it helps people heal and re-energise. It's an essential step in living in peace, harmony, grace, love. This month could help us embrace these states all over again, somehow.

Both of "November"'s birth numbers speak of the call for more authentic self. Life always seeks that – as do human beings – so don't be surprised if you witness it as well. "6" can deliver health states as doorways to connect deeper to real needs (not wants). This month could call for more proactive use of space that helps goodness breed.

### **This month's M.O.s are "40/4" and "119/2"** so more spiritual awareness is due

"4" denotes greater awareness and a phase for building well. It can nudge selves to look at what they run with, offer as outputs or accept. It, too, is about our recipes, end goals, methods, assumptions (those sorts of things). It likes to remind us that quality matters to every type and state of being. As a period, it can trigger more planning, reviews, assessments. In the world of construction, "4" is the framework, building material and foundation. All numbers help people sense more of what's not to get to what is. "4" likes to shore up platforms so that end results are **spiritually** concrete.

"4" and "0" are passive numbers so - like "6" - they can slow us down. They call for stillness, quietness, time out which, you'll agree, makes good sense. We don't tend to plan at our best when we are overly busy with things. This month, each year, uses "40/4" dynamics to nudge selves further into "11" (value-adding "me"). Through the use of space, lack, perhaps loss, life helps us ground as

best we can. As we do this, we often start sensing (and appreciating) more again. “4” is “7”’s younger cousin; it links to “8” closely as well. “7” promotes practical wisdoms (the kind you can use!); “8” is the time when visions become reachable. Can you sense how this month might help you delve a little deeper, purer, stronger into what you can do for the time you’re here?

All of these numbers like good-grade materials – thoughts, feelings, acts, prayers. They act as the platforms from which self co-creates, attracts, manifests. Through such learning, we finetune our giving, witnessing **and** receiving. “4” is the savvy, long-term investor acting in ways that care about things. Through this, Source helps us to nurture physical, emotional **and** energetic life. “2020” has often highlighted the power and value of what one projects. All of these vibes hint that “November” is due to clean things up a bit. This makes sense given that people often spring-clean at this time of year.

Ready for this....? Every year, “40/4” presents as “November”’s M.O. This year, the chart carries “119/2” specifically as well. These numbers flag **how** selves will step forward, evolve, learn, realise. You may notice that “119” adds through “11” on its way to “2” as well. So, we see “11/2” repeating - albeit subtly – and adding to thoughts above. It could also add to “4”’s awakenings because “40” is another master number. Spirituality - hence, what is essential really, truly – could feature more this month because karmic vibes boost energetic life. Don’t be surprised if “November” helps you stretch into more meaning. Through this, the Divine helps us bring practical and soulful self into sync. Everything starts on the energetic level; master number phases often restate this. Egoic self can first balk at what presents but usually celebrates the freedom of truth when it relaxes and releases.

So, “119” points to more self-ness – as theme, event and learning curve. “9” likes us closing off on outdated patterns and projections. All numbers point to things we’re aware of as well as more unconscious states. A few master numbers presenting at once also promote such dynamics. So? Truth will matter; self which can share well (interesting statements in light of elections). Even when life shocks, divine vibes and guidance hover about in abundance. So? This month could send some doozies to process. If this occurs, breathe and take time to process things. Exercise and spiritual guidance (i.e. your intuition!) will help extremeness morph and clear. Responding like this helps life smooth out, calm down, re-align well. The trick on sine-waves (especially near the trough) is to breathe and remember you can handle what comes.

The M.O. denotes **how** we are due to become soul-full (another inch). This month could be a potent chapter. Egoic self’s stances are always flimsy. They may look rock-solid but that’s no reason for worry, fear, lack of faith. Self-ness can certainly limit or tear down yet life is wired to rebound back. What is self doing - “me”, “you”, “them”, “others”? What is life asking you to handle? “2” is a time for mingling with self-worth; sharing as equal beings and adults. Inherent in this is respect and inclusion of every aspect of reality. These are also themes that look certain to present over these next few weeks.

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## The reality numbers are “51/6” and “2150/8”

which suggests busyness and clarified goals

The joy of the above narrative is how it leads to our end points. Another “6”, here, signals how life is about to change (again!). This vibe can manifest as more support – life becoming more acknowledging of self. It can often play out as a noticeable shift in feeling recognised or involved. Yes, by others but also in general - “6” phases often see things flowing better or more easily somehow. **This** “6” dynamic contains “5” and “1”: “5” denotes change, newness, growth. It also points to flexibility; a stretching of mind and wholistic self. Tolerance, forgiveness, forbearance, patience can also build as themes. The use of breath during such phases helps people process, stay sane and let newness roll in.

Thus, through flexibility, change and action, we’re likely to come to more balance as selves. “5” can present as a busy chapter – ADHD is one of its hallmarks. “8” can also get very busy – both of these vibes can see life get full. As these dynamics push us off-centre, we’re reminded how value and balance counts. These two numbers are the busiest of all of the vibrations, “0” to “9”. “5” denotes self’s first burst of energy (from birth) having learned, watched and planned. It represents “launch day” (after “4” has built its rocket); “8” flags visions being attained. This month could, therefore, show us all a few pointers about such things. Life, after all, is a force that wants things flowing equitably.

“51/6” suggests change is coming – over again – in ways that stretch. “1” will boost our experience of this because it denotes **conscious** development. Through these dynamics, life could help us back into balance where that’s needed. Calm, peace and innovation are other “5” aspects that have hovered this year. Through relating and positioning self optimally (“2”); honouring values in adult ways (“1”); going with the flow, embracing what presents (“5”); **and** remembering to witness **before** jumping in (“0”), we’ll help goodness grow as mindset, result, vibe, strategy, base. By learning via what’s not, we are due to find firmer footing in what’s essential (really is). “8”, like “4”, finetunes our recipes, including the smallest of ingredients. It denotes “success” – lessons about that and manifesting “win-win”. You might sense, here, how this month could see you kicking goals, sorting things, shoring up journeys. “8” gets things right to the point where misses, gaps and hauntings no longer occur.

The above can seem rather inviting but remember the lessons inherent in it. Numbers depict the end points we’ll learn first (**before** we attain things). Both levels benefit and “2020”’s chart is loaded with mental rhythms. This makes learning and realising key; people shifting perceptually. We don’t get good results unless minds are well-set. This year’s been teaching selves new stuff about that. Next year is a potent time because it is a “5” year with additional “5”s thrown in. !! I mention this here because this month could trigger change which prepares for that. The thought realm is where creation flows from and needs to be nurtured to grow rightfulness. Don’t be too shocked if you reach “December” feeling somewhat realigned. For all that these words might make you feel anxious, this month could end up as a really good time.

Lastly, “5” represents the world of affirmations. What we believe is what ensues. It can symbolise the human’s passage from states of “I can’t” to “can do!” I regularly write how it can feel like a surf class; a wave that will dump us as it rolls in. As we remember to process life well though, we feel ourselves surfing past that limit. “5”, in this sense, is the explorer who can’t see what’s coming but goes any way. That is life - nothing’s a given (and what does “0” represent?!). Change is constant - how often we forget that. “5” periods ask us to witness before launching in. “Act like a tourist” is another “5” request: watch what’s occurring and roll **with** it. Discernment, focus and confidence matter; flexibility, patience and allowing do, too. Witnessing life – and taking time to process what unfolds – only ever adds value.

All in all, we're due for a good month that's spiritually, practically, mentally woke. As a time that's likely to stretch perspectives, "November"s dynamics will have effect. "9"s will keep prompting the closure of old themes; "0"s will call for practical, gestured soul. Sharing, co-existing and respecting others will also, as themes, remain loud ("2"). "1" is back up in tally so people should feel more involved in things. "4"s will guide us to sense more widely; "7"s will reveal more about things. "6"s will call for more nurturing and time out; genuineness as well. This is due to be a month that helps us end this year more aligned and embedded in wholesome goals. As years reach their end, dynamics can heighten as life/Source ensures Its goals are reached. With all the master numbers on hand this month, don't be surprised if you feel doubly-assisted!

### What about your chart?

We each have a specific numerological profile that stems from our date of birth, full birth name and last birthday. I've outlined the collective rhythms for this month but have not talked about your **personal** chart. Readings that merge numbers with intuitive downloads can help you transition through all sorts of things. They're all about soul - linking to and channelling it more - and what can occur when we do this.

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**May genuineness reign in healing, sorting ways this month**