

## Welcome to Psychic & Energy Work's Home Page

for January 2020

**Happy New Decade and Year!**



Hello and welcome to Psychic & Energy Work, a Sydney-based site focused upon spiritual growth. It aims to help people make sense of and process energetic “stuff”. By releasing what’s “not”, we help to optimise what unfolds. Life, after all, is all about practically inclusive, spiritual development.

Psychic & Energy Work offers readings, healings, spirit work, space clearings, past lives, numerology, intuitive courses and mentoring. It is all-culture and -gender friendly. To learn more, scroll through the Pages menu to the left or below (depending upon your device). You can read reviews on Google ([here](#)) or [get in contact](#) via phone, sms, email, WhatsApp or Skype. Oh and feel free to look through my Shop as well!

*Fran*

### Recapping last month...

One year ends, another one starts - this month, too, the decades change. You can read about this in my *Observations about 2020* by clicking [here](#). Before doing that, it's worth noting “December” was a powerful time. The last portion of a cycle often prompts closure in louder - more soul-affirming - ways. Australia has been dealing with bush fires; many still burn at January 1. This is incredibly saddening for those of us who are observing. Yet the work of Emergency Services personnel has, is and will always inspire. No matter the role, they dare us to offer, do **and** be all we can. Last month's master numbers signalled that self-ness could deliver lessons like these. Natural disasters always produce poignant, spiritual **and** heady dynamics. Please G-d, your year ended well with more of what's good on the way for those who need it. I, for one, stand in awe of the examples people set.

Last month's six “3”s delivered fullness around co-creating and realising things. Again, in Australia, this surfaced (in part) via calls for more action on climate change. “3” reveals things, asking the question, “what are you entertaining/allowing?” Master number zones use fullness and crisis (of any size) to drive this home. “December ‘19” also marked the final moments of a decade and year. If you spent some time pondering future **or** releasing past, you were in sync. We're likely to notice, as **this** year unfolds, how “2019” prepared our way. Last month came to help selves sense and get ready for sharing and growth to the next level. You can review last month in my *Observations about November* in *The Archives* ([here](#)). Go through to my *2020 forecast* [here](#).



### My Clearing Cards<sup>®</sup> could assist you in 2020!

... they help self back to its spiritual core. We always work best when we connect consciously to divine guidance. There are 80 *Clearing Cards*<sup>®</sup> to a box with two levels of message on each one. That's a lot of value and aid in clearing, reconnecting and spiritual/intuitive development. Feedback has been really positive – it's amazing what shifts when we breathe well! If you'd like a set or want to learn more, click here to go through to my *Shop*.

### Themes to watch for in "January"

"January '20" is likely to be another spiritual game-changer. This is because of the master numbers in this month's **and** this year's charts. !! A "1" month can urge better alignment; clarity about what life wants **now**. We can need to work at presence some days, choosing to jettison energetic extras. "1" can hold people back from launching; this month's five "0"s could do that via space. Quieter times help people get (more) in touch **and** prepare to act next. Learning, closure, gut feel and "zero" could play out as louder themes. This augers well because these dynamics have presented for the last few months. When this occurs, selves can sense that they're processing more, to completion. With this can come greater levels of readiness and commitment.

So? You might feel impelled to clear, determine **and** launch more exactly this month. Growth as a spiritual - more "elder-ly" - self could be something you really notice. The "1" count is lower; "2" is the major/most recurrent number. People stuff and learning by comparing - i.e. difference(s) - could grab your attention. Witnessing is so important in enhancing physical realms. Master numbers can boost the number of intuitive/energetic things selves need to work through. As such, awareness, affirmations and atmospherics might become key. Loudness presents to clear old wavelengths; strengthen soul stances; and guide self to **its** base. All of these rhythms also affect what we emit and, then, choose to do. "January '20" could see this year starting with a bang in a few areas. **To read Psychic & Energy Work's full forecast for this month, click [here](#) or upon *Monthly Observations* in the Page menu.**

Most Mondays, I post a snippet about psychic & energy work on social media. Please connect with them (and me) on [Facebook](#), [Linked In](#), [Pinterest](#) or [Google](#).

### Other things to do whilst here...?

Learn more about Psychic & Energy Work on the [About](#) and [List of Services](#) pages;

You can hear the [Monthly Observations](#) or order [Meditation Files](#);

Listen to last month's interview on Three D Radio [here](#);

Read [Articles](#) or download earlier *Observations* via [The Archives](#) page;

Check out my *Observations about 2020* [here](#); and/or...

Learn more about my [Courses](#) in intuitive development or numerology.

On Thursday, 2 January, I'll join Michael Hunter on Three D Radio's Metaphysical Show. Join us, live-to-air at <https://www.threedradio.com>, 9pm South Australia time. We talk explore things energetic and spiritual, and offer free mini-readings. If you would like one, email your first name(s), date(s) of birth and question to [metaphysicalshow@hotmail.com](mailto:metaphysicalshow@hotmail.com) before or during the program. If you can't make the Show or want to review it, click here to listen to it from Monday 6<sup>th</sup>.

Based in the Inner West of Sydney, I work with people face-to-face, via phone, email, Skype or WhatsApp. To develop intuitively or book a session, [click here](#).

**Thank you for visiting Psychic & Energy Work.com.au**

**With every request that your new decade unfolds pleasantly**