

## The Monthly Observations

*for October 2020*

Welcome to Psychic & Energy Work's *Observations* for "October 2020". They profile this month's energetic rhythms and link to the forecast for this year. They aim to help you process and learn about spiritual and energetic life. Implicit in this are intuitive and invisible dimensions as well. Insights about collective rhythms can be useful when life's challenging. They help us link back into the big picture – what's truly real universally.

**Scroll down for the *Observations about This Month*;**

click [here](#) to read about this year; and/or

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### "OCTOBER" S NUMBERS

Every month brings its own dynamics which interact with the year's chart. Outlined below are the main numbers, followed by my *Observations* about "October 2020".

#### This Month's Profile

	<u>each year</u>	<u>in 2020</u>
<b>Birth Number</b> - what we're here to be/become & exemplify again	10/1	2030/5
<b>M.O.</b> - how we're likely to arrive at that point	33/6	112/4
<b>Reality Number</b> - the spiritual result(s) of doing such things	43/7	2142/9

### “October 2020”'s numerological tally....

Combined with the year's numerological profile, this month produces the following count. Examining a chart from this angle can help to clarify what's going on. It doesn't, in itself, signal “good” or “bad” (life tends to deliver a mix). What we can find initially jarring often leads into better states. A count like this can help us process and make sense of things. When a number presents three or more times, its energetic and spiritual themes (and lessons!) increase.

The tally for this month is:

Number	0	1	2	3	4	5	6	7	8	9
Frequency	6	5	8	4	4	1	1	3	-	4

Let's look more closely at this.....

### “October”'s birth numbers are “10/1” and “2030/5”

it's time to re-affirm and step into the new!

The birth numbers, this month, carry “0”s so becoming could get a boost. “0” flags the universe at work and, therefore, note-worthy shifts for intuitives. “0” is “nothing” in spiritual terms – the world of energy presenting to “me”. We're all different (yes?) on many levels, including how we sense “things”. Nought can unfold as the need to integrate with or focus upon divine guidance to another degree. Just because one senses invisible things, doesn't mean s/he is connecting divinely. “0” helps people understand this; how the soul-space **really** feels. That's so important; eyes and ears can mislead; gut-feel never lies. Life can involve moments that train us along these lines.

Personal (and spiritual!) growth is constant; a never-ending carnival ride. Don't be surprised if this “October”, therefore, helps you connect to soul. As with all vibes, there's more than one dimension to “0”. It can manifest as “nothing” in “real” terms – that is, tangibly. Here, it promotes moments of lack, loss, silence, stillness. This can be jarring at first given the forecasts (habits) we've been in. We've witnessed this with covid-19; this month suggests more space somehow. Astrologers have flagged this all year yet “nothing” becomes “everything” when we give it room to. Energetically, life stems from mindset – egoic “I” shrinks life to what it senses. That's easy to do in amongst challenge even if one knows this! “0” is the dare to **not** lose focus; to anchor in expansion, life; release and honour calm. Inevitably, this involves listening to gut feel all the while. Breath can help people link back into longer term, wholistic views. A side-effect to this is remembering that Source (and the power of goodness) **is** real.

The universe regularly nudges us further into relationship with it. Life is a zone we will never control but egoic “I” often forgets this. We get used to currents, patterns of being. Projections build as this occurs. When life shifts into a whole, new rhythm, self can go into spasm. “0” guides people back to grace, allowing, witnessing, calm. It asks self to release neediness, gripping, lack of faith (fear!), tension. Through this, we re-create space for divine vibes to get on and do what **they** can. Guidance, healing, protection and progress activate best when self stands in “**co**-create”. We don't control life; it's a sphere that's beyond us albeit one we can affect. That doesn't need to devalue self or promote apathy. These energetic facts can help us to ground well; align in self-ness that's balanced and true. Every chapter plays out in parts: peak, trough and the paths called “up” and “down”.

Life is a sine wave - the more we ride with this, the more soulfully guided journeys become. “0” likes to help self anchor in a sphere that is wider, longer, deeper than it. None of this needs to mitigate value; it's about growing grace as vibe and outcome. “10/1” wants people to be all they can (“1”

represents any form of self-ness). Through child-ish, needy, obstructive manoeuvres, life helps us want **goodness** back in. “0” flags the need to stand in knowledge – what “I have learned” - as integrity. Implicit in this lies “aloneness” – i.e. difference, independence, individuality. “1” is “be self” – “stand alone” - as a strength that is sociable value add. This can involve releasing all models; being yourself **and** giving others that same right. There really is enough share. Land-grabs only start when egoic self is driving. “2020” is trying to tell us that it’s time to become more wholistically inclined.

Imbalanced “me” isn’t adult enough to channel peace constantly. We can all like to dart here and there; the challenge is to balance out from this. This month’s “10/1” could help us remember how to support **every** journey. Bipolar stances manifest only when astral vibes overly-drive things. “Black vs white” (and vice-versa!); pessimism, lack of faith.... are “mere” invitations to let more of life flow. What about all of the space in between the poles? Life contains so many shades of grey. Nuances effect outcomes in all zones; divine guidance helps us tap into them. “0” meaning “space”; “1” prompting time out; both of these numbers promote truth as a lived state.

Don’t be surprised if this “October” helps you discover more of what’s amazing in life. “1” also means “lead by example”; “forget what’s around you”; “focus”; “get on”. Channelled well, divinely guided, these stances promote mutuality – i.e. gains which everyone gets to partake of, witness, feel, resonate with. Can self really be without trashing existence – **anyone’s**; **anything’s** – at any time? Sharing is a place “10/1” leads us into more truly-aligned, conscious, awake. On top of these rhythms, this “October” also delivers “2030/5”. This could boost my observations above given these new vibrations. “5” seeks growth – especially perceptual: conscious, woke, present “me”. It also flags “change” – pleasant or taxing – and can be amazingly affirming. Patience, forbearance, forgiveness are some of its other traits. Here, “5” targets flexible being: rolling **with** what comes; embracing flow. Change, chaos, happens every second but comfy/egoic self can forget that often. Atoms continually move “at random” yet stability often prevails. Egoic self can burn a lot of energy avoiding inevitable change.

Up’s and down’s are a part of the journey; there’s no need to lose faith with this. This is easy to write in a rich, Western city but change ain’t an enemy (it’s a just given). The more we know this as a fact and release grips – our own and others’ - the better we roll. The birth number flags what we’re due to choose between and channel more of now. Embracing change and/or being change agent is implicit in adulthood. Some days, we’re the child; on others, the mentor – swings, roundabouts, turn-taking! Do you sense how “10/1” and “2030/5” could help us truly embrace life? Presence is a place of fullness; a buzz that lasts well into the distance. “2030” can flag the need to take up soulful positions (not so much surface, “2”); “nothing”/“not enough” calling for more grounding in changeable reality (“0”); **and** more expression wholistically speaking - with self, Source, others, life (“3”). “3” can also boost the amount one needs to process (and work with) the world of energy. It’s “communicate” at any level – a time for realising adding value. “1” as uniqueness and self-knowledge also promotes these sorts of states.

**This month’s M.O.s are “33/6” and “112/4”**  
so it’s time to heal, care, nurture, (re-)build

There’s synchronicity amongst all these rhythms; the hint of an amazing month. “33/6” is another master number, one of the most sensitive. It targets the realms of expression and feeling, reinforcing what’s said above. “3” can find people deducing loudly or sensing it’s time to speak (more). It helps us wake up, realise, digest, spiritually affirm. “6” denotes “balance”; “genuine being”. Life could bolster in good ways. It could be a time for saying and being more of what really matters. Through this, life often becomes clearer; issues start healing; vibes get lighter. Coming back to base helps us

grow what's good ("6" flags the healing of any state). Medical moments can also surface ("6" promotes rest; slowing down a bit). As a passive vibe, it helps us lock into more of what's truly needed.

"112/4" also carries passive vibrations. This month might seem slow(-er) again. Astrological dynamics will add to this. Websites like [jessicaadams.com](http://jessicaadams.com); [astrologyzone.com](http://astrologyzone.com); and [astrocafe.com](http://astrocafe.com) will provide more info on this. If the brakes go on or distractions arise, remember to use breath. Go **with** the flow – don't waste energy fighting/rejecting what's going down. That doesn't mean don't honour boundaries or become apathetic. We're here to **consciously** engage well. Passive numbers help us wake up, channel the best of "me". They seek to become places of empowerment; mentoring us about witnessing/observing ,ore.

This month could help you embrace the above more and achieve/sense incremental. "4" came loudly during "September" (seven of them visited). This vibe can flag a time for building or planning to do such things. It also denotes awareness; fathoming what matters; what doesn't. In this sense – as with "9" – it helps us sort, realign, tighten up. "4" is the base, framework, launchpad; the place actions flow out of next. "Quality", then, is a byproduct: is "this" the way to best? "4", as the model, brings chances to review, fine-tune, overhaul, get it right! From here, we prepare to launch/make/create what now seems precise/perfect ("5"). In this light, "4" guides people to **prepare** for the biggest burst of action in life's cycle. Precision of view can, therefore, matter when "4" appears as the M.O.

So? Balance, receiving, healing and reflecting ("6"); understanding more about what life wants now ("4"); moments which help self into adult boots, a little more authentic/soul ("1"); group dynamics, co-existing ("2"); moments where expression is key ("3").... these are some of the spiritual dynamics "October 2020" could bring. Dare to express to self, Source then other; honour gut feel; live truth from there. Check first responses, using breath outwards, to promote what is fair. Dare to be the you you're ready to channel, offer, stretch into, exemplify. There are so many wonderful vibes this month – the type that future-build in all the ways we know are right.

You know, we don't need to know the end point of the movie. In many ways, we never do. We just need to ground; do our best; be present - these stances manifest what's possible. Mentoring ego, self never un-links from what's fair, decent, right. We can become caught up in action, fog, limit but balance is a continual sense. This year's helping people test boundaries; explore new landscapes; rebuild from scratch. It hasn't been easy – for some, it's been a nightmare – but some rebirths are like that. Doing and being in essence – in presence - helps rightness manifest solidly. I've no doubt that you can also sense the wonder inherent in this month's M.O.s.

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## The reality numbers are “43/7” and “2142/9”

which suggests a bit more clarity, reboots, reviews

Spiritual and energetic reinforcement is due on much of what is written above. “7” is “learn”; “come to know”; “9” marks “compassion”, “closure”, “end point”. Here, too, this month could help us get wiser in new ways all over again. “43” carries vibes I’ve already outlined so I won’t talk about them much here.

It can be via constructs and emissions – physical or silent – that we come to know again. “7” is a wonderfully practical number once self releases what’s in its head! “4” denotes “know” in theory; “7” is wisdom from experience. It’s often when we start seeing – knowing - what perfection and precision take. It can bring the sense of all questions answered; no more if’s, doubts, fears. It can, therefore, find people seeing things more clearly or objectively. This is part of spiritually being – life without ego driving too much. Things “just” happen; people “just” are and life tends to flow best when these isms remain in focus.

When life turns on lightbulbs, we often start sensing, responding, influencing more. Mind can peg self in with its frameworks in ways that spin wheels or trigger too many assumptions. Zones like “2020” and this month (!) pop in to release all of life from limit. Via thoughts and feelings, this month could help you open up all sorts of good things. Portals, pathways, jobs, approaches... “2142/9” will back this. Through closure and reboot, people are due to experience more precision in life somehow.

“2142” could see people stuff presenting in ways that help reconfigure things. “7”s also “teach”, “mentor”, “instruct” so don’t be surprised if such wavelengths pop in. Relationship vibes will teach placement of self-ness (“2”); “1” always helps us stand in truth. Reinforcement is likely here, as are lessons in building or viewing well (“4”). Through these dynamics, don’t be too amazed if you sense more about how to get “there”. “9” should help us end what’s now ready for revival/upgrade. It does this to free us up to reboot, restart, take off in next seconds. Implicit in this is a sense of moving forward less cluttered, complicated, foggy, stuck.

“9” marks life closing one book/chapter and opening a new one for self to co-write. Scary as that can seem when we’re in it, closure only comes to re-open life. Loss is a part of gain and receiving – this dovetails into the birth numbers. A chart doesn’t always reverberate with similar themes as it is this month. This “October” will lead selves through issues, helping them make good headway. All in all, people are likely to sort at soul-level, even break free. Master number heavy (relatively speaking), life could get ship-shape noticeably. Whatever unfolds, I hope these next few weeks flow for you wonderfully.

## What about your chart?

We each have a specific numerological profile that stems from our date of birth, full birth name and last birthday. I’ve outlined the collective rhythms for this month but have not talked about your **personal** chart. Readings that merge numbers with intuitive downloads can help you transition through all sorts of things. They’re all about soul - linking to and channelling it more - and what can occur when we do this.

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**I hope this month helps you manifest the closure you need so as to welcome in amazing things**