

Welcome to Psychic & Energy Work's Home Page

for November 2020



Hello and welcome to Psychic & Energy Work, a Sydney-based site focused upon spiritual growth. It aims to help people make sense of invisible dynamics as they arise in the “real” world. By releasing what’s “not” on the energetic level, we help to optimise life. That’s, after all, layer upon layer and the dare is to get the balance right.

Psychic & Energy Work offers readings, healings, spirit work, space clearings, past life sessions, numerology, courses and intuitive mentoring. It is all-culture, -ability and -gender friendly. To learn more, scroll through the Pages menu to the left or below (depending upon the device you’re using).

To read some reviews, click [here](#);

[get in contact](#) via phone, sms, email, WhatsApp or Skype; and...

feel free to look through my Shop as well!

Face-to-face sessions are available and adhere to social distancing requirements. That said, working at a distance is just as effective if you’d prefer that. We can work this out when you get in contact (which is best done via phone or sms) – [click here](#).

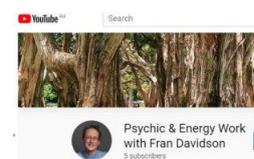
Recapping last month...

“October 2020” seemed like a doozie, not that this is anything new! If you found it continued in fullness of theme (and discoveries!), you were in sync. Its chart was strong with master numbers – self-knowledge, boundaries, balance featured. Astrologically, it was also a stretcher which prompted people to further link into their journeys. Phases like last month act as correctors, seeking to enlighten and heal. It was a time for mentoring and learning with more potent lessons about using space. That’s always happening and these rhythms could present this month, too.

Time out helps people witness, receive, and is an investment for everything that comes next. It triggers the release of self-ness and mindsets, feeding well into future states. More heady energies hovered in “October” prompting reviews of patterns and mantras. Empowerment often flows from such phases; more grounded, future-boosting self. Feel free to go through to *The Archives* ([here](#)) to read more about “October”’s chart.

Seen my videos?

They provide snippets about readings, clearings and other forms of energy work. They’re available on Psychic & Energy Work’s YouTube channel - click on the image to the right or view them on my *Videos* page.



What about this month?

“November 2020” could also be powerful – as a pleasant or challenging phase. This is partly due to the fact that a few master numbers present. “1”s are also higher in tally so themes around self-ness may bloom. This vibration can boost self-knowledge, confidence, focus, being true. These dynamics emanate outwards into the world to be shared. Leadership is another “1” aspect – being adult genuinely. Self-focus can need to adjust – more or less. Implicit in this is the call to respect (nurture) all levels of self. Imbalanced I, me, my entertains limit; exclusive thoughts, ideas, states. Life sends a mix of such rhythms so as to nudge humans along. Through this, we’re dared (guided!) to inject soul-level nurturing into self-focus. Challenge can find us gripping; forgetting to breathe, remember goodness and that life flows. Yet, through such wavelengths, we often start sensing how to let all of life flow as it wants.

“0”s remain high this “November” so space, lack, uncertainty could bloom. Via apparent lack or loss, “0” highlights how we can better connect with everything. Master numbers pull truths to the surface, clearing headsets, enhancing sight. As this occurs, improvements start flowing perceptually at least. Clarity and focus matter in attracting/manifesting what’s possible. Awareness could, therefore, ramp up a notch. Don’t be surprised if this month helps you change gear. **To read Psychic & Energy Work’s full forecast for this month, click [here](#) or upon *Monthly Observations* in the Page menu.**

Most Mondays, I post a snippet about psychic & energy work on social media. Please connect with them (and me) on [Facebook](#), [Linked In](#), [twitter](#), [Pinterest](#) or [Google](#).

Other things to do whilst here...?

Learn more about Psychic & Energy Work on the [About](#) and [List of Services](#) pages;

You can hear the [Monthly Observations](#) or order [Meditation Files](#);

Listen to last month’s interview on Three D Radio [here](#);

Read [Articles](#) or download earlier [Observations](#) via [The Archives](#) page;

Check out my [Observations about 2020](#) [here](#); and/or...

Learn more about my [Courses](#) in intuitive development or numerology.

On Thursday, 5 November, I’ll join Michael Hunter for this month’s Metaphysical Show on Adelaide’s Three D Radio. Join us at <https://www.threedradio.com>, 9pm South Australia time, as we go live-to-air. We talk about things energetic, numerology, spirituality and offer free mini-readings. If you’d like one, email your first name(s), date(s) of birth and question to metaphysicalshow@gmail.com before or during the program.

Some background...? The Metaphysical Show is one of Australia’s longest-running and spiritually-focused radio programs. Over the last 3 decades, Michael has helped listeners to connect with “new age” music, topics and practitioners. I am fortunate to accompany him reasonably regularly. If you can’t make this month’s Show, you can visit this page to listen to it the Monday after the Show is streamed (Nov 9th).

Based in the Inner West of Sydney, I work with people face-to-face, via phone, video, email, Skype or WhatsApp. To develop intuitively or book a session, [click here](#).

Thank you for visiting Psychic & Energy Work.com.au

Stay safe. Grow good. Help health prevail.