

The Monthly Observations

for August 2020

Welcome to Psychic & Energy Work's *Observations* for "August 2020". They profile this month's energetic rhythms and link to the forecast for this year. They aim to help you process and learn about spiritual life. Implicit in this are intuitive and invisible dynamics. Insights about collective rhythms can be really useful when life is challenging. They help us link back into what is truly big picture – i.e. universal.

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"AUGUST'S NUMBERS

Every month brings its own dynamics which interact with the year's chart. Outlined below are the main numbers, followed by my *Observations* about "August 2020".

This Month's Profile

	<u>each year</u>	<u>in 2020</u>
Birth Number - what we're here to be/become & exemplify again	8	2028/3
M.O. - how we're likely to arrive at that point	17/8	96/6
Reality Number - the spiritual result(s) of doing such things	25/7	2124/9

“August 2020”'s numerological tally....

Combined with the year's profile, this month produces the following count. Examining a chart from this angle can help clarify what's going on. It doesn't, in itself, signal “good” or “bad” (life usually delivers a mix). What we can find initially jarring often leads to better states. A count like this can help us process and make sense of things. When a number presents three or more times, its energetic and spiritual themes (and lessons!) increase.

The tally for this month is:

Number	0	1	2	3	4	5	6	7	8	9
Frequency	4	2	9	1	2	1	2	4	3	5

Let's look more closely at this.....

“August”'s birth numbers are “8” and “2028/3”

it's time to finetune tomorrow's recipes

“3” is a time that delivers more insights; greater clarity; slightly new views. “8” is the same from this angle – it is the vision self pursues. Both of these vibes helps us distil more about what's involved in actualising well. That, of course, involves a few aspects (life, after all, isn't mono). “3” can be read as “universal guidance”; how life is more than “me” and mind. It can be a time for lucid dreaming, intuiting and making sense of such things. It's “realise” – to self first then outwards; dynamics which tighten views on things. Through this, it helps us check what's not kosher and choose, afresh, how to progress. “8” also produces such rhythms: it's vision perfected (no more doubting). The birth number signals what selves will birth more now. This month could clarify things in this respect.

So, “3” and “8” are visionary numbers – they help us become more effective. In this sense, they can generate a fair amount of pressure within. All numbers seek more exactness; “3” and “8” can want that heaps. “9”'s also feature in this month's chart so you might experience (or observe) things like this. “3” cries, “Express!” to self, Source then outwards; “get to know yourself” to add again. This can involve self-full manoeuvres but even these urge us towards more **soul**-full states. Wholistic vision – for you, me and all realms; the creation of “right” life from every angle. Gestures, behaviours, words, thoughts and feelings tend to flow best when they're anchored in what's divine.

“8” is a place for firming up details - are they as good as they can be? Don't be surprised if this month helps you address such themes. This month's birth numbers are active in nature which can make life interesting! Active vibes up the pace in a mental, physical and/or energetic sense. “3” is “create” – rather, “co-creation”. What are you manifesting now? It helps selves review what they are growing through (i.e. what they do, be or entertain). What we take in we tend to emit - “8” and “3” are recipe checks. They want “best” practice from every angle as an inner **and** outer journey.

Perceptions count - they shape every gesture. The above vibes, this month, could finetune things. “August 2020” could trigger breakthroughs – yep, more again! “8” denotes “vision”, forward-thinking - starts, endings, in-between bits.... are you spiritually ready to launch? Every “August” delivers “8” as its generic birth number. That combines with “2020” to produce a specific “2028/3”. Both of these levels like to inform us (such is the value of surface **and** depth).

This month's M.O.s are "17/8" and "96/6"

visions, healing, balance will count

The M.O. signals **how** we're about to learn, evolve and move again. Life's not a constant; there is no apex which continues for ever. Those which present are short-term phases (no matter how long they last!). "How" matters as a dynamic – it tends to flavour how selves respond. "7", flagging mind, can find us learning or sharing wisdoms as we stretch and grow. "1" denotes the journey of self unfolding privately, publically, collectively. It also denotes a time for unearthing potential **and** setting it free.

What are you capable of – right at this juncture – spiritually, egoically? No number flags what's only "heaven" – we're regularly helped to grow via imbalance. Yet, "96/6" could firmly promote the sense that life is okay. That needn't mean "no issues to deal with" but "6" reassures, even on a hard day. "7" links self back into essence in ways that help those vibes spread further. True self – as a stance, class **and** grounding – always adds value when it is honoured. "1" checks on the aspects of "me-ness" we allow, channel, encourage, etc. This month might help you work through dynamics of child versus adult; truth v want; sameness v difference. It's likely to spark more conscious being – i.e. feeling, thinking, acting in a less one-sided sense.

Hence, "7" delivers whole, new wisdoms – wanted or not - do you sense what this could mean? How things play out – in, via, around self – is very much a "7" theme. It helps us sum up - get "it" to the point we never falter again. "7" is "fact"; a place that prepares us to launch and ground into next ventures. "8" is "succeed"; "**perfect** that process", no more dodging details somehow. This all begins in our perceptions. Where are you ready to adjust at the core?

"17/8", the generic M.O., comes to guide us every year. In "2020", "96/6" also presents specifically. This is a vibe which helps people big time: "6" denotes healing; "9", reboot. Both of these numbers are passive in nature and can feel softer or more supportive as chapters. Passive vibes slow life down to give selves time to appreciate stuff. We don't do this too well when life is uber-complex, -busy, -full. "6" is balance, genuine being – through this comes harmony, peace, calm. It can want people learning more about how to manifest these as end-states. Passive phases can flow more gently - even when challenged, "6" sends in clues that life is on track. Here, it represents catharsis and all the value flowing out of that.

So? Don't be surprised if this "August" sees you becoming clearer, wiser, stronger. I've said this often: "9" prompts spring cleaning (no more imbalance or what's stuck). This can emerge in physical forums (employment, habits, relationships). It can also unfold as an energetic, intuitive or mind-centred experience. Here is where "9" packs a constructive, spiritual punch. It marks "good bye" to memory and habit, helping us become more present again.

In the above light, "9" triggers lessons in "be in today, nowhere else". The past is a space that wants to inform us but that shouldn't mean weigh self down. That's easy to say: mind is amazing but we need to nurture it. Just like a garden, memory needs tending - if not, weeds and blocks can surface. How we care for (and vet) what mind replays really matters constantly. This is why time out is so important and letting go in mind's eye. When we overlook this, habits start growing; lower level dynamics take hold. That's a part of the human condition but needn't mean becoming stuck in it! Knowing these things can really help selves help grow more calm, love, peace. Astral vibes don't do life much good if they are overly adhered to. Yesterday's here to make us wiser (not just repeat what is less than soul). The more we know things like these, the more we can kick into every second truly engaged. This is where, how and when we can add value in spiritually amazing ways. Test these words – don't just believe them. See if they can help you actualise better vibes this month. Just using breath out and focusing via your inner eye can grow wholistic **and** real world goodness.

clearings, healings & meditations over the phone

... not to mention readings and other forms of energy work. Sometimes, life presents in ways that stun us – often just as we need to stay grounded. Via WhatsApp, Skype, phone, video or email, I tune into what's been happening to help you understand and clear it. Sessions are recorded so that you can revisit the guidance you're given. To enquire or make a booking, [click here](#).

The reality numbers are “25/7” and “2124/9”

we'll make sense of a few things and prepare new ground

The reality number denotes the stances the M.O. and birth number will guide us to. Sometimes, it's read as the place/state/reality we will arrive at in older years. Even here, it signals end-points; what we'll manifest by end-of-day. This month's spiritual end-points are “25/7” and “2124/9”. When “5” features, life can start stretching (it's newness offered, flagged, accepted). As active change, it can play out similarly to “8”. It, too, likes to boost the pace selves must run at so “5” **with** “8”s can make lives busy! In amongst this month's “2”s and “7”s, people are likely to hit upon new wisdoms. “7” is “learn”, mentioned above – time in the classroom deducing things. It represents facts revealed through events and a time for honouring such things. The passing on of wisdom – e.g. mentoring, advising or just being - and its receipt could become louder dynamics over the next few weeks.

It's worth noting that “7” can denote the teacher **or** student (we're both of these things). In essential form, it's **universal** wisdom – not just the “I know” of human beings. Value exists at every angle; the trick, of course, is to sense it. “7” flags the long-term, **objective** big picture – truly, plainly - as it presents. Here, it is “just” intelligence about how life works for and around self. Through this, we often “get” how we can use this type of info for the world's benefit. “7” reduces selves to same level; it's also “meditate” and how that shapes health. Consciously choosing to link into goodness – as a real vibe - helps selves address doubts and stress. “7” can also find people engaging less with model, agenda, opinion, rule. In light of events around the globe, healthy shifts are likely to happen soon!

Numbers come to “just” help beings notice what's needed now and activate it. Either way, they promote clearer thinking, growth, behaving. “7” is universal matter-of-fact which helps lives (and humans!) become straightforward. “2124” wants best practice in truth, knowing and interaction. “4” promotes greater awareness – do you sense how it might sync with “7”, “5” and “8”? It triggers the review of plans and projects, rather like Mercury retrograde. It denotes our platforms - the bases we launch from – resonating strongly with “5” and “8”. Another mental vibe, it also helps people become more conscious/aware.

This month's chart speaks of clearer, sharper mindsets, plans, head spaces. Don't be surprised if you sense such things. Breathe out through mouth to clear what you can. Consciously choosing to reunite with **divine** guidance helps life flow, heal, etc. Choice is key and often unconscious; balance only grows when we nurture it. What we entertain (and help create) is what we tend to breed in future. Time out and space help self to anchor in what generates balance actually. Essence spreads when we allow it to become the mooring from which we act. It can need a hand in taking effect but everyone knows what peace feels like. What is your role in creating? Do you deflect or avoid certain truths? Where might this month help you rebalance? Can you use breath to help all things move? Play with spare time - what you go to bed with often colours the start of new day. We can really manifest heaven on earth when we choose to get more present, conscious, grate-/grace-ful.

What about your chart?

We each have a specific numerological profile that stems from our date of birth, full birth name and last birthday. I've outlined the collective rhythms for this month but have not talked about your **personal** chart. Readings that merge numbers with intuitive downloads can help you transition through all sorts of things. They're all about soul - linking to and channelling it more - and what can occur when we do this.

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