

Welcome to Psychic & Energy Work's Home Page

for March 2020



Hello and welcome to Psychic & Energy Work, a Sydney-based site focused upon spiritual growth. It aims to help people make sense of and process energetic “stuff”. By releasing what’s “not”, we help to optimise what unfolds. Life, after all, is a zone for practically inclusive, spiritual development.

Psychic & Energy Work offers readings, healings, spirit work, space clearings, past lives, numerology, intuitive courses and mentoring. It is all-culture and -gender friendly. To learn more, scroll through the Pages menu to the left or below (depending upon your device). You can read reviews on Google ([here](#)) or [get in contact](#) via phone, sms, email, WhatsApp or Skype. Oh and feel free to look through my Shop as well!

Recapping last month...

How was your “February 2020”? Was it dynamic? Powerful? If you live in Australia, I bet you respond in the affirmative. Nature supplied many triggers for newness, growth, challenge, healing. That’s easy to write in Sydney yet, even here, challenges came. Buttons got pushed - my own and others’; “Feb ‘20” was a potent chapter. This was forecast in last month’s *Observations* – i.e. more lessons around including and sharing. Master numbers upped the ante, explaining some of the fullness. The full moon and new moon were also “special”. “Feb ‘20” was interestingly wonder-full.

If you’ve been riding a rollercoaster of challenge then breakthrough, you’re not alone. You may recall that last month brought six “4”s (they like to check mantras and frameworks). Through this, “4” triggers awareness – helpful, new, wider views. Mercury retrograde also commenced - this tends to promote reviews. As a phase, it helps selves step back(wards) so as to zoom forward again. You’d be on path if life, last month, brought a greater sense of cutting through things. Maybe even forging through crisis but, out of such rhythms, new knowledge emerges about how life flows for each individual and what we can all do in/with it. Collaboration, being more considerate and thinking big picture were also louder themes. This year wants **spiritual** progress, no matter how current placements seem. “January” and “February” were potent as entry points into two new phases – i.e. a decade **and** year which both want people sharing and caring. You can review my *Observations about February* in *The Archives* [here](#) or my *2020 forecast* here.



Heard about my Clearing Cards®?

... they help self come back to its spiritual base. We always work best when we choose to connect, one more time, to universal guidance. There are 80 *Clearing Cards*® in every box, each one carrying

two levels of message. Either or both can help you clear, develop and shift spiritually and energetically. Feedback has been really positive – it's amazing what morphs when we breathe well! If you'd like a set or want to learn more, click here to go through to my *Shop*.

"March" should offer a break from extreme "up" and "down", plus the chance to distil things. The great news is that only one master number features this month. This is a HUGE shift in gear – one you're likely to notice, too. Master numbers can corner selves, forcing them to clean up (face/deal with things). They often present as a sense that something's not quite right yet not fully known. Initially, these phases can seem amorphous – we don't have all the details but know something's "wrong". Karmic numbers target perceptions (and they impact all of life). It's how they boost spiritual growth and help individuals balance out their inner worlds. Master numbers, hence, guide selves to cope, process, live, learn. As such, this "March" might seem relatively gentle.

This month has a high "7" count; head stuff could take centre stage. Thinking too much is something you might witness more of some days. "7" flags one's spiritual connection to Source, universe, higher self. It's the wisdom and peace that flows when we surrender all mind; breathe and decide to receive new life. This is when bigger pictures download to clarify/demystify. So, your "March 2020" could bring the sense of realignment. "5"s also visit – change, innovation; new ways of being; discovering more. "5", "7"s and "0"s (this month) could also boost the need (or urge!) to channel peace. Through over-thinking, -driving, -knowing, life's always helping selves return to soul again. **To read Psychic & Energy Work's full forecast for this month, click [here](#) or upon *Monthly Observations* in the Page menu.**

Most Mondays, I post a snippet about psychic & energy work on social media. Please connect with them (and me) on [Facebook](#), [Linked In](#), [Pinterest](#) or [Google](#).

Other things to do whilst here...?

Learn more about Psychic & Energy Work on the [About](#) and [List of Services](#) pages;

You can hear the [Monthly Observations](#) or order [Meditation Files](#);

Listen to last month's interview on Three D Radio [here](#);

Read [Articles](#) or download earlier *Observations* via [The Archives](#) page;

Check out my *Observations about 2020* [here](#); and/or...

Learn more about my [Courses](#) in intuitive development or numerology.

On Thursday, 5 March, I'll join Michael Hunter on Three D Radio's Metaphysical Show. Join us, live-to-air at <https://www.threedradio.com>, 9pm South Australia time. We talk explore things energetic and spiritual, and offer free mini-readings. If you would like one, email your first name(s), date(s) of birth and question to metaphysicalshow@hotmail.com before or during the program. If you can't make the Show or want to review it, click here to listen to it from Monday 9th.

Based in the Inner West of Sydney, I work with people face-to-face, via phone, email, Skype or WhatsApp. To develop intuitively or book a session, [click here](#).

Thank you for visiting Psychic & Energy Work.com.au

All the best to you and yours.