

The Monthly Observations for February 2020

Welcome to Psychic & Energy Work's *Observations* for this month. They profile this spiritual chapter and connect to this year's forecast. They aim to help you process and learn about energetic life. Implicit in this is your spiritual and intuitive journey and practice. Info about the collective rhythms that play through the world can be helpful. It helps selves connect and work **with** life so as to enhance what happens next.

Scroll down for the *Observations about This Month*;

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FEBRUARY'S NUMEROLOGY

Every month brings its own dynamics which interact with the year's chart. Outlined below are my *Observations* about this "February" given its main numbers.

This Month's Profile

	each year	in 2020
Birth Number - what we're here to be/become & exemplify again	2	2022/6
M.O. - how we're likely to arrive at that point	42/6	121/4
Reality Number - the spiritual result(s) of doing such things	44/8	2143/1

"February 2020"s numerological tally....

Combined with the year's profile, this month offers the following count. Examining a chart from this angle can help explain what's going on. It doesn't, in itself, point to "good" or "bad" (life tends to deliver a mix). Yet what we can find initially jarring often leads self to better states. A count like this can help people progress and make greater sense of things. When a number presents three or more times, its energetic and spiritual themes (and lessons!) increase.

The tally for this month is:

Number	0	1	2	3	4	5	6	7	8	9
Frequency	4	4	11	1	6	-	2	2	1	3

Let's have a deeper look at this.....

"February" comes to optimise sharing, awareness, relating, growth

The "2"s are due to finetune and hone things; so, too, will the "4"s this month. All I've written in my *Observations about This Year* might be reinforced here. Interacting and the need to be inclusive – 100% – could become heightened as themes. Around the world, we see examples of the need for more wholistic stances. Impeachments and climate change are two instances, as are Australia's drought and sport funding. It's best to consider the overall layout – life has a way of catching self out. That's a no brainer which egoic self can forget often. Thinking no one's watching (woke) to certain currents, it gets caught up in the surface (short term). Yet rigged manoeuvres are always sensed for what they are; leadership weakens as soon as elders start cutting corners. We can all need to remember such isms **and** ground in them a little more. Such is self's habit of zoning in; becoming myopic and self-focused. It's easy to point to how others ignore stuff – the challenge remains: where might "I" be doing that, too? Everything's reflection. How could "you" release all self-ness and let life become more optimised? Egoic self can balk at "equal" because of its fear of missing out.

"2022" is a master number due to those two end "2"s sitting side-by-side. "0" in the middle adds to the flavor, as do the "20"s and "2"s in this **year's** chart. By learning HEAPS about stances and relating – i.e. how to progress more equitably – we're due to witness (and become better at) **co**-creating soulfully. One can always relearn such stances because what's past is no longer "now". No matter how much we've learnt, etc, life is constantly revealing new stuff. Inch by inch, we embrace essence and chances to co-exist better. Don't be surprised if this month highlights more along these lines.

This "February" might offer more insights about how to also (re-)shape things. Via learning directly or witnessing in others, life is continually mentoring. This month could beam in more big pictures, "2" being the birth number every "Feb". Don't be surprised if these types of rhythms are, therefore, amplified. Learning about, through and with "other" – human, creature, spirit – could become loud. The outcome, this month, is "6" which signals greater levels of **spiritual** support. Genuineness requires truth (fair play) at all levels not just a few. "6" is a zone that can help us get (and embrace) this more than we have been.

When it presents, "6" can feel as if life's being kinder somehow. Last month's specific "5" ("2021") heightened the sense of push-me-pull-you. Australians felt, saw and lived this – "5" can be harsh, like boot camp. It represents life firmly calling for more of the all from every self. It can demand more exact performance; "stretching" is how I often describe it. "5" denotes change – conscious growth. That said, **this** month is "5"-free. "6" can boost the sense that life supports, cares about, acknowledges "me". It's often a time where "I matter" re-births as a lived experience. "5" strips and shifts; "6" offers padding in energetic and/or physical terms. As such, it's often a time when comfort, safety and faith in life rebound.

Even if there's more to do/learn, "6" often sees more optimism. It's also a time that informs self that there's more to the world than what's physical. It can, therefore, boost one's sense that the divine really does see, hear, guide. "5" can leave us feeling abandoned; left to ourselves too much at times. Australia's been living through these rhythms, as have other countries. "5" can wear selves down, discourage (those sorts of things). By stripping away padding and leaving us to it (longer than we'd like), inner strength is called upon. Having endured that burst of commitment, "6" then visits to nurture and heal. Such dynamics can emerge between people (and wouldn't be surprising given this month's chart). They're also

prone to manifest privately – i.e. from the inside. Silent mantras matter, bolstering or weakening self's resolve. Through this, we then make decisions about what we'll do with life. "6" is a potent healing number, helping us come to balance again. As it unfolds, we often (re-)discover how to be more constant (i.e. genuine).

"6" also speaks of essential being – we can't get to "real love" if we're fake. Here, can present the need to stay present; process well; release limitations. Good health long-term is a stance we create **now** out of our thoughts, feelings, airs. Part of that requires self to let go of all s/he's linking to energetically. Re-connecting to life-giving energies, peace and inclusion is integral to this. "2022/6" hints that this "February" will guide us to better allow and relate to things. **How** we interact - before, during, after - actually matters frame-by-frame. Through this, life helps us become more peaceful, inwardly and externally.

So? "6" is care, soothe, nurture – where might we all do more of that? Are you allowing sufficient time to process – i.e. care for you **and** the rest of your world? Such dynamics require self-focus; life's not in balance when we over-give. Petrol in = offerings out; "6" can want more resting and feeling. Through people ("2") and how they do things, this month should trigger realignments. This might occur in an overt sense or in selves' silent narratives. It could also flow from a sense of isolation, self-imposed or handed down. Remember: "2020" is all about learning via busy, then quiet, then busy, then quiet.

The M.O.s will heighten life's call for balance, good grounding, effectiveness

Such are the roles of "4" and "6" (the M.O. flags **how** we'll channel the birth number again). Everything outlined above about "6" will apply here as well. Love's only real when it's authentic – i.e. free of agendas, issues, fear. If you notice such dynamics, embrace the chance to get (more) real! "6", as a lesson, can boost imbalance so as to check upon routines. It flags the need to feel and can, therefore, corner selves to pause and muse. Healing – enforced or voluntary – tends to feature in a "6" chapter. With master numbers also about, you might feel pulled into such dynamics. Rest assured, life only does this to help selves soulfully fulfil their dreams.

In intuitive life, feelings matter; they can be more reliable than seeing or hearing. What's taken in via ear or eye can mislead; feelings, however, don't tend to lie. They need to be heard – not always in public; gut feel matters at all times. It's how we get to truth as we know it, such is the role of invisible vibes. People stuff could heighten this month, asking us all to dive a bit. As we watch and/or process events, we're likely to sense how to break (anew) beyond limits. The call to heal, physical or not, flourishes when "6"s appear. Whilst only two surface this month, they're likely to highlight new ways to respond to things.

"4" likes to hone in on targets, planning, frameworks, assumptions. Said last month, it can reveal where we've been overlooking certain standards. Australia, again, saw this last month - are current benchmarks being achieved? How can "we" shape up? Where? How might "we" refine, reinforce or replace things? "4" symbolizes return on investments and, here, can be a time when karma plays out. Numbers continually highlight opportunities to grow (more) on every level. Perceptions, acts, feelings and models all benefit from checks occasionally. What are you thinking, projecting, offering? How does it impact life really? How can self work **with** what is presenting? How might that, in turn, affect the future? Are we focusing too much upon gain, squeezing out aesthetics? These statements aren't just "4" rhythms but can abound when this number visits.

"4" can also be seen as the launch pad, base, foundation in practical and wholistic terms. How we are enabling good flow as actors, receivers and witnesses? What do you end up offering outward given all you project? This month could see new dawns emerging as "4" bolsters people's awareness. This vibe likes us "seeing" clearly **and** co-creating what is good. The nirvana you've always envisaged has come via your sixth sense to you. "4", given this, can be a time when people enhance or start again. It can do this via wipe-outs on the mental, physical, emotional or spiritual planes. It likes releasing what is "surface" to liberate essence anew. All numbers do this, such is the cycle of life we're moving through. Yet, "4" zones trigger a rethink of constructs, helping self become more **spiritually** strategic. Implicit in this is the fact that every level of being has a place and role in life.

Standing in such vibes, grounded and truthful, is where lives flow best long term. "4" is the phase that helps us re-know this (it's funny how self can opt for shortcuts). It actually knows a lot via gut feel, intuition, etc. Some say there are two levels of soul: essential and egoic. Which one drives your bus at the moment? The latter if you're feeling bad or confined. The over-adherence to wants, not needs, can promote delusion at any time. Such is life's role in growing good sense – we can all bear such things in mind a bit more. Limited "I" tends to boost self's habit of fearing or rejecting what wants to come. It tends to resist merging too fully - if "I" give "too much", "I" might lose. That's so not true **unless** we're affirming polarity (e.g. "lack" v "plenty"; "win" v "lose"). Such narratives flag how we've let egoic self to get back into the driver's seat. That's a continually human dynamic but where might you help to grow more of life's middle ground this "February"?

Stuff tends to flow well when we elect to release all levels of "I need it now!" In light of the above, this month could offer chances to grasp things anew. Inclusion is that – a zone where all beings, issues and needs are "heard". That includes all forms of life: human, creature, spirit, plant. There's nothing to fear from being inclusive unless one is casting egoically. We can all have agendas, subtle or loud, but manifest best when we choose to release them. This doesn't mean "discard" or "devalue"; it simply means "breathe and get out of life's way". Lack of faith and tension signal that even more flow (and success) can come in.

clearings, healings & meditations over the phone

... not to mention readings and other forms of energy work. Sometimes, life presents in ways that stun us – often just as we need to stay grounded. Via WhatsApp, Skype, phone or email, I tune into what's been happening to help you understand and clear it. Sessions are recorded so that you can revisit the guidance you're given. To enquire or make a booking, [click here](#).

Feb's reality numbers will guide us more firmly into our adult boots

"44/8" will highlight how to do this; "2143/1" will build on that. Here, we see two master numbers – the obvious "44"; the subtle "10". The latter can signal interesting times ahead; zones where isolation strengthens resolve. "0" is space; "1" is "I", "me" "my" **before** one mingles socially. Together, these vibes can boost the need to connect more to continual, essential being. Chapters like this can forge more real-ness; release old confinements and/or cocoons. "1" is "I" as an individual (prop-, grip- and addiction-free). It also denotes moments where people can entertain "me"-ness too much. Here, it hints at adult re-birthing

in a truly spiritual sense. It can indicate a time for releasing fears, armours, wounds, bias. Master numbers also promote this. "2143/10/1" could help people open up eyes.

"44" also says, "build well in light of all you're here to be". "8" is a time for "success" physically and/or spiritually. The first step, here, is to know what "win" looks like as a constant, over time. What makes you happy? What helps life flow best? "8" prompts people to ask (and answer!) these questions. "44/8" can also audit norms – i.e. any sense of living to models that don't fit. We are each here to **be** our model, not just adopt what seems given. This is where happiness blossoms as a non-negotiable, long-term life. It needn't be seen as a place of denial (which egoic self can claim because it's so "you" v "I").

If we each pulled out of all neediness and just did our best, life would be okay. Instead of seeking the biggest or moistest, we could "just" get on and share. The reality number flags what people will promote and create as they do things. Out of the **what's** and **how's** above, the states of "44" and "2143" will arise. Self only needs to push, pull, lobby when s/he believes there's only one way. We can over-adhere to the realm of mass-market, needing to exclude to feel/stay safe. Yet, if we stay true to form – uniquely essential - it's amazing how well we can exist.

"44/8" could also reveal new things about working and flowing well. "Team work" - and, therefore, team reaping! - is a key "4" construct. True – long-term - "success" abounds when selves really understand this. "2143" repeats much of what I have observed above. "3" is new and "1" could heighten the need for (more) genuine expression. "3" can trigger a boom in realisations (intuitive downloads). Optimising the way we come across, more balanced self-ness will emerge. "2", said above, can heighten the need to negotiate well. Constructive – win-win - outcomes need a level of objectivity. "1" can boost the need to suit "myself" in ways that oppress or limit. "4", again, helps us to check stances to deliver better again. "3" wants more talk – to self at first, then Source and other – to satisfy genuine needs. "8" will result – good goals and outcomes, if not "just" the sense of what they'll take. Even here, we can nurture more of what matters. This month seems sure to help us channel more of what is "best".

As an aside, no number offers the guarantee that "best" will rock up. Everything starts on the energetic level, then moves through thoughts and feelings to take form. Numbers signal what we will grow through, witness and **choose** to embody. We're all given choice in every moment re how we will manifest. Soulful existence **is** guaranteed though – sooner or later; this life or a next one. As a dynamic, it needs self to commit to delivering that. This month might only flag what now needs shifting OR how to get good flowing more. "4" can denote the wiping of white boards so as to attain goals. It can, therefore, trigger more clearing yet, even here, "8" is the outcome. The creation of space allows life to flourish – a bit like weeding a garden. A few "4"s can herald disasters; people forced to start again. This can play out perceptually or in "real" life. Life constantly gives and takes away.

We've also just witnessed the start of the Metal Rat year

Gong hei fat choy! Sshin nyen kwhy ler! Chuc mung nam moi! Sa was dee pee mai!
Saehae bok mani badeuseyo! Selamat Tahun Baru! **and** Happy New Year to you and yours!
Last month's shift is potent because the Rat is the first creature/year in the Eastern zodiac. As with "2020", a new cycle's starting – this augers well and should bolster growth. The Rat is strategic, clever, even cunning (which resonates amazingly with "4"!)."2020/4" Metal Rat indicates a mind-focused time and learning through that. Plans, manoeuvres, awareness and tactics will all play a part. They always do but this year might heighten these rhythms

from time to time. How we choose to use our heads always matters – this year, perhaps, more than usual.

Metal denoting mind can mean “clever”; it can find self over-thinking, fearing, etc. The two calendars – Western and Asian - should help us all on many levels. Plotting is something to be discouraged given this month’s “2”s, “0”s and “4”s. Don’t be surprised if this new year helps you become better-focused. So much in Metal Rat reinforces my *Observations about This Month and Year*. Through it, people might become better able to offer and reap than they had been.

Please note: I am **not** an expert in Asian horoscopes so visit sites like www.theodorau.com for a deeper perspective. All the best for the new Asian lunar year. I hope yours unfolds really well.

What about your chart?

We each have a specific numerological profile that stems from our date of birth, full birth name and last birthday. I’ve outlined the collective rhythms for this month but have not talked about your **personal** chart. Readings that merge numbers with intuitive downloads can help you transition through all sorts of things. They’re all about soul - linking to and channelling it more - and what can occur when we do this.

To book a session concerning past, present or future, or energetic phenomena, click [here](#);

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Come back from 10 February to listen to this month’s interview with Michael Hunter on Three D Radio’s Metaphysical Show. We never know what’s going to happen as the program goes to air. We offer free readings so feel free to email your question and/or topic for discussion. The Show likes to be interactive and your details aren’t used for any other purpose. Join us live-to-air on Thursday 6th at <https://www.threedradio.com> from 9pm, Adelaide (South Australia) time. If you miss doing that, you can click here from the 10th to listen to it.

To send through your questions or booking requests,
click on the numbers to the left of this screen (or click [here!](#)).

Happy New Year again!