

Welcome to Psychic & Energy Work's Home Page

for October 2020



Hello and welcome to Psychic & Energy Work, a Sydney-based site that focuses upon spiritual growth. It aims to help people make sense of invisible dynamics as they arise in the “real” world. By releasing what’s “not” on the energetic level, we help to optimise life. That is, after all, layer upon layer and the dare is to get the balance right.

Psychic & Energy Work offers readings, healings, spirit work, space clearings, past life sessions, numerology, courses and intuitive mentoring. It is all-culture, -ability and -gender friendly. To learn more, scroll through the Pages menu to the left or below (depending upon the device you’re using).

To read some reviews, click here; [get in contact](#) via phone, sms, email, WhatsApp or Skype; and... feel free to look through my Shop as well!

Face-to-face sessions are available and adhere to social distancing requirements. That said, working at a distance is just as effective if you’d prefer that. We can work this out when you get in contact (which is best done via phone or sms) – [click here](#).

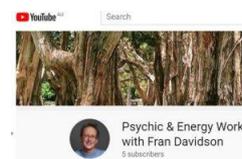
Recapping last month...

“September” brought seven “9”s to deal with. If life became thicker, you were on track. “9” corners self via slowdowns and hurdles, throwing the focus onto what it is, thinks, does. This prompts reviews of perceptions, arrangements, models, mindsets (those sorts of things). Health issues can also come calling - “9” helps us stop and attend to things. Through such rhythms, we’re guided to spring clean, release cobwebs, sort stuff out. These vibes seemed to flow solidly last month.

“September” also brought an equinox and the start of at least one new year. With all these dynamics flying about, you may have sensed a few shifts. Things started feeling lighter/smoothier midmonth yet more reconfiguring was to be had. We’ve just been through a noteworthy detox, getting organised for better ways/times ahead. I hope that “30 Sept” saw you feeling more sorted and ready to go. For more about last month, head to *The Archives* to read about last month or this year.

Watched my videos yet?

They provide snippets about readings, clearings and other forms of energy work. They’re available on Psychic & Energy Work’s YouTube channel - click on the image to the right or view them on my new *Videos* page.



What about this month?

“October”s chart carries master numbers as well as six “0”s. When these vibes are high – either type – a phase can feel energetically/spiritually laden. Master numbers and zeros remind us that life is more than physical or mental realms. Unfolding like this, they help to nudge self-ness back towards

what is rightful. The “1” tally’s higher this month so “I”, “me”, “my” rhythms could become louder. With a big election looming, we’re likely to sense/observe a few more interesting dynamics.

Wherever you are, no matter your viewpoint, “1” often helps us re-birth adulthood. Being is an active, doing state – one that Source (life) wants **spiritually** anchored. This doesn’t happen when we overly-think things or -project viewpoints too firm. “3”, “4”, “7” and “9” could boost these lessons this “October”. All of these numbers help selves appreciate, fathom, notice, understand. They guide us towards better-rounded stances as receivers, thinkers, feelers – beings who gesture. This month seeks growth - **further** evolution - in mindset, custom, response, deed. The need for and/or production of more balanced responses could, therefore, flow out of this. Remember: this year’s pushing for newness – models, frameworks, ways to exist. “October 2020” might bring more along these lines, ushering selves to spiritually, practically, tangibly reboot. **To read Psychic & Energy Work's full forecast for this month, click [here](#) or upon *Monthly Observations* in the Page menu.**

Most Mondays, I post a snippet about psychic & energy work on social media. Please connect with them (and me) on [Facebook](#), [Linked In](#), [twitter](#), [pinterest](#) or [Google](#).

Other things to do whilst here...?

Learn more about Psychic & Energy Work on the [About](#) and [List of Services](#) pages;

You can hear the [Monthly Observations](#) or order [Meditation Files](#);

Listen to last month’s interview on Three D Radio [here](#);

Read [Articles](#) or download earlier *Observations* via [The Archives](#) page;

Check out my *Observations about 2020* [here](#); and/or...

Learn more about my [Courses](#) in intuitive development or numerology.

On Thursday, 1 October, I’ll join Michael Hunter for this month’s Metaphysical Show on Adelaide’s Three D Radio. Join us at <https://www.threedradio.com>, 9pm South Australia time, as we go live-to-air. We talk about things energetic, numerology, spirituality and offer free mini-readings. If you’d like one, email your first name(s), date(s) of birth and question to metaphysicalshow@gmail.com before or during the program.

Some background...? The Metaphysical Show is one of Australia’s longest-running and spiritually-focused radio programs. Over the last 3 decades, Michael has helped listeners to connect with “new age” music, topics and practitioners. I am fortunate to accompany him reasonably regularly. If you can’t make this month’s Show, you can visit this page to listen to it the Monday after the Show is streamed (Oct 5th).

Based in the Inner West of Sydney, I work with people face-to-face, via phone, video, email, Skype or WhatsApp. To develop intuitively or book a session, [click here](#).

Thank you for visiting Psychic & Energy Work.com.au
Travel gently and well!