

Welcome to Psychic & Energy Work's Home Page

for June 2020

Hello and welcome to Psychic & Energy Work, a Sydney-based site focused upon spiritual growth. It aims to help people make sense of energetic stuff. By releasing what's "not", we optimise what unfolds. Life, after all, is so much more than a physical zone.

Psychic & Energy Work offers readings, healings, spirit work, space clearings, past life sessions, numerology, courses and intuitive mentoring. It is all-culture and -gender friendly. To learn more, scroll through the Pages menu to the left or below (depending upon the device you're using).

You can read reviews on Google ([here](#)) or [get in contact](#) via phone, sms, email, WhatsApp or Skype. Feel free to look through my Shop as well!



In line with current social distancing requirements, face-to-face sessions are limited. Working at a distance is just as effective. We can work this out when you contact (which is best done via phone or sms). Thanks for your support. Stay safe.

Recapping last month...

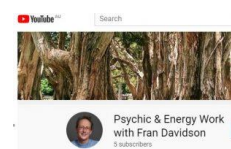
Was your "May" a little gentler? That was hinted at in its chart. We are all in a new dance class with further changes ahead, no doubt. Last month's higher "1" tally was due to make life a bit softer. It didn't remove all scrapes and bumps, but did create space for affirmation. When "1" is loud relative to "2", life can seem to acknowledge self more. Even in amongst challenge, people can feel the pressure easing somehow. "May" also brought fewer master numbers which often results in less pushing, pulling, stress. Looking at the chart, this "June" should offer similar wavelengths.

Having said the above, did you notice the energy shifting as lock-downs started to ease? Again, a no brainer but thoughts and feelings (i.e. projections) travel and affect things. In Sydney, the shift started as soon as announcements were aired. With this, emerged the challenge to remember all that had been spiritually gained. "2020" is BIG on energetic health, space, creating **quality** vibes. Have you found this? How are you helping yourself stick to your spiritual requirements? Our use of breath helps life to shift, morph, flow, heal. Just knowing this can help goodness take up position more centrally. "May" came to re-present such isms **and** bed them down/in again. I hope it helped you prepare for all that is now on its way.

You can review my *Observations about May* in *The Archives* and/or my *2020 forecast* here.

Videos are go!

I recently launched Psychic & Energy Work's YouTube channel. Click on the image to the left (or [here](#)) to visit it. You can also access my videos on my new *Videos* page. They include *What is a reading?* *What can it be?* And two videos about COVID-19 in light of 2020's chart.



What about this month?

Eclipses are due during “June” so, be warned: more change ahead! That’s a no brainer given world climate and needn’t mean bad tidings. Eclipses can trigger wonderful shifts, often introducing “u-turns”. They help us attend to **spiritual** closures; endings that foster the best outcomes. “June”s “1” tally is lower (vs “2” vibes) so this month could help selves refocus. Placement, stances and realising more could be potent dynamics. None of these rhythms are new but they certainly hint at new adventures, further stretching. The more we let Source have our back, the more we tend to contribute well.

The “6”s in “June” should also trigger less tension, especially given the five “0”s. Nought, you’ll recall, can boost our sense of “nothing” – sometimes, challenging loss or lack. It dares people to view loss or silence as the moment just before newness comes in. Inherent in this is self’s refusal to channel pessimism. Easily said – less of what matters, at any time, can trigger fear. As doubt heightens, self begins filling its spaces with worry. “0” asks people to **prepare** to receive again, anew, out of stillness. As we do this, flow often restarts, confirming possibilities we had sensed.

“How to receive” is a “0” wavelength, as is the need to reference well. Mind is amazing yet it is limited, as are the mantras of egoic self. “9”s also feature this month (five) so you may adopt new ways or stances. This vibration can want stuff cleared; stockpiles released (trophies, “ghosts”, soundtracks). All up, then, this “June” should help us clear decks. As we do this, we give the future more space to unfold unencumbered. Life is amazing, especially when we let it flow.

To read Psychic & Energy Work's full forecast for this month, click [here](#) or upon *Monthly Observations* in the Page menu.

Most Mondays, I post a snippet about psychic & energy work on social media. Please connect with them (and me) on [Facebook](#), [Linked In](#), [twitter](#), [pInterst](#) or [Google](#).

Other things to do whilst here...?

Learn more about Psychic & Energy Work on the [About](#) and [List of Services](#) pages;

You can hear the [Monthly Observations](#) or order [Meditation Files](#);

Listen to last month’s interview on Three D Radio [here](#);

Read [Articles](#) or download earlier [Observations](#) via [The Archives](#) page;

Check out my [Observations about 2020](#) [here](#); and/or...

Learn more about my [Courses](#) in intuitive development or numerology.

On Thursday, 4 June, I’ll join Michael Hunter on Three D Radio’s Metaphysical Show. Join us, live-to-air at <https://www.threedradio.com>, 9pm South Australia time. We talk explore things energetic and spiritual, and offer free mini-readings. If you would like one, email your first name(s), date(s) of birth and question to metaphysicalshow@hotmail.com before or during the program.

The Metaphysical Show is one of Australia’s longest running spiritual programs. Over the last 3-4 decades, Michael has helped listeners to connect with a wide range of “new age” music and

practitioners. I am fortunate to accompany him on a reasonably regular basis. If you can't make the Show, you can visit this page to hear it from the Monday after the Show is streamed (June 8).

Based in the Inner West of Sydney, I work with people face-to-face, via phone, video, email, Skype or WhatsApp. To develop intuitively or book a session, [click here](#).

Thank you for visiting Psychic & Energy Work.com.au

I hope you have a wonderful June.