

The Monthly Observations

for May 2020

Welcome to Psychic & Energy Work's *Observations* for this month. They profile the energetic rhythms due this month and connect to this year's forecast. They aim to help you process, shift and learn about energetic life. Implicit in this is your intuitive journey and practice. Insights about collective rhythms that are playing through the world can be useful. They help individuals spiritually connect and work **with** life to enhance outcomes.

Scroll down for the *Observations about This Month*;

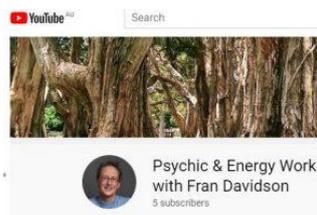
click [here](#) to read about this year; and/or

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In case you missed this on the Home Page...

Psychic & Energy Work is offering limited face-to-face consultations at this time. We can work together at a distance via phone, email or video. It's just as effective as face-to-face work, perhaps more. To make a booking, please phone or sms (I only log on to emails Monday to Friday mornings). I will make face-to-face sessions more available as soon as things ease. Thanks for your support. Stay safe.



Call me quick... Psychic & Energy Work's YouTube channel has launched – you can view it here or by clicking on the image above. You can also see what I have posted on my new *Videos* page (in the menu). *What is a reading? What can it be?* – let alone all the other forms of energy work. I also posted a couple of videos about COVID-19 in light of 2020's chart. Let me know how you go.

THE NUMBERS FOR "MAY"

Every month brings its own dynamics which interact with the year's chart. Outlined below are my *Observations* about this "May" given its main numbers.

This Month's Profile

	<u>each year</u>	<u>in 2020</u>
Birth Number - what we're here to be/become & exemplify again	5	2025/9
M.O. - how we're likely to arrive at that point	12/3	91/1
Reality Number - the spiritual result(s) of doing such things	17/8	2116/1

"May 2020"s numerological tally....

Combined with the year's profile, this month offers the following count. Examining a chart from this angle can help explain things. It doesn't, in itself, signal "good" or "bad" (life usually delivers a mix). Yet what we can find initially jarring often leads to better states. A count like this can help people progress and make sense of things. When a number presents three or more times, its energetic and spiritual themes (and lessons!) increase.

The tally for this month is:

Number	0	1	2	3	4	5	6	7	8	9
Frequency	4	7	8	1	1	2	1	3	1	4

Let's explore this.....

"May" wants people stretching and addressing things

... clearing their spaces to let new in. "5" is **the** vibe for change and evolution, tangibly noticed or private rhythms. Much of this happens at mind-level, around what we think we know. "5" can also boost one's sense of feeling challenged to help us discover how much we **can**. From this angle, it speaks of pioneering, discoveries, new perspectives. It often guides people towards greater levels of optimism and confidence. With that, we can find ourselves stepping more firmly into our path (honouring that). In this sense, "5" restates how life is a journey, not so much an end point. It's the tourist drive; a zone to pass through; a breath of fresh air that helps future flow. Chapters like this tend to offer chances to break through and kick-off better again. "5" ain't the place where we're supposed to settle; it's a lounge through which we transit on our way to "there". As "May"s birth number each time it visits, "5" likes mindsets stretching again.

All numbers seek to empower people and show them how to manifest the best they can. All phases invite egoic self-ness to connect with and channel more "soul" in their day. This "May"s specific B.N., "2025/9", introduces another "5". "9" is the end result, however: closure and clean-ups. It also flags compassion emerging for self or others (hopefully both). "Others", here, doesn't just mean humans; planets and nature have to matter. So... via others and learning as we mingle ("2"); more space and silence ("0"); perhaps, lack or loss ("0"); **and** events which might require greater patience, tolerance, forgiveness ("5"), you

might find yourself releasing more deadwood in some way. Much of this can occur in mind but everything stems from what's affirmed there.

So? Don't be surprised if "May" helps you "clean up" on/to new levels again. The problem with writing this is that it can sound so familiar. Even when they look the same, new chapters foster new vibes for selves to process. "9"s have been high for a while now – closure and sorting have been common themes. Yet their re-appearance, this month, signals **further** tidying up. No matter how well you've cleaned and degreed, don't be surprised if you do it again! This needn't infer repeats of what's just been; "9" always brings new or deeper endings. It's a time that helps us get ready for all the wonders ahead.

This month's M.O.s could trigger discovery and insights anew

Every second delivers new chances to offer (and be) more than we had. "12/3" and "91/1" also suggest that, this month, we'll witness new/different levels of self-ness. Numbers can flag what life wants us growing through directly or observing elsewhere. "91" also denotes the chance to reboot positions and lives. This repeats some of my *Observations* above. Rest assured, we're due for more shifts in and around the prism called "I".

By attending to issues and clearing out "wardrobes" ("9"); and discovering how to be more healthily inter-dependent ("1"), "May" could nudge a little more "real me" to the fore, ready for engagement. "1" marks a time that steels the self; gets it firmer, stronger, truer somehow. It's a phase, said previously, when one's sense of space and aloneness can bloom. Such dynamics turn self's focus inwards; invite us to sit still and watch life play out. Life only does this to reveal new angles, options, strategies. If you get the sense you're being held back in "May 2020", use your breath out. "Simply" letting go of pushing for a moment can help to enhance any response.

This month's "5"s, "9" and "1"s hint at more intuitive downloads, too. "12/3" can see viewpoints getting clearer in waking moments or dreams. "3" is "realise"; lightbulbs flashing on in ways that make us sharper. It also denotes "creation", manifesting, and how thoughts and feelings affect end states. It can prompt reviews of what we're entertaining, allowing, enabling (or not) now. All numbers promote **spiritual** being; the mentoring of overly mind-full wants. This "May" could see your world evolve in ways that really help the cause. Wherever you can, step back from centre to help life and space inform you well.

"12/3" also promotes inclusivity; "me", life and "you" working as a team. That's playing out all of the time, yes? Yet this vibe can leave selves feeling more valued or acknowledged. It often finds people feeling more heard and engaged - i.e. life as they have sensed it can be. "3", here, can ask us all to express better; it's communication, how that impacts things. So? "May 2020" could bring moments that are too full of words and gestures, or lacking them. It may amplify not-so-good expression, inviting enhancements to what we entertain. Through such dynamics, we are constantly learning how to engage better again.

What we sit in, entertain and offer impacts all that comes next. When we don't process our issues well, we help to grow states that are imbalanced. "91/1" working with "12/3" can heighten the need to be grown-up. "1" wants us all channelling "me-ness" that promotes decent outcomes. No matter how well we've been behaving, this number asks us to do it all again. Through expression, putting out, etc ("3"), life helps people channel better. "3" can clarify options and choices; challenge what's accepted to shift up a gear. "1" can also find people being stubborn, standing up for what they believe. Yet, those "5"s in this month's

chart will seek **good** change for all souls' sake. Numbers always flag what Source/life is seeking as a fair, wholistic state.

clearings, healings & meditations over the phone

... not to mention readings and other forms of energy work. Sometimes, life presents in ways that stun us – often just as we need to stay grounded. Via WhatsApp, Skype, phone or email, I tune into what's been happening to help you understand and clear it. Sessions are recorded so that you can revisit the guidance you're given. To enquire or make a booking, [click here](#).

"May" brings in "17/8" and "2116/1" as reality numbers

Notice more "1"s, here? Plus an "8" which could reinforce those "5"s above. "May" wants success **felt** as a yardstick; clarity about what "winning" really means. The generic reality, "17", denotes self-development (more key learning). "7" can signal moments which sharpen perspectives, faith, trust. It's when all doubts shift and life as and for "me" becomes known. It asks us to be our model, not live one; how to be a unique contributor. It's all about how life works with "me" (not anyone else). It can resolve mystery; see questions answered; clear all illusions, no more question marks. "7", of course, leads to "8" which is when we get to use all the wisdom we have just gained.

"8" flags practically spiritual progress; wins which flow out of honouring needs. Denoting "success", it often prepares selves to manifest and actualise better. It often reveals what's really required to deliver, on target, now. Here, we can learn more about "winning"; how we might do that; what helps or not. These are all potent "8" dynamics – it's all about perfecting self's recipes. Don't be surprised if such rhythms present for you to gain from this month.

"May"s "17" could, therefore, raise questions like "Are you really happy?"; "If not, why not?" AND "What are you going to do now that you've acknowledged that?" It's a practical vibe that wants us arriving at end points we sense are attainable. Life is constantly helping selves manifest all the good they know they can. This invariably includes rhythms like balance, truth, kindness, peace. "2116" – "May"s **specific** reality number – could also promote these sorts of dynamics.

"6" comes to help lives (and beings!) balance out a little more. It represents healing, feeling, caring, teaching, serving, love. Care and kindness are also "6" wavelengths, as is life's call for genuineness. We don't get to love if we're not truthful, real, authentic. With lots of "1"s, two "5"s and one "9", we may find ourselves processing such things. That needn't suggest downward moments; we can often celebrate how life spring cleans! It does suggest that some folk might need to delve a little deeper than they had. Every number seeks improvement; another ounce of what feels instinctively right.

So, "2116" flags self-examination - additional chances to review stuff. "1", you may remember, can force us inwards to find what's not right and release from it. Via coming together, lessons in relating ("2"), "1" and "6" will help things hone. Notice, too, how "2116" adds through "10" on its way to "1"? All I have written about "10/1" (above), as a birth number, could come reinforced. Self-ness – what is that? Is it spiritual yet? How can we

enhance what we think, be or do? Are we fostering healthy dynamics? What can we do to nurture such states? These last few weeks have shown us what happens when we ease up on pushing and pulling. Air quality, for one, has rebalanced – nature's had a moment to heal as well. "May 2020" could expand upon these dynamics even more.

Everything is choice and therein lies empowerment. "May", in your world, could restate this. All in all, we have a powerful chart albeit one which could play out more smoothly. Use this month to clarify your space, body, models, mindsets, goals yet again. The more we know "I" as the state of confession – acceptance of what we truly need – the more we tend to empower all self (you, me, others) all at once. I'd argue that this is how we come to affirm "I'm winning" into the long term.

"Freedom" is another "1" dynamic; the chance for "real me" to step out and live. This is a dare that is constant; there's no need to repress, oppress, cheat. The universe constantly guides us all on to better states of sharing, etc. Don't be surprised if, this month, you experience this in new ways. Seize the day to improve what you need to but remember: petrol in = gestures out. Use breath (out through mouth) to release cobwebs before you respond to what's about. Clear your field first to respond better/more firmly as soul-full "me". The more we surrender mindsets and grips, the more we help the future breathe. Give all space back to what's divine; stop needing to fill every nook. Let life move as it needs to (it's going to regardless; stop obstructing it) Help yourself become part of full flow; the river always feeds if we let it get to work. Help that occur by releasing all ego in "me", "you" and "everyone/thing else".

What about your chart?

We each have a specific numerological profile that stems from our date of birth, full birth name and last birthday. I've outlined the collective rhythms for this month but have not talked about your **personal** chart. Readings that merge numbers with intuitive downloads can help you transition through all sorts of things. They're all about soul - linking to and channelling it more - and what can occur when we do this.

To book a session concerning past, present or future, or energetic phenomena, click [here](#);

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Travel well